

## Meet Your Neighbor: Steve Sewell

By Sandra Gahlinger

“Good people lead to good people”, says Steve Sewell, Director of Golf for Brandywine Bay Golf Club.

If that’s the case, then there must be a lot of good people here at Brandywine Bay and BBGC because Steve Sewell certainly is “good people”. Sewell, a graduate of Boston University and the National Institute of Management, has won 11 PGA tournaments in the US, Africa, the Caribbean and Europe and is a member of PGA America, Italy and Egypt. He’s had a fascinating career both playing golf and in consulting and writing. (Sewell has written for Golf Digest and Golf magazine as well as having authored a number of books.) We’re fortunate to have him here in our community and at the golf course and club.

Here’s how he ended up at BBGC and why we’re so lucky to have him: While visiting a friend at BBGC and having lunch at the K-Club, Sewell was introduced to Kathy Calling. They were chatting, and Sewell commented that he was impressed with what Kathy and her husband, Chris, had done with BBGC. (For those of you new to Brandywine, the golf course and club were in need of some TLC which would have been bad not only for golfers but also for our community and home values.) “While at Star Hill for six years, BBGC had been so poor, it was not regarded as competition,” says Sewell. He applauded the huge and well-chosen efforts to revive the course and the club – and not long after that, Sewell was staying in the area when he ended up having another conversation with the Callings about taking the club up to the next level. So, they hired him and that’s what he’s here to do. Sewell focuses on player development, on tournaments and is available for lessons either at the driving range or on the course.

When asked why he loves golf and what drew him to golf, it was a little surprising to hear him say, “I do not love golf; I love the environment of golf.” He says, “There is so much positive whether the scenery, people who share the passion, personal commitment, challenge of such a difficult game, its honor, integrity and traditions. Not many sports trust a player to keep his own score. Not many sports list Etiquette first in its Rules Book. Not many sports have so few rules, only 34 and getting shorter! Not many sports can boast so few bad actors in the professional ranks and many who support this country without hesitation. Not many sports give so magnanimously to charities.” He says, “Golf put me in close proximity to movie stars, political giants, Presidents of the US, royalty, business magnates and so on. It was not because I was special. Golf was the special component that afforded me this opportunity.” He says that it was this aspect of the game that led to his success in the



continued on page 2

## Bridges Street Construction Project Information

To learn more about the Bridges Street construction project, including the proposed intersections with Highway 70 near Brandywine, check out these resources.

### Map of Proposed Routes

<https://www.ncdot.gov/projects/publicmeetings/?search=5727>

### Department of Transportation Contact

Submit comments and questions about this project by February 12, 2018  
 Elizabeth Workman-Maurer, NCDOT Division 2 Project Manager  
 919-854-6221  
[lsworkman@ncdot.gov](mailto:lsworkman@ncdot.gov)

### Save Wildwood Facebook

<https://www.facebook.com/pg/SaveWildwoodNC>

## Sneak Peek: Inside this Edition of Sound Waves

Welcome to February, Brandywine! Take a look inside this issue for neighborhood and local info, like...

**ART LESSONS:** Interested in learning to paint or draw? Brandywine resident Mat Madsen offers lessons to aspiring artists of all ages.

**BOA:** Review the neighborhood notes and news in the BOA Meeting Minutes and Noreen’s All Aboard message.

**CHILLY RECIPE:** Get out your grocery list! You’ll want to add the ingredients for Rudi Bowen-Smith’s favorite hearty soup. Look inside to find out what’s cooking...

**ITALY ON YOUR TABLE:** Speaking of grocery list -- learn how to build an authentic antipasti plate with ingredients you can find just down the street.

**KUDOS:** Artwork by two Brandywine residents, Diane Mantho and Judy Payne, is on display at the at the Carteret Health Care gallery. Read more about our talented neighbors in this issue.

**LGA:** The 2018 opening meeting of the LGA for the upcoming season is scheduled for Tuesday, February 27, 10 a.m. at the K-Club.

**REAL ESTATE RECAP:** Check out Brandywine’s real estate stats with the update from Amy Hahn of Pine Knoll Shores Realty.

**YUCKY POO:** Learn about the many reasons to clean up after your dog. Thank you to the dog-walking neighbors who are already in the poo-scooping habit. It matters!

**VOLUNTEER:** The Sound Waves Editorial Team is looking for a new volunteer. Are you interested?

The next quarterly BOA meeting will be held Monday, February 12th, at 7:00 p.m. at the K-Club. The meeting is open to all residents of Brandywine Owners Association. Please come and learn what’s happening in our community, including information from guest speaker Deb Clark, Communications Coordinator for Carolina Water.

## Meet Your Neighbor ... continued from page 1.

consulting world. “My list of who’s who was huge and growing exponentially which is what helped me to get started in the consulting world. I was fairly successful playing, but even more in consulting while appreciating a much gentler life style.”

He says that he was drawn to golf because his family lived on a 9-hole course, and his parents told him to play. It was simply a part of life for them as were other sports like baseball, hockey, football and tennis. As he got better at golf, his dad suggested he try some tournaments. “After playing in high school and college, along with football, (my true love), came graduation. Nothing excited me relative to other careers. So when an opportunity flew at me in the golfing world, I jumped,” says Sewell. “It has been a fun, exciting and varied life. Winning tournaments is great, but not a thrill that lasts long.” Sewell says he’s enjoyed the consulting side of his career immensely and especially enjoys the laying out of golf courses as well as managing and coordinating these kinds of projects while saving his clients money and building a facility and course that exceeds their expectations. “I also enjoy teaching. I do not teach to live, rather live to teach.” In addition to being a skilled and gifted golf teacher, Sewell is certified for therapeutic instruction work with amputees, stroke victims, Parkinson’s patients, those with joint replacement, and he has worked with the blind. Sewell is currently offering a wellness class at BBGC. “Many times, I have offered classes such as these. They have been well received. However, this time I have a partner in Nancy [Bullett] who has a long record of formal training and experience,” says Sewell. (Bullett is trained as a physical therapist.) Sewell says, “She is as enthusiastic as I. Our goal is to make a quality of life gain with our students whether it be an appreciation of better golf, more flexibility and enjoyment of dancing, mowing the yard or shopping.” When you’re speaking to Sewell this love, genuine concern for people and a true attitude of generous service, is abundantly clear – as is his love of the game of golf (and the environment golf creates.) As Sewell says, “Good people lead to good people.” Golf certainly seems to lead to good people, and we’re fortunate that golf led Sewell to us here at Brandywine and BBGC.

If you’re interested in lessons, please see the contact information at the end of the article.

## Q&A with Sewell about Golf and BBGC

**Why is Brandywine Bay Golf Club special?** The club is receptive to its membership and the public patrons. As obvious as one may think golf facilities should be in this respect, they are not normally so well grounded. BBGC has a golf course that truly offers a fair golf test to all handicap ranges. It also includes 14 water hazards and 14 eagle greens. Both are worthy of mention. Golfers fear water and long holes. BBGC offers a distance challenge in some ways but is not fearfully long. However, the water component makes distance a factor in a subtle way because of water hazard placement. Doglegs, left and right, coupled with strategic water placement is its unique design.

**What are the top three errors you see golfers make?** Certainly, most golfers do not grip or address the ball properly. That comprises one and two. Despite being a simple maneuver and performed BEFORE the swing, most golfers fail right there! Beyond one and two, most golfers attack the ball with their upper body, causing a weak effort and bad/painful positions for their bodies. If they would learn to utilize their core, as we do in ALL other sports, their shots would be longer, straighter and more graceful, meaning less stressful. Scores would be lower too!!!

**What’s the one thing golfers can do to improve their game?** Try at least one or two lessons. It is amazing to me; we all played sports of some sort in school and they required daily practice. Even driver training was repetitious. Our homework was repetitious. We know from experience and readily accept that we must be taught almost everything in life, then practice it to improve, but then we don’t apply the same thought process to such a difficult game. I am constantly stunned at the intelligent folks who do not make an honest effort to learn but choose to struggle along - working aimlessly and without true success, when good instructors could have taught or repaired them initially. A small investment in time and cost would make a large change.

**What are the benefits of golf?** The list is huge: the game of a lifetime, for sure. The people who populate the golf world are the best. That singular fact is proven to me every day. When I first started dating Cindy in Cape Carteret, I never thought of golf as I did after teaching her. Whenever we played at the club, we had a lot of fun and enjoyed the weather, people, competition, failures, challenges and even more – like the fact that we could carry this game wherever we traveled! I’d only done so personally in big time tournaments. Now I did this with a partner who appreciated where we were and with whom we played. We made a lot of friends in exotic places who remain friends today.

**How would someone start?** Do NOT buy equipment! Take some lessons, and I do not mean from a friend or relative. See a recommended instructor, learn the basics and get good fast. Be open minded and ready to learn the game of a lifetime.....

CONTACT INFORMATION: (252) 247-2541 or <http://www.brandywinegolf.com/> (You can book tee times directly on the site as well.)

On Facebook: Brandywine Bay Golf Club

## Lessons and Wellness Clinic

If you’re interested in golf or want to improve your game, you can arrange lessons by calling (252) 247-2541. Lessons are by the 1/2 hour, full hour and in packages. You can also check their calendar for free clinics at BBGC. Currently, Sewell is offering a Golf Wellness Clinic with physical therapist Nancy Bullett. “Each Wednesday from 6:00-7:00, we offer a wellness and golf class in the BBGC clubhouse. It is available to members and non-members. During this time, we address strength, flexibility, and other physical issues specific to the students. In concert with the wellness training, I give a golf lesson that integrates with Nancy Bullett’s therapy and exercise recommendations.” The first session is free of charge, and the complete package of 5 sessions is \$20/person. (There are two more sessions left – on February 7th and 21st. Call the club for details.)

## Not a Golfer?

Even if you’re not a golfer, you can still enjoy the K-Club. Located in the clubhouse at the edge of the 18th green, the K-Club is a comfortable venue that offers great food in a beautiful setting. They have delicious daily specials. Tuesdays, for example, are for tacos. On Taco Tuesday, the K-Club serves up \$1 hard/soft tacos and drink specials. This is a very popular event. It gets started at 5:15 and goes to 8:00. (Get there early if you want a seat.) They also have Flatbread Fridays - \$5 personal flatbread pizzas with a wide choice of toppings. Also on Friday, they have 75 cent buffalo wings. (Makes a great start to the weekend.) This also gets started at 5:15 but has no set end time. The regular menu is always available, and they have a full service bar with multiple HDTVs. You can see the menu at [www.brandywinegolf.com/barandgrill](http://www.brandywinegolf.com/barandgrill) and also on their Facebook page (KClubBBGC). The K-Club is open for lunch and dinner, and the public is welcome. The K-Club is part of what makes Brandywine a special place to live – it’s within walking distance so take advantage of this “gem in our own backyard” as one patron raved.

Check their Facebook page (KClubBBGC) for updated information and events which can include dinner specials and live entertainment.

Contact: (252) 247-2541 Ext 2



## Changes to the 2018 Brandywine Directory

**New to the neighborhood?** Contact Lin Chidsey for your welcome packet and gate cards.

**Moving away?** Please return your gate cards to Lin Chidsey.

Linda Chidsey | 252-622-9421 | ncmslin@gmail.com

The printed 2018 Brandywine Bay Directory was distributed in January.

Contact Lin Chidsey if you need another copy.

### ADDITIONS:

Crenshaw, Rick .....412 Hillcrest Dr ..... 702-497-7706

Jones, Jim & Debbie .....806 Lord Granville Dr..... 919-215-6040

Shine, Jamey .....516A Village Green ..... 252-670-3418

Taylor, Silas & Jill .....404 Hillcrest Dr..... 304-767-0303

### DELETIONS:

Brandon Diaz

Bill Horton

Stephanie Phillips

Bill Robbins

## Brandywine Book Club Notes

By Melinda Brown

The Brandywine Book Club met recently to discuss our selection for the month, *A Star for Mrs. Blake* by April Smith. The book dealt with a group of Gold Star Mothers (mothers whose son or daughter died in a war) from a World War who made a pilgrimage to France to visit the graves of their sons. They came from all walks of life and were strangers who met on this trip. Until reading this book, most of us were not aware of these trips that took place during the 1930's. It was a very interesting and informative book. Our book selection for next month is *Kiss Carlo* by Adriana Trigiani.

We would be happy for you to join us for our next meeting. Please contact Melinda Brown at 247-1055 for information.



**We're looking for the next  
Pet of the Month!**

**Send your pet's photo and story to  
editor.soundwaves@gmail.com!**



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# Pet Corner



## PetDocks Important Reasons to Clean Up Waste

By Dr. Todd Worrell

One thing that every pet owner must deal with but no one likes to talk about is the fact that a majority of community and neighborhood pet problems result from the inappropriate handling of pet waste. Pet waste is one of the greatest sources of potential health risk for your pet, your family, and your community. It's easy to clean up by carrying plastic baggies and paper towels in your pocket. The baggies can be secured and thrown away in the garbage.

### **Disease Control**

Animal waste may contain harmful organisms that can be transmitted to humans and other animals. Dog waste is full of E. coli, salmonella and is a common carrier of the following: Worms (several types), Parvovirus, Coronavirus, Giardiasis, Salmonellosis, Cryptosporidiosis, and Campylobacteriosis. These bacteria and parasites can actually linger in the soil for years. If you don't pick up after your dog, you are putting other people and other dogs at risk of getting sick.

### **Common Courtesy and Responsible Pet Ownership**

Your responsibility to clean up after your pet doesn't end when your dog leaves your yard. There are probably fewer things that aggravate neighbors more than a dog that 'goes' in their yard. Pet owners need to clean up after their pet every time they go to the bathroom. Don't make your responsibility somebody else's problem. No one likes to step in pet waste and spread it into homes, cars and businesses. When you take your pet off of your property, you are entering public shared space. It is the duty of pet owners to ensure that they pick up after their pets. Nobody likes to walk through a yard that is hiding "doggie land mines." Your neighbors will appreciate your good manners.

### **Fly Control**

Flies will consume and lay eggs in feces. These same flies will then spread disease as they pause on your counter and food.

### **It's not a natural fertilizer like cow manure!**

A common misconception is that poop is natural fertilizer. However not all piles of poop are created equal. If that were the case, we probably would not have to invest so much in sewage treatment of our own waste. Cow manure has a very different make up from dog waste because their digestive systems and diets are very different. Cows are herbivores, whereas dogs are omnivores, and their diets are very high in protein. Dog waste is actually so high in nitrogen and phosphorus that it can have the opposite effect of fertilizer. It can actually burn your lawn if you don't pick it up. It also causes all sorts of issues for local watersheds. Animal waste adds nitrogen to the water. Excess nitrogen depletes the oxygen in water necessary for beneficial underwater grasses, wildlife and fish.

### **It Will Just Wash Away and Be Gone Soon - Not True!**

Another common misconception is that if you don't pick it up, it will quickly break down or wash away. However, once again, this is not the case with dog poop. Dog waste can take as long as a year to naturally break down. The other downside here is that, as previously mentioned, the bacteria still lingers in the soil. So even if you leave the poop on the ground and it does eventually break down, all of those bacteria and parasites will be left to linger there for several more years.

## Plan Ahead to Attend Piano Concert in April

<http://www.carterretartsforum.com/2017-2018-programs/ethan-uslan>

Ethan Usan is a ragtime/jazz pianist based in Charlotte, North Carolina. He is a 3-time winner of the World Championship Old-Time Piano Playing Contest (yes - that really exists!) and has performed all over the USA, Europe, and Cyberspace, where his jazzed-up Für Elise has gone viral.



Aside from solo work, Ethan has appeared with symphony orchestras, jazz bands, improv comedy groups, and even a clown show. At the age of 9, he began studying classical piano with Faina Litenzon in his hometown of South Orange, NJ. As a teenager, he took jazz piano lessons from Dan Crisci and in college (Indiana University) he studied classical piano (Edmund Battersby). While in college, Ethan decided to devote himself to ragtime and early jazz, and hasn't looked back since.

Now Ethan lives in Charlotte, North Carolina where he presents his music and storytelling on his very own podcast - The Carolina Shout. His concerts are filled with passion, humor, virtuosity, and a deep love for America's rich musical past. His vast repertoire includes original arrangements of Civil-War era songs, New Orleans Jazz, 1920s Charlestons, blues, stomps, Harlem stride piano, swing, Cuban rumbas, jazzed-up versions of classical masterpieces, and one Hawaiian song called Yaaka Hula Hickey Dula.

Ethan Usan, pianist, Sunday, April 8, 2018, 4 pm, at Country Club of the Crystal Coast. Admission will be \$20 payable to CAF.

If you wish to stay for dinner at the Country Club, please contact them separately and reserve dinner.

152 Oakleaf Drive

Pine Knoll Shores, NC 28512

252.726.1034 ext. 17 for dinner reservations

Doors will open at 3pm and a cash bar will be available.

## Art Lessons

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R. Mat Madsen



# Art By Mat Studio

By Monica Sellars



Mat in his home studio with his favorite portrait of his dog, Dash

For Richard “Mat” Madsen, painting and drawing have always been a passion, and as an adult, he has woven art and career together. While living on an aircraft carrier, for example, he spent his free time sketching scenes from his day and drawing funny cartoons to share with his co-workers. He has also painted images from his travels around the world while on assignments with the U.S. Marine Corps and Rolls-Royce Company. After retiring from Rolls-Royce, Mat wanted to dedicate more time to his art; he has since been an art gallery owner (Gallery E), an art teacher, a mural painter, and a creative artist. His creativity also shines through the things he designs and builds for his home, such as furniture and, most recently, a sturdy birdfeeder.

For several years, Mat has been offering art lessons in his home art studio in Brandywine Bay to local artists of all ages and levels of experience. He has experience with teaching both children and adults the formal skills for painting and drawing, as well as ways to find and explore creative inspirations for their artwork.

Have you been thinking about developing your artistic abilities? Would you like to explore your interest in art as a new hobby? Do you feel the need to exercise the creative side of your brain? Are you interested in expressing yourself through drawing or painting?

Through one-on-one art lessons with Mat, you will learn the principles of composition, design, depth, and perspective, and the use of art materials. It is important to Mat that you enjoy your art experience; each lesson is centered on your pace and interests. He does not rush the learning process and wants you to look forward to your art lessons.

Mat is very flexible when it comes to scheduling art lessons at times that are convenient for both of you because he feels this is important for the creative and learning process. Mat understands that you have other commitments, like appointments and volunteer activities; he wants to conduct your art lessons at times when your schedule is open so you can relax and feel free of time pressures.

Mat invites you to contact him for more information about art classes; he can provide a list of supplies to bring to your lesson, as well as the cost of the drawing or painting lesson. He is happy to show you his studio and his work.

In addition to art lessons, you can contact Mat if you are interested in purchasing one of his paintings or commissioning a painting, like a portrait of a special person or pet. You can see examples of Mat’s work on his website, [www.artbymat.com](http://www.artbymat.com). His phone number is 252-414-2545.



### Brandywine Volunteer Opportunity!

#### Sound Waves Editorial Team Member

How can I help?

- Write 3-4 articles per month
- Assist with review of the paper before it goes to press

Contact: [editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com)

## Happy Valentine's Day!



We ♥ our dedicated Sound Waves contributors!

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*Have an interesting friend or neighbor in Brandywine that we can profile in Meet Your Neighbors? Drop us a line at [editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com)*



# ALL ABOARD!

By Noreen Barrett

## Hello Neighbors!

Happy New Year! I hope everyone had a wonderful Christmas season and a wonderful New Year.

The New Year certainly came in with a roar with unprecedented snow and cold temperatures. Unfortunately, with the icy rain falling before the snow, plowing only improved road conditions slightly. The board is renewing contacts for snow plowing for the next snow event (hopefully not for many years) so as to get first priority and an early start on the clearing of major roads throughout Brandywine.

The proposed new duplex development for Brandywine, Wilshire Commons, which was mentioned in the previous Sound Waves newspaper, has not come back on the agenda for the Morehead City Planning Board as of 1/21/18. We are monitoring the Planning Board for further information. Many Brandywine residents have expressed concern regarding the potential for additional drainage issues.

Very recently, the board was notified of the proposed DOT plans for Bridges Street extension. The proposal has 3 potential routes and will mostly run through the Wildwood community and possibly Hull Swamp, however, the end of the route could affect Brandywine residents and the golf course and we are awaiting confirmation of a potential meeting with the DOT's project engineer. As always, we will keep residents informed of what we learn.

The gate card audit/database updating is ongoing. Many thanks to John Miller for admirably handling the database for many years! 2018 directories have been delivered. If you see an error in contact information, please inform a board member.

Deb Clark, Communications Coordinator for Carolina Water will be with us for our next quarterly meeting on February 12th. Please come to the meeting to hear Deb give us the latest happenings with Carolina Water.

Recently, we have had incidents of damage to our gates by residents and some commercial companies. If you happen to have an accident while entering or exiting the community and hit the gates, please notify a board member immediately. We would really appreciate early notification to avoid our camera committee from reviewing endless hours of video to find the culprit. Under those circumstances, sometimes the Sheriff's Department becomes involved. Thank you for your consideration.

Our next quarterly meeting, which is open to ALL residents of Brandywine Owners Association, will be held at the K Club on Monday, February 12th, at 7.00 PM. Please come and learn what's happening in our community.

With best wishes for a prosperous 2018.

Noreen



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Neighborhood Representative - <b>Faye Bennett</b>	240-2153 • carbennett@aol.com
Recreational Area - <b>N/A</b>	
Security Gates (Entry Cards & Microclicks)	622-9421 • ncmslin@gmail.com
- <b>Mark Roche</b>	726-9232 • rochedog@gmail.com
- <b>Ted Beszterczi</b>	269-0179 • tbeszterczi@gmail.com
Storage Area - <b>Jerry Garner</b>	726-0842 • northst401@aol.com
Webmaster - <b>Will Gaaney</b>	• wngaaney@gmail.com

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ENGLISH TURN	Edward Myers • 726-5276
HAMMOCK PLACE	Lou Fava • 648-8618
RESERVE GREEN	Kenneth Magel • 659-2280
THE RESERVE	Janet Stout • 726-0452
VILLAGE GREEN	Dianne Klein • 622-4679

## COMMUNITY EMERGENCY NUMBERS

Sheriff Deputy Request	252-726-1911
Sheriff's Business Office	252-728-8400
Ambulance, Fire, Sheriff	911
Progress Energy	800-452-2777
Street Light Outage	800-419-6356
Carolina Water	800-348-2383
Animal Control	728-8585
NC Highway Patrol	800-411-6127
Mosquito Control	504-2107



# Snow Times Two

Brandywine's January snowfalls were captured by brave neighbors with cameras who ventured out in the frigid weather to document the events.



This snowman was built by Ellie Klibanski with the help of her parents, Nick and Lara, during the first snowfall in January. Photo by Bob Workman



A few hot peppers remained in the garden and were coated with ice during the first January storm.

The sun shines on these snow-dusted bushes after the second January snowfall.



Mariana Goldstein photographed these beautiful images near the Hwy 70 entrance to Brandywine on January 4.







# Tax Cuts and Jobs Act of 2017: What Taxpayers Need to Know (Part 1)

By Greg Patterson, Financial Advisor, Atlantic Wealth Management

On December 22, the president signed the Tax Cuts and Jobs Act of 2017 (the act or TCJA). The legislation makes significant changes to the Internal Revenue Code (IRC), including individual, corporate, and gift and estate taxation. We will be highlighting those changes in a two-part series, with the first part below focusing on the major individual income tax changes.

**Individual income tax changes.** Although the act maintains seven tax brackets, these brackets will change. See the tables below.

In addition to the changes made to the tax brackets, many exemptions and deductions for individual income tax will be repealed or modified.

- The personal exemption of \$4,150 per taxpayer and dependent will be eliminated.
- The standard deduction for individuals will go from \$6,500 for individuals and \$13,000 for married couples to \$12,000 for individual taxpayers and \$24,000 for married couples who file jointly. This near doubling of the standard deduction will result in more taxpayers taking it instead of itemizing.
- The legislation also places limits on several itemized deductions listed in the chart accompanying this article.

In addition to the major modifications discussed above, several other changes in the bill may affect your financial decisions going forward. Stay tuned for these additional and potentially impactful changes that will be highlighted in our article next month.

**Assess where you are headed.** In light of these sweeping changes, 2018 should result in a complete review of your financial snapshots. An overall review of income, assets and balance sheet is important in order to get a clear picture of how the significant changes to individual income taxation will affect you. More planning

opportunities will continue to arise as the new tax code unfolds. Your financial advisor can answer your questions and provide educational resources to help navigate these changes. We highly recommend that you reach out to him or her as soon as possible.

## Specific itemized deductions that will be eliminated or modified

	2017 Tax Year	As of 2018
<b>State and local income tax, property tax</b>	State and local income and property tax fully deductible	All deductions for state and local income tax, as well as property tax, limited to a maximum of <b>\$10,000</b>
<b>Mortgage interest deduction</b>	Interest payments on mortgage debt deductible up to <b>\$1 million</b> in indebtedness	Debt limitation lowered to <b>\$750,000</b>
<b>Medical expenses</b>	Deductible to the extent they exceed <b>10%</b> of adjusted gross income (AGI)	Deductible to the extent they exceed <b>7.5%</b> of AGI
<b>Moving expenses</b>	Personal moving expenses deductible, including employer-sponsored reimbursements	No longer deductible at the personal or employer level, except for military
<b>Miscellaneous itemized deductions</b>	Certain miscellaneous itemized deductions may be taken to the extent they exceed <b>2%</b> of taxpayer's AGI	Miscellaneous itemized deductions repealed; no longer deductible
<b>Income phase-out for itemizing deductions</b>	Itemized deductions limited by phase-out beginning at \$266,700 (single) and \$320,000 (married)	No phase-out for itemizing deductions

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## Current tax rates

Tax Rate	Single	Married/Jointly	Head of Household	Married/Separately
10%	\$0-\$9,525	\$0-\$19,050	\$0-\$13,600	\$0-\$9,525
15%	\$9,525-\$38,700	\$19,050-\$77,400	\$13,600-\$51,850	\$9,525-\$38,700
25%	\$38,700-\$93,700	\$77,400-\$156,150	\$51,850-\$133,850	\$38,700-\$78,075
28%	\$93,700-\$195,450	\$156,150-\$237,950	\$133,850-\$216,700	\$78,075-\$118,975
33%	\$195,450-\$424,950	\$237,950-\$424,950	\$216,700-\$424,950	\$118,975-\$212,475
35%	\$424,950-\$426,700	\$424,950-\$480,050	\$424,950-\$453,350	\$212,475-\$240,025
39.6%	Over \$426,700	Over \$480,050	Over \$453,350	Over \$240,025

## New tax rates under the TCJA

Tax Rate	Single	Married/Jointly	Head of Household	Married/Separately
10%	\$0-\$9,525	\$0-\$19,050	\$0-\$13,600	\$0-\$9,525
12%	\$9,525-\$38,700	\$19,050-\$77,400	\$13,600-\$51,800	\$9,525-\$38,700
22%	\$38,700-\$82,500	\$77,400-\$165,000	\$51,800-\$82,500	\$38,700-\$82,500
24%	\$82,500-\$157,500	\$165,000-\$315,000	\$82,500-\$157,500	\$82,500-\$157,500
32%	\$157,500-\$200,000	\$315,000-\$400,000	\$157,500-\$200,000	\$157,500-\$200,000
35%	\$200,000-\$500,000	\$400,000-\$600,000	\$200,000-\$500,000	\$200,000-\$300,000
37%	Over \$500,000	Over \$600,000	Over \$500,000	Over \$300,000

# BOA Board Minutes:

## Board Meeting, January 11, 2018 at Cedarwood Village Clubhouse

The meeting was called to order at 7:00 pm. Board members present were, Nancy Besztercei, Noreen Barrett, Bob White, Rachel Love-Adrick and Andy Haines.

Noreen asked for a motion to accept the minutes as written from the October meeting. Nancy made a motion to approve the minutes, Andy seconded. Minutes were unanimously approved.

**Treasurer's Report:** Bob went over the budget and reported that we are under budget. Two items to note: the snowplowing was paid for from the Storm Maintenance/Cleanup budget, and \$3,600 was transferred to the Drainage budget from the Contingency budget. The drainage budget was maxed out by the repair work done at Reserve Green.

**Secretary's report:** None

### OLD BUSINESS:

1. Carolina Water News – Deb Clark, PR for Carolina Water will be attending the February 12th Board meeting, and she will be discussing the work that Carolina Water is undertaking.
2. Drainage Update: The Board is holding on projects until next fiscal year as this fiscal year's budget has been spent.
3. Gate Card and Database/Phone Directory: Andy Haines has taken on the management of the phone directory from John Miller. The directory is now web-based, the database management is still being streamlined. New phone directories will be delivered shortly.

### NEW BUSINESS:

1. Proposed Development in Brandywine - Wilshire Commons is a proposed multi-family development on a vacant parcel located between the recreational area and Reserve Lane. The main concern surrounding this development is drainage within the community. The proposal was heard at the November 21st Morehead City Planning Board Meeting. The Planning Board requested a Drainage Study from the developer. As of the January 11th Board meeting, these documents have not been submitted to the city. The proposal will not be heard by the Planning Board until the documents are submitted.
2. Upcoming HOA Dues: The HOA dues are staying the same as last year (\$350). You will receive notice for payment prior to April 1st. The dues are due on May 15, 2018. The payment notification will include a gate card audit and a form to update your information for the phone directory.
3. Storm Maintenance/Cleanup: The main roads were plowed after the snow storm. The Board is going to setup a contract with a plow operator to insure that future plowing of the neighborhood is a priority.

### COMMITTEE REPORTS:

#### DECEMBER ACC APPROVALS

205 Westchester Dr.....	Replace Wood and Paint around Chimney.....	12/02/2017
205 Westchester Dr. ....	Re-stain Deck.....	12/02/2017
409 Hillcrest Dr.....	Remove Dead Leaning Tree .....	12/05/2017
207 Oak Dr. ....	Fence for Lawn Mower-Garbage Can .....	12/07/2017
219 Lord Granville Dr.....	Replace Windows .....	12/18/2017

Beautification: Landscaping, irrigation, and lighting at the 70 gate were run over by a contractor's truck. The responsible party was identified and has been billed for the damage.

Gates - the exit gate at 70 was damaged, and is out for repairs. The spare gate was installed and the gate is operational. The responsible party was identified and has been billed for the damage.

Cameras – Two incidents were captured by the cameras at the Hwy 70 exit. Looking into upgrading the current license plate camera at the Hwy 70 exit.

Boat Storage – Renewal of boat slips has taken place. New boat keys will be given out on Saturday, January 13th.

Recreational Area - Nothing to report. Camera is still working.

Other - n/a

The next quarterly meeting is February 12, 2018 at 7pm at the K-Club.

The meeting adjourned at 8:40 pm.

Respectfully submitted by Rachel Love-Adrick, January 20, 2018.

## Valentine's Day Symbols

By Sean Carter

What are the first few things that come to your mind when you think of Valentine's Day? Cupids, flowers, candies, doves or hearts? Well it is only normal to associate these with Valentine's Day as they pretty much are the most popular Valentine's Day symbols. There are various symbols related to Valentine's Day, and these Valentine's Day symbols often feature in the gifts and other tokens of love given out on February 14 or Valentine's Day. Cupid is numero uno when it comes to Valentine's Day symbols, but there are many other symbols of Valentine's Day which you may be interested to check out.

### Red Rose

The red rose is as big a symbol of Valentine's Day as the turkey is of Thanksgiving! Roses symbolize love, compassion, peace, friendship and romance. But when it comes to red roses, they sure stand for one thing--the intensity of your love and passion for that special someone. Now this would be interesting to note that if you rearrange the letters in the word 'rose', you get 'Eros'--the God of love (or Cupid). So rose is one of the leading Valentine's Day symbols that rule hearts every February 14. And apart from the color red, roses of other colors are also sent out on Valentine's Day to convey different messages.

### Hearts

Then the heart is the warmest Valentine's Day symbol because it represents love in its purest form. Giving someone your heart means giving him/ her the thing that is most precious and vital to you. In a nutshell, a heart symbolizes life!

### Cupid

Think of Valentine's Day and images of cute fat cupids and throbbing red hearts of various sizes are sure to dance in your mind. Why, you ask? Well, the cupids and hearts are the most powerful Valentine's Day symbols as you perhaps already know. The associations are so strong and deep-rooted that even a child will know it's time for Valentine's Day when he/ she spots cupids and hearts hanging in shop-windows and greeting card stores. The chubby cherubic being and that plush crimson riot of hearts sweep people off their feet irrespective of age and location. Such is the potential of these two Valentine's Day symbols--the god of love, Cupid and the indispensable pulsating organ within us, the heart. They create an instant connection without any medium of speech and they symbolize Valentine's Day--the day of love!

Sean Carter writes on holidays, Valentine's Day and world events. He is a writer with special interest in ecard industry and writes for 123greetings.com. He is an active blogger at Valentines Day Blog. Article Source: <http://EzineArticles.com/404837>





Hwy 24 Sign Damage: The entrance sign for the golf side of Brandywine Bay on Hwy. 24 was damaged on January 24, 2018 in a single-car accident. Thankfully, there were no injuries due to the accident. The BOA Board is working with the car's insurance company to replace the signage back to the original design. Thank you for your patience as we clean up the area. Photo submitted by Bob Workman.



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# LGA News

By Susie Garland

The 2018 opening meeting of the LGA for the upcoming season is scheduled for Tuesday, February 27, 10am at the K-Club. Members have been notified of this important event and encouraged to check emails frequently for news and updates.

On the agenda: Chris will speak to the members and give us an overview for the upcoming season; the new slate of officers will be introduced with their respective reports; the committee chairpersons will address the group and provide information on their assigned tasks. Ladies, bring your clubs so we can play a round of golf after the meeting. "May the course be with you."



## She Who Loves to Golf

If you love the smell of freshly mowed grass...birds singing...and the challenge of 18 holes on a beautiful sunny morning, you are "She Who Loves to Golf." Even though some golf for exercise, some for the thrill of competition, while others for social contacts, there is simply no denying that good weather, good friends, and a good swing, plus lunch with the girls, makes for a perfect day!

See you on the links, my friends, and don't forget to keep your head down, eye on the ball, check your stance, and then grip it and rip it. Ah, fuhgeddaboutit. Don't think: just hit the ball.

# LGA Member Kudos

By Susie Garland



On January 3rd, front page, section 2 of The News-Times, there appeared an insightful article featuring two of our LGA members, Diane Mantho and Judy Payne. For those of you who do not subscribe to the local newspaper, here are excerpts from the wonderfully written piece about these two talented ladies. Their paintings can be viewed at the new gallery location at Carteret Health Care. The exhibit is free and open to the public at all times. Most of the works are for sale, with purchases arranged through the hospital's human resources department.

Diane had painted sporadically since her retirement from the insurance industry (2001) but with a family tragedy in 2010, art became a healing therapy for her. Her love of nature has resulted in paintings of various animals, as well as landscapes. For a tribute to our beloved golden retriever, who passed away several years ago, Diane painted an exquisite picture taken from a photograph I treasured. Nelson (husband) made a beautiful frame where "Tucker" now smiles at us each day in our living room. Thank you again, Diane, for the remembrance of our very special pet. I like to think, while in doggie heaven, he is romping around with his Brandywine dog friends, who entered that big dog house in the sky.

Judy is a graduate of N.C. State University and taught high school, then operated her personal business for many years. She retired in 2015, and moved from the Raleigh area to Morehead City. Judy has always had a love of art and painted in oils and also did porcelain paintings for many years. She continues to develop her skills in oils, acrylics, and watercolors, enjoying painting inspirations from her travels, as well as the surrounding coastal area.

Diane was the LGA assistant tournament chairman last year, while Judy will be undertaking the position as Secretary of the LGA for the upcoming season. Thank you, my two dear friends, for your contributions.



Tucker painted by Diane Mantho

## Last Month's Solutions

E	T	H	O	S		C	A	S	T		E	F	F	S				
C	H	I	V	E		A	L	O	E		F	L	A	P				
R	E	F	E	R		B	A	R	N		F	A	R	E				
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S	E	T	A			H	O	D			N	U	T					
A	G	E	S			E	L	A	N		M	U	F	F	S			
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A	R	E	A			M	A	S	T	E	R	M	I	N	D			
G	I	R	T			L	I	I	I		R	O	D	E	O			
E	C	C	E			E	D	D	O		O	V	E	R	T			
S	A	Y	S			T	E	E	N		R	E	A	D	S			

1	8	9	5	2	3	4	6	7
7	5	3	6	4	1	8	9	2
2	4	6	8	7	9	3	5	1
5	2	4	3	1	8	6	7	9
3	6	1	4	9	7	5	2	8
9	7	8	2	5	6	1	4	3
4	3	2	9	8	5	7	1	6
6	1	5	7	3	2	9	8	4
8	9	7	1	6	4	2	3	5

# February Golf Tip

By Steve Sewell, Director of Golf at Brandywine Bay Golf Club

Golf is a simple game in concept: it has less rules than most sports and is the only game I know where the player is handed a scoreboard, (scorecard), and asked to enter numbers he/she deems fair!

It is also simple because we deal with only two parameters: distance and direction. With full shots our focus is on direction, and in the short game it is the other one, distance. In this article I will not address the why, how and reasons, only state, that the best golfers in the world view it this way and for good reason. You might not have the talent level or capability of the worlds' best, but you can implement their plan.

My tip for this month is to work diligently on full shot set up and all the preparations involved with a pre-swing routine: good grip, a posture which allows for a smooth, full turning action with alignment of feet, shoulders and club along or on the target line. Instituting a sound pre-swing program will ensure better direction. We'll get to the swing part another time. A good swing working from a haphazard pre-swing mentality, is doomed.

All short game efforts: pitches, putts, chips, knock down and bunker shots require distance perception. Perception is not needed with full shots but are the whole deal with regards to short game. The distance, (or speed, or pace, or touch), also has a big effect on target line! Therefore, addressing the shot relative to distance does in fact take direction into consideration. We all have a feel for proper distance control, and we need to practice it a little bit so to sharpen our skill level. I will not get into the execution of these shots now, but drills aiding in distance control will yield quick, positive results. One drill simply demands you hit the shot you are practicing a short distance, then hit each successive shot 1 yard beyond the previous shot. This easy exercise strengthens hand eye and sensory muscles immediately and the success grows with each interval of practice.

My experience playing golf for a living, then working with those who do, has demonstrated a fact that is supported by LPGA and PGA Tour facts: most Tour Players swing the club, hitting full shots, the same number of times per round, it is merely the short game numbers that separate #1 from #10 and so on! Be a pacesetter and spend your practice time developing good pace and distance control.

## Up From Slavery to Freedom: New Bern, North Carolina's Historic 35th United States Colored Troops

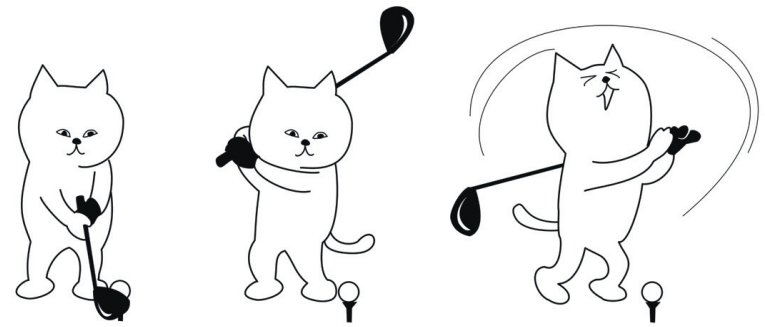


### New Bern Historical Society Lunch & Learn February 8, 2018

Please join the New Bern Historical Society at its February 7, 2018 Lunch & Learn at The Chelsea Restaurant at 11:30 am to learn more about Civil War and the crucial role of New Bern's 35th USCT in helping to shape our region, state and nation. Special guest speaker Bernard George will discuss the legacy of 35th USCT in the struggle for freedom and citizenship during the American Civil War. George will combine pictures, historical documents and personal vignettes to educate the public and honor the sacrifices of these courageous soldiers.

# The Golf Alphabet

By Susie Garland



The inspiration for creating this poem came from my favorite author, Sue Grafton, who originated the "alphabet series" of detective novels, each book starting with a letter of the alphabet. Since the LGA and other Golf 'n Stuff news won't begin until March, in keeping with my promise to create some fun stories and poems for your pleasure until the new season begins, here is my new poem, created especially for you. Do let me know that you enjoyed and if any of this "sounds familiar."

A is for aggravation  
B is for bummer  
C is for chipping  
D is for dummy  
E is for envy  
F is for feeble  
G is for gusto  
H is for helpless  
I is for ignoramus  
J is for jughead  
K is for knucklehead  
L is for lame  
M is for mumble  
N is for numbskull  
O is for oaf  
P is for pitiful  
Q is for quitter  
R is for ridiculous  
S is for stupid  
T is for terrible  
U is for ugly  
V is for vile  
W is for woeful  
X is for kisses  
Y is for yin-yang  
Z is for zealous

This game drives me nuts  
When there's too many putts  
The worse part of my game  
My chipping's so lame  
Cause my partner's so good  
If only I could  
To play golf with delight  
When my ball doesn't bite  
As I whiff off the tee  
So embarrassing for me  
The name fits me fine  
Which is not a good sign  
I do that a lot  
After a terrible shot  
The fool that I am  
Many times in a jamb  
Now I won't do that  
Yup, I have the knack  
To play golf is a curse  
Can't get any worse  
The way that I play  
OK, I'll quit some day  
But it can only get better  
Cause I'm such a go-getter x x  
The yin dark, the yang bright  
Describing my plight

# Health and Safety: Heart Attack Symptoms in Women

By Sandra Gahlinger

Since it's Valentine's Day (and International Women's Day is coming up), we're focusing on women and heart health. Ladies, this is something we easily ignore (myself included). I've got a known heart condition that occasionally requires a trip to the ER to "reset" my heart, and I STILL won't go unless dragged – not because I'm being lackadaisical about my health, but moreso because I'm never really sure if something is "serious" or not. Often, my heart will "reset" on its own. Then October happened – and I ended up in the ER 24 hours after symptoms started with doctors incredulous that I'd waited, and finally, one took the time to explain to me what's dangerous and what's not. For example, my chest pain was on and off, and even though it was severe, he said that, typically, heart attack pain will be constant. (I had not, in fact, had a heart attack, and we're still investigating what happened.) The truth is, the symptoms of heart attack can be different in women – and women have a tendency to dismiss heart symptoms for other things, like the flu. Thus, the danger.

It's widely known that heart disease is the #1 killer of men, but it is also the #1 killer of women. The best medicine is to be educated and know that you are your own best advocate. (If your doctor is dismissive or condescending in any way, leave and find another.)

Here's some information from the American Heart Association:

We've all seen the movie scenes where a man gasps, clutches his chest and falls to the ground. In reality, a heart attack victim could easily be a woman, and the scene may not be that dramatic.

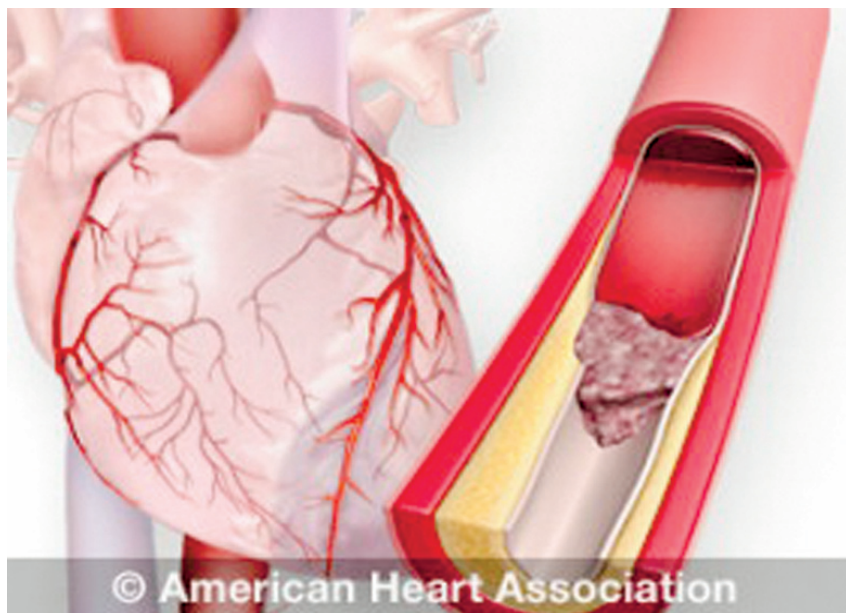
"Although men and women can experience chest pressure that feels like an elephant sitting across the chest, women can experience a heart attack without chest pressure," said Nieca Goldberg, M.D., medical director for the Joan H. Tisch Center for Women's Health at NYU's Langone Medical Center and an American Heart Association volunteer. "Instead they may experience shortness of breath, pressure or pain in the lower chest or upper abdomen, dizziness, lightheadedness or fainting, upper back pressure or extreme fatigue."

Even when the signs are subtle, the consequences can be deadly, especially if the victim doesn't get help right away.

## 'I thought I had the flu'

Even though heart disease is the No. 1 killer of women in the United States, women often chalk up the symptoms to less life-threatening conditions like acid reflux, the flu or normal aging.

"They do this because they are scared and because they put their families first," Goldberg said. "There are still many women who are shocked that they could be having a heart attack."



A heart attack strikes someone about every 43 seconds. It occurs when the blood flow that brings oxygen to the heart muscle is severely reduced or cut off completely. This happens because the arteries that supply the heart with blood can slowly narrow from a buildup of fat, cholesterol and other substances (plaque).

Many women think the signs of a heart attack are unmistakable — the image of the elephant comes to mind — but in fact they can be subtler and sometimes confusing.

You could feel so short of breath, "as though you ran a marathon, but you haven't made a move," Goldberg said.

Some women experiencing a heart attack describe upper back pressure that feels like squeezing or a rope being tied around them, Goldberg said. Dizziness, lightheadedness or actually fainting are other symptoms to look for.

"Many women I see take an aspirin if they think they are having a heart attack and never call 9-1-1," Goldberg said. "But if they think about taking an aspirin for their heart attack, they should also call 9-1-1."

## Take care of yourself

Heart disease is preventable. Here are Goldberg's top tips:

- Schedule an appointment with your healthcare provider to learn your personal risk for heart disease.
- Quit smoking. Did you know that just one year after you quit, you'll cut your risk of coronary heart disease by 50 percent?
- Start an exercise program. Just walking 30 minutes a day can lower your risk for heart attack and stroke.
- Modify your family's diet if needed. Check out the healthy cooking tips on heart.org. You'll learn smart substitutions, healthy snacking ideas and better prep methods. For example, with poultry, use the leaner light meat (breasts) instead of the fattier dark meat (legs and thighs), and be sure to remove the skin.

From: [http://www.heart.org/HEARTORG/Conditions/HeartAttack/Warning-SignsofaHeartAttack/Heart-Attack-Symptoms-in-Women\\_UCM\\_436448\\_Article.jsp#.WmeH86inGUi](http://www.heart.org/HEARTORG/Conditions/HeartAttack/Warning-SignsofaHeartAttack/Heart-Attack-Symptoms-in-Women_UCM_436448_Article.jsp#.WmeH86inGUi)

## Keep Brandywine Looking Great in 2018!



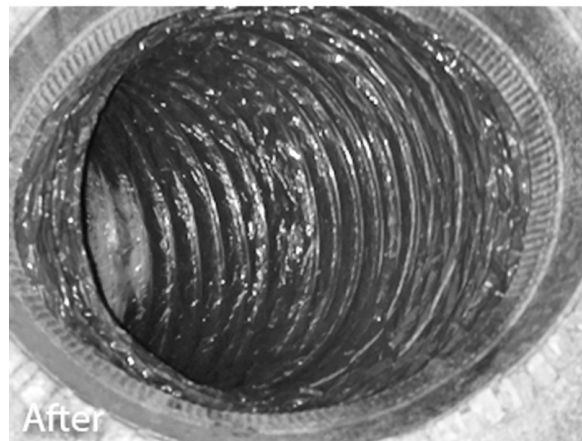
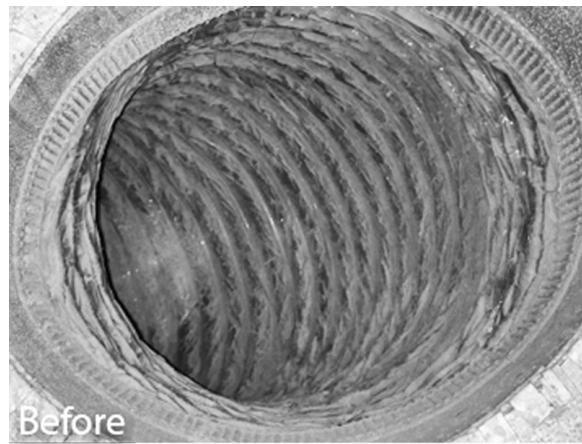
- When walking your dogs, pick up after them to keep our streets clean.
- Trim bushes and tidy your yard to maintain curb appeal.
- Keep your drainage ditches clear of debris to control rainwater.

# Health and Safety: Air Ducts and Dryer Vents

By Sandra Gahlinger

You may have seen Debbie Laughinghouse's post from Brandywine's Nextdoor.com site regarding dryer vent and air duct cleaning. When she posted that, my husband and I had just been talking about getting our dryer vents cleaned so we were pleased to have the recommendation. My brother is a local fire chief and says that dryer vents cause a large number of house fires. Keeping your dryer vents clean can prevent a disaster and maintain the proper functioning of your dryer.

With air vents, I got quite an education when they came by. I had replaced my air filters and had no idea about cleaning air ducts – or even that this was a “thing” until the post appeared in Nextdoor Brandywine. When you look at the before and after pictures, you can see the amount of dust that can build up. Ours had a large amount of dust in addition to some small screws and other debris. We also have some registers that need to be “sealed” – they have gaps between the boot and the ceiling.



The dryer vent cleaning cost \$125, and there can be an additional charge if you need a new dryer vent hose, for example. We did not. They will do an inspection of your air ducts at no charge using special camera equipment and then provide a free estimate. We are having our air ducts done January 30th. They guarantee their work with both services, and recommend that the dryer vents be cleaned once a year, the air ducts is an every 10-12 year event.



Here are a few common Q & As from Breathe Cleaner Aire (the company recommended in the post).

## How do I know if my dryer vent needs to be cleaned?

Using the following as a checklist, you can get a good idea if your dryer vent is in need of cleaning:

- Clothing are taking longer to dry than normal.
- Clothing is very hot and still damp when dryer finishes (especially heavy items, such as towels).
- The dryer itself feels hotter.
- There may be no lint on the lint screen (i.e. the exhaust system is clogged).
- Visually inspect around the back of your dryer. Is there lint debris?

## Does cleaning my dryer vent lower my energy bills?

Yes, by having your dryer vent professionally cleaned, your clothes dryer will run more efficiently.

Try this: Try breathing through a straw-vs-regular...when the airway path is restricted you have to breathe harder to get air! Your dryer will struggle to get air used to dry your clothes. When the vent is cleaned out, it will not have to run as long, lessening the wear and tear of your dryer, reducing your need for repair and lengthening the life of your dryer as well as preventing the lint from catching on fire! Over 15,000 house fires a year are caused by clothes dryer vents being clogged. DON'T RISK EVERYTHING YOU HAVE WORKED SO HARD FOR!!

## Can I clean my dryer vent on my own?

It's kinda like trying to work on your vehicle's engine when you are NOT a mechanic...it is advised that you consult a professional. We have invested thousands of dollars in special equipment to clean and video inspect the hard-to-reach areas of the dryer vent system.

\*Note: I was pretty good about cleaning out the front vent on the dryer. I even have a dryer vent cleaning kit. TJ and Ryan with Breathe Cleaner Aire said that the vacuum attachment is the way to go to clean out the front vent. (I had one in my kit, and you can get one at home goods stores called a “lizard”.) They said not to use the brush that's often included in the kits because this packs down the lint into the dryer so you really just need the one vacuum attachment.

## Will my house be less dusty after you clean the air ducts?

Yes, the inside of your duct work is the equivalent of an extra room in your home that never gets dusted or vacuumed. By cleaning out your ducts, this eliminates existing dust to infiltrate your home.

## Will air duct cleaning help my allergies?

Many people are allergic to animal dander, smoke, pollen and dust mite waste. Dust mites feed on debris found in duct work. Remove the debris and you remove their food. Also, by greatly reducing particulate debris in your ducts, there are less dust particles and potential allergens in the air that aggravate those with respiratory illnesses.

\*\*IN CASES WHEREBY YOUR INSURANCE COMPANY RECOGNIZES REMOVING DUST FROM YOUR DUCTS, WITH A PRESCRIPTION ISSUED BY YOUR DOCTOR. CLEANING CHARGES COULD BE COVERED BY YOUR INSURANCE COMPANY. ASK YOUR DOCTOR FOR A PRESCRIPTION.

## I live in a newly remodeled home. Do I still need service?

YES! Air duct system cleaning is needed in homes that are newly built/remodeled. During construction, the duct work is exposed and the air system is running. During this time, construction debris such as plaster dust, hardwood floor sanding dust, drywall, wood, dust, insects and insulation get into your duct work.

Many home buyers have ducts inspected/cleaned prior to closing on their home. Have your home inspector contact us to provide a video! You can contact Mark Barry with Breathe Cleaner Aire at 252-671-2009 and at [www.breathecleaneraire.com](http://www.breathecleaneraire.com)

**SHOUT OUT:** Thanks to Debbie Laughinghouse for taking the time on Nextdoor Brandywine to share this resource with everyone!

# February Special Events

Here are just a few of the many special events planned in our area this month. Go to [www.crystalcoastnc.org](http://www.crystalcoastnc.org) for details about these events and others!

## **15th Annual Carolina Chocolate Festival**

February 3, 2018 | 8:00 am - February 4, 2018 | 3:00 pm  
3505 Arendell Street, Morehead City, NC  
(252) 393-2011

## **A Tea-Time Celebration of Dr. Seuss**

February 3, 2018 | 11:00 am-1:00 pm  
1012 Arendell Street, Morehead City, NC  
(252) 240-2800

## **Flags of Fort Macon & the Confederacy**

February 5, 2018 | 10:00 am-11:00 am  
2303 Fort Macon Road, Atlantic Beach, NC 28512  
(252) 726-3775

## **Brown Bag Gam: Rescue Men, The Story of the Pea Island Life Savers (Movie)**

February 7, 2018 | 12:00 pm-1:00 pm

## **Brown Bag Gam: Heart of the Sea, The story of Echo the whale and his heart**

February 14, 2018 | 12:00 pm-1:00 pm

## **Brown Bag Gam: A Pirate's Table**

February 22, 2018 | 12:00 pm-1:00 pm  
315 Front Street, Beaufort, NC 28516  
252-504-7740

## **Astronomy/Star Gazing**

February 9, 2018 | 6:00 pm-8:00 pm  
March 2, 2018 | 6:00 pm-8:00 pm  
2303 E Fort Macon Rd, Atlantic Beach, NC  
(252) 726-3775

## **Jim Quick & Coastline @ Salt**

February 9, 2018 | 9:00 pm - February 10, 2018 | 12:00 am  
325 Mangrove Drive Emerald Isle, NC 28594  
(252) 354-2740

## **Gloucester Mardi Gras**

February 10, 2018 | 11:00 am-6:00 pm  
476 Pigott Rd, Gloucester, NC 28528-9346  
(252) 729-8021

## **2nd Annual Fur Ball**

February 10, 2018 | 6:00 pm-9:00 pm  
DoubleTree by Hilton Hotel Atlantic Beach Oceanfront, West Fort Macon Road,  
Atlantic Beach, NC  
(252) 499-2292

## **Bird Hike**

February 12, 2018 | 9:00 am-10:00 am  
2303 E. Fort Macon Rd, Atlantic Beach, NC 28512  
(252) 726-3775

## **Summer Science School Registration Opens**

February 14, 2018 | 9:00 am - February 15, 2018 | 5:00 pm  
315 Front Street, Beaufort, NC  
(252) 504-7758

## **Junior Sailing Program Online Registration Opens**

February 14, 2018 | 9:00 am - February 15, 2018 | 5:00 pm  
315 Front Street, Beaufort, NC  
(252) 504-7758

## **MASQUERADE! (The Dinner Theatre)**

February 17, 2018 | 7:00 pm-9:00 pm  
1012 Arendell Street, Morehead City, NC  
(252) 240-2800

## **Down East Folk Arts Society Concert – Kerry Grombacher**

February 17, 2018 | 7:30 pm-9:00 pm  
1300 Evans Street, Morehead City, NC  
(252) 646-4657

## **International Film Series 2018**

February 22 - The Salesman - Iran (Bonus Showing - February 23 at 2 p.m.)  
3505 Arendell Street Morehead City, NC 28557  
(252) 222-6056

Upcoming Dates:

March 22 - Lost In Paris - France/Belgium (Bonus Showing - March 23 at 2 p.m.)  
April 12 - Timbuktu - Mauritania/France (Bonus Showing - April 13 at 2 p.m.)

## **A Culinary Journey Around the World**

February 23, 2018 | 6:00 pm-8:00 pm  
3505 Arendell Street, Morehead City, NC  
[info@beaufortwomansclub.com](mailto:info@beaufortwomansclub.com)

## **Introduction to Wooden Boat Building Course**

February 24, 2018 | 9:00 am - February 25, 2018 | 4:30 pm  
315 Front Street, Beaufort, NC  
(252) 504-7740

## **American Music Festival Series**

February 24, 2018 | 8:00 pm-10:00 pm  
1604 Arendell Street, Morehead City, NC  
(252) 728-6152

## **Behind the Scenes: Aquarium at a Glance**

For all dates: <http://www.ncaquariums.com/pine-knoll-shores>  
1 Roosevelt Blvd, Pine Knoll Shores, NC  
(252) 247-4003

## **Behind the Scenes: Shark Snack**

For all dates: <http://www.ncaquariums.com/pine-knoll-shores>  
1 Roosevelt Boulevard, Pine Knoll Shores, NC  
(252) 247-4003

## **Behind the Scenes: Aquarium Close Encounters**

For all dates: <http://www.ncaquariums.com/pine-knoll-shores>  
1 Roosevelt Blvd, Pine Knoll Shores, NC  
(252) 247-4003



# INTERNATIONAL WOMEN'S DAY is Coming: March 8th

By Sandra Gahlinger



I wanted to post this now because by the time the March paper comes out, it'll be cutting it close. I figured since I had never heard about it maybe some of you hadn't either.

I had never heard of International Women's Day - until I met my friend, Yuri, when I was living in San Diego. She's from Yokosuka, Japan, and to her, this was an exciting event and eagerly awaited holiday - a time for celebration. Like I said, I'd never heard of it and didn't really know what to expect. Yuri got together a small group of women. We shared a special meal, some good vino and learned about these special dolls she had set out for the occasion... and we laughed a lot.

International Women's Day is a day set aside to recognize the importance of

women and to celebrate them, but the holiday didn't begin that way. Initially, "The holiday began as a day of memory and protest following a tragic event in New York in 1908. In early March of that year, the workers (all women) at a textile factory went on strike to protest the substandard conditions in which they were forced to work. On the 8th, the owner blocked all of the exits to the factory and set the building on fire. The 129 factory workers trapped inside, for the most part Italian immigrants, all died." From <https://www.charmingitaly.com/article/international-womens-day>

The fact that it began in this country is the reason I found it surprising that I had never heard of it - and then when I did learn of it, it seems it's far more celebrated in other countries.

When I moved to Italy, I was surprised to see that this same holiday is a "big deal" there, too. (In Italian it's called "La Festa della Donna".) There, they celebrate with bouquets of mimosa flowers. (I still have the mimosa flower bouquet that came attached to the Baci chocolates given me by one of the ladies from the morning rosary group.)

From <http://www.italymagazine.com/news/mimosa-blossom-womens-day-festa-della-donna>:

Historians cannot agree when and why the act of giving mimosa began, but there is documented evidence that men in Rome on March 8, 1946, gave the fragrant flowers to their wives, mothers, sisters and daughters as a sign of love and appreciation. Nowadays, women also hand the flowers to other women as a sign of solidarity. It's not unheard of for the woman sat behind the counter of the local post office or on the supermarket checkout to be given sprigs of mimosa by female customers as an expression of respect.

This year's official theme for International Women's Day is #PressforProgress.

"International Women's Day is not country, group or organisation specific. The day belongs to all groups collectively everywhere. International Women's Day belongs to all communities everywhere - governments, companies, charities, educational institutions, networks, associations, the media and more. Whether through a global conference, community gathering, classroom lesson or dinner table conversation - everyone can play a purposeful part in pressing for gender parity.

Make International Women's Day YOUR day and do what you can to truly make a positive difference for women." From <https://www.internationalwomensday.com/Theme>

So, set the date in your March calendar - maybe schedule a dinner with friends, give some flowers, and celebrate the women in your life.

**Ascent of Woman:** A 4-part documentary series from BBC and available on Netflix chronicling the history of women. The host, Dr. Amanda Foreman, "charts the role of women in society over the course of 10,000 years." She argues that the "history of women isn't a straight line from Eve's apple to Margaret Sanger's Pill. Instead, over the past ten thousand years it has veered wildly between extremes of freedom and oppression, inclusion and exclusion." <http://www.ascentofwoman.com/the-series>

**The Heroine's Journey:** A book by Maureen Murdock. If you're familiar with Joseph Campbell's work (and if you've ever watched Star Wars, you've seen the practical application of his work), then this book will interest you. In fact, Murdock spoke with Campbell about how the hero's journey didn't quite fit the feminine experience of the world. This book is the result of her work - It's the feminine version of the hero's journey. It's a fascinating read that fills in the gaps for those accustomed to a masculine paradigm - and it does so without male bashing. It's very much a both/and framework.

## Random Acts of Kindness Week is February 11-17

The Random Acts of Kindness Foundation promotes this week-long celebration of kindness to bring attention to "the power of kindness to change the way people see and experience the world." Everyone can participate by simply being a little extra kind - to yourself and others!



**Assertiveness** - Standing up for yourself and what you believe in while being respectful of others.

Feeling & showing concern for others.

**Caring**

**Compassion** - Being aware when others are sick, sad, or hurt & wanting help.

Treating people in a way that does not favor some over others.

**Fairness**

**Gratitude** - Being thankful for & appreciating what you have & those around you.

Assisting or serving in a kind way.

**Helpfulness**

**Integrity** - Acting in a way you know to be right & kind in all situations.

Keep trying when something is difficult; don't give up.

**Perseverance**

**Respect**

Treating people, places & things with kindness.

Being reliable to do the things that are expected or required of you.

**Responsibility**

**Self-Care**

Taking care of yourself through kind words, actions & thoughts.

Controlling what you do or say so you don't hurt yourself or others.

**Self-Discipline**

RANDOM ACTS OF KINDNESS FOUNDATION [randomactsofkindness.org](http://randomactsofkindness.org) | @rakfoundation

FEBRUARY 2018 Sound Waves | 17

# Winter Olympics Word Search

C I D R O N B G H H C A A E O G  
Z R E T N I W I N O C O G G L N  
N O T E L E K S A I C R X U Y I  
U Z P H Y H Z O C T L K O L M T  
S N O W B O A R D B H R E T P A  
A L P I N E C Y V L F L U Y I K  
E X C H G I E L S B O B O C C S  
V S K I I N G U T M E N K N S I

**alpine**  
**biathlon**  
**bobsleigh**  
**curling**  
**hockey**  
**luge**  
**nordic**



**olympics**  
**skating**  
**skeleton**  
**skiing**  
**snowboard**  
**torch**  
**winter**

# Brandywine Bay Annual Market Report 2016 vs. 2017

Provided by Amy M. Hahn, Pine Knoll Shores Realty

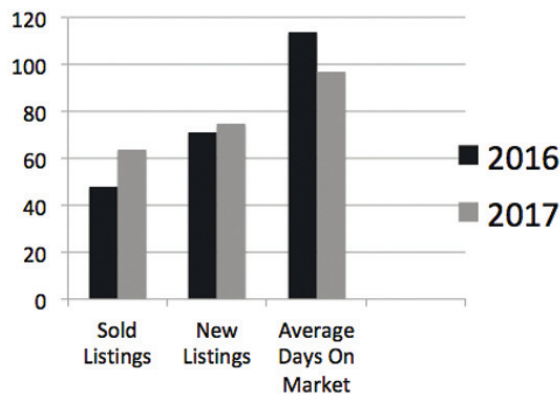
## Residential

When comparing closed residential listings for **Brandywine Bay**, 2016 (48 units) vs. 2017 (64 units), number of sales are up 33.3%. There were 75 new listings added to the inventory for 2017 compared to 2016 with 71 new listings.

The median sales price in 2017 was \$244,500 (up 20.7% from \$202,500 in 2016). The median List Price in 2017 was \$259,900 (up 1.5% from \$255,999 in 2016).

There are currently 12 Single Family Residential properties (8 golf side and 4 sound side) on the market and 10 Condos/Townhouses (7 golf side and 3 sound side). 4 Single Family Residential properties are currently under contract and 2 Condos are currently under contract.

**Brandywine Bay  
Residential Market Report  
2016 vs. 2017**



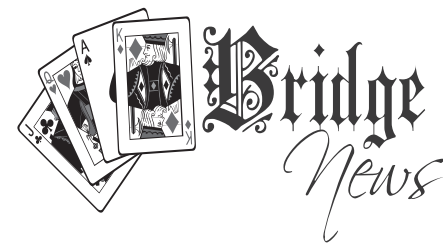
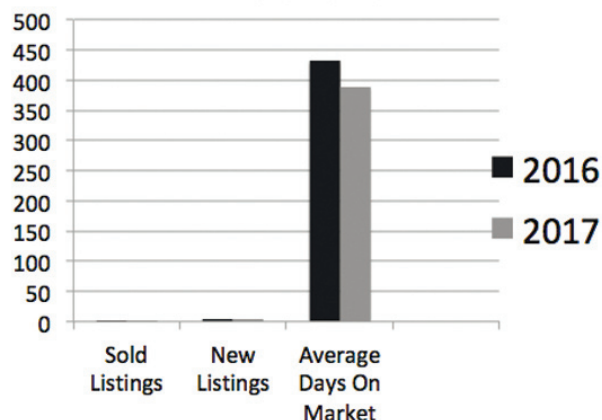
## Land

When comparing closed land listings for **Brandywine Bay**, 2016 (3 units) vs. 2017 (3 units), number of sales are the same. There were 4 new listings added to the inventory for 2017 compared to 2016 with 5 new listings.

The median sales price in 2017 was \$66,000 (up 37.5% from \$48,000 in 2016). The median List Price in 2017 was \$64,500 (down 27.5% from \$89,000 in 2016).

There are currently 4 lots (1 sound side and 3 golf side) available on the market in Brandywine Bay with two of them currently under contract.

**Brandywine Bay  
Vacant Land Market Report  
2016 vs. 2017**



By Pat McMahon

The first Bridge get-together in the new year was lively and fun! I thought a couple of us were going off the deep end including Moi...too much laughing!!

Bless her heart, Diane Mantho had to work off an old roster and on top of that her partner wasn't able to be there! She pulled it off big time, though, with Gail Vaughan jumping in at the last minute to help. We had a delicious lunch with dessert being Bread Pudding...We ALL love Lori's bread Pudding! A big thank you to all of our subs...Without you it just wouldn't be as much fun!

Our winners: Pat McMahon in first!

Betty Knish in second!

Carol Council in Third!

Congratulations ladies!

Bridge play is the 2nd Wednesday of the month...Come join us! We don't want to have all this fun alone...If interested in learning more about K-Club Bridge contact:

Co-Directors: Pat McMahon (726-7994) or Dolly DiMarco (240-3547).

## Brandywine is Online!

Stay connected...



<http://brandywineowners.org/>



<https://brandywinebay.nextdoor.com>



<https://www.facebook.com/soundwavesbrandywine>

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# Loaded Baked Potato Soup

By Rudi Bowen

This is a great recipe - my kids loved it when they were growing up and still ask for it.

30 minutes start to finish. Makes about 4 servings.

- 4 large Idaho or Russet potatoes, cooked and cooled
- 12 slices of thick cut bacon
- 1/2 cup AP flour
- 6 cups of 2% milk, warmed on the stove
- 8 oz. or more shredded cheddar
- Salt, fresh ground pepper, garlic - to taste
- Sour cream, sliced scallions or chopped chives, additional cheese for topping

In large heavy bottomed pot, over medium, cook the bacon until crisp. Remove and chop. Set aside. Leave the drippings in the pot. Add the flour to the drippings and mix until well combined, about 1 minute or so. Add the warmed milk, WHISKING it into the flour mixture to fully incorporate it. Cook over medium heat about 15 minutes until thickened, stirring frequently. Scoop out potato pulp and mash, leaving plenty of chunks. Add this to the soup mixture, then add 3/4 of the bacon and 1 cup of cheese. Stir until cheese is melted. Season with salt, garlic, and fresh ground pepper to taste. Put into bowls. Top with remaining bacon, scallions/chives, cheese — all to your taste. Enjoy!



## St. Patrick's Day Recipe

**Do you have a lucky St. Patrick's Day dish?**

**Send your recipe to  
editor.soundwaves@  
gmail.com  
by February 20!**



# Pileated Woodpecker Sighting

By Sandra Gahlinger

I'm sharing another bird sighting this month – mostly because this was a new bird for me to see. As I pulled into Brandywine and turned onto Lord Granville drive, I saw TWO pileated woodpeckers! If you're not familiar with these woodpeckers – they are HUGE! (They can be between 15-17 inches.) I spotted these two on the lower part of a pine tree near the 70 entrance to Brandywine before where the road curves slightly before 920 Lord Granville.



I could hear them vocalizing to each other. If you go to the Cornell Lab page (below), you can listen to their “wuk” calls. (This will also entertain your cats, if you have them.) To me, these are the woodpeckers that look most like Woody the Woodpecker. I've not seen any more eastern bluebirds although I am still seeing house finches, pine siskins and yellow-rumped warblers.

Here's some information on this amazing bird from The Cornell Lab of Ornithology's birding site: [https://www.allaboutbirds.org/guide/Pileated\\_Woodpecker/id](https://www.allaboutbirds.org/guide/Pileated_Woodpecker/id)

The Pileated Woodpecker is one of the biggest, most striking forest birds on the continent. It's nearly the size of a crow, black with bold white stripes down the neck and a flaming-red crest. Look (and listen) for Pileated Woodpeckers whacking at dead trees and fallen logs in search of their main prey, carpenter ants, leaving unique rectangular holes in the wood. The nest holes these birds make offer crucial shelter to many species including swifts, owls, ducks, bats, and pine martens.

If you enjoy bird watching or think you might, there's a bird hike on February 12th over at Fort Macon. Bird watching is a fun hobby – and at our house, we call it “Cat TV”. (Patches – featured in last month's Pet Profile with her brother Leo – will let me know when the “channel” needs to be turned on again, i.e., she lets me know that the feeders need seed. She's also the “alarm” for squirrels getting onto the feeders...a notorious problem but one we finally managed to solve thanks to Birds Unlimited squirrel stopper. Unfortunately, since moving here, we've discovered that it's not as effective with the racoons.)

**Bird Hike**

February 12, 2018 | 9:00 am-10:00 am

2303 E. Fort Macon Rd, Atlantic Beach, NC 28512

(252) 726-3775

# FALL FLOORING SALE GOING ON NOW!



## William's Floorcovering & Interiors

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William Perri, Owner • Jimmy Pittman, Manager

HOURS: Mon.-Fri. 9:00 am - 5:00 pm  
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*Service before, during & after the sale.  
We are one of the few retailers offering in-house certified  
installers and other old-fashioned courtesies.*

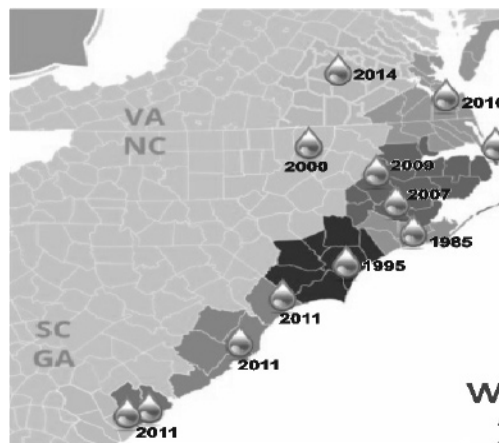
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	Kinetico Water Softener	Single Tank Electric Timer Water Softeners
1. Non- Electric. ....	Yes.....	No
2. System design eliminates timer, solenoid and microprocessor problems. ....	Yes.....	No
3. System has two softening tanks. ....	Yes.....	No
4. Conditioned water is used to regenerate the conditioner during all phases of the regeneration process. ....	Yes.....	No
5. Conditioned water is available for use during regeneration. ....	Yes.....	No
6. Control valve parts operate in clean, conditioned water. ....	Yes.....	No
7. System provides an uninterrupted supply of conditioned water. ....	Yes.....	No
8. No unnecessary reserve capacities are required to handle additional demand for conditioned water. ....	Yes.....	No
9. No special cycles or by-pass adjustments are required when you have guests or before you leave for vacation. ....	Yes.....	No
10. System regenerates only when necessary based on water usage and not at a preset interval. ....	Yes.....	No



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Call 252.515.7800 or visit us at 712 Bridges Street in Morehead City and online at [www.myatlanticwealth.com](http://www.myatlanticwealth.com).

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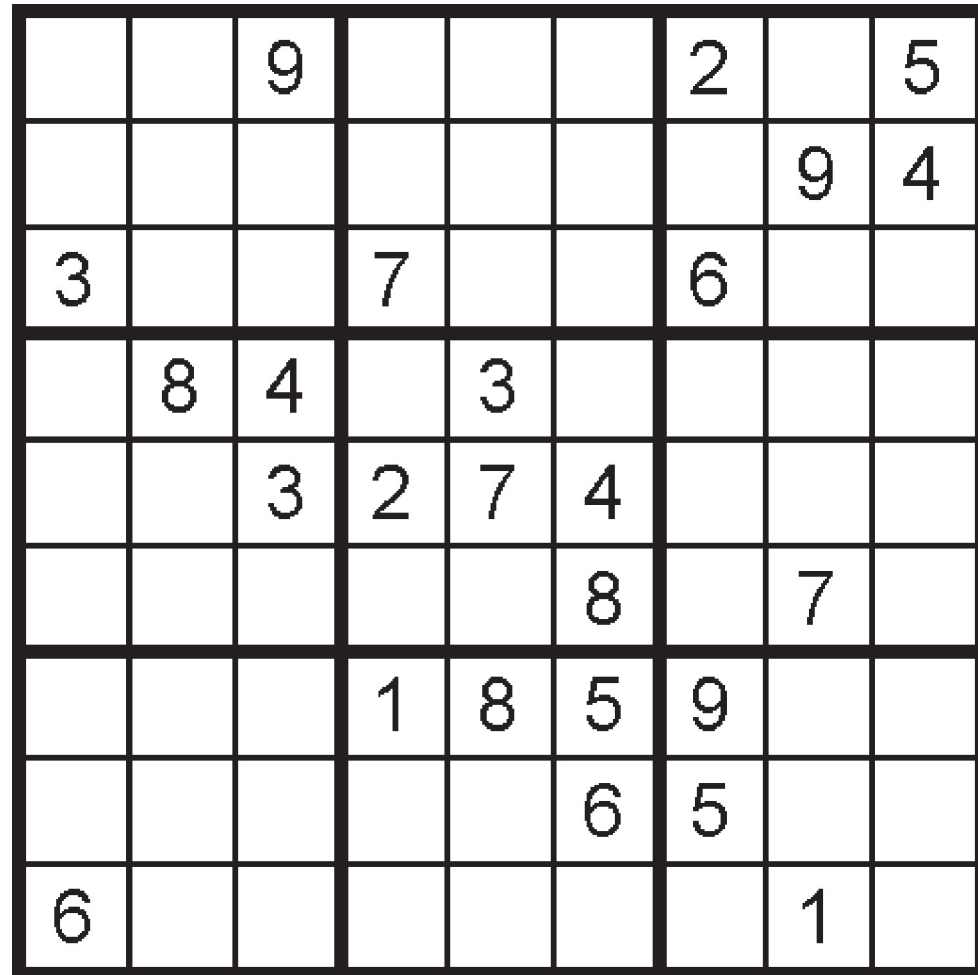
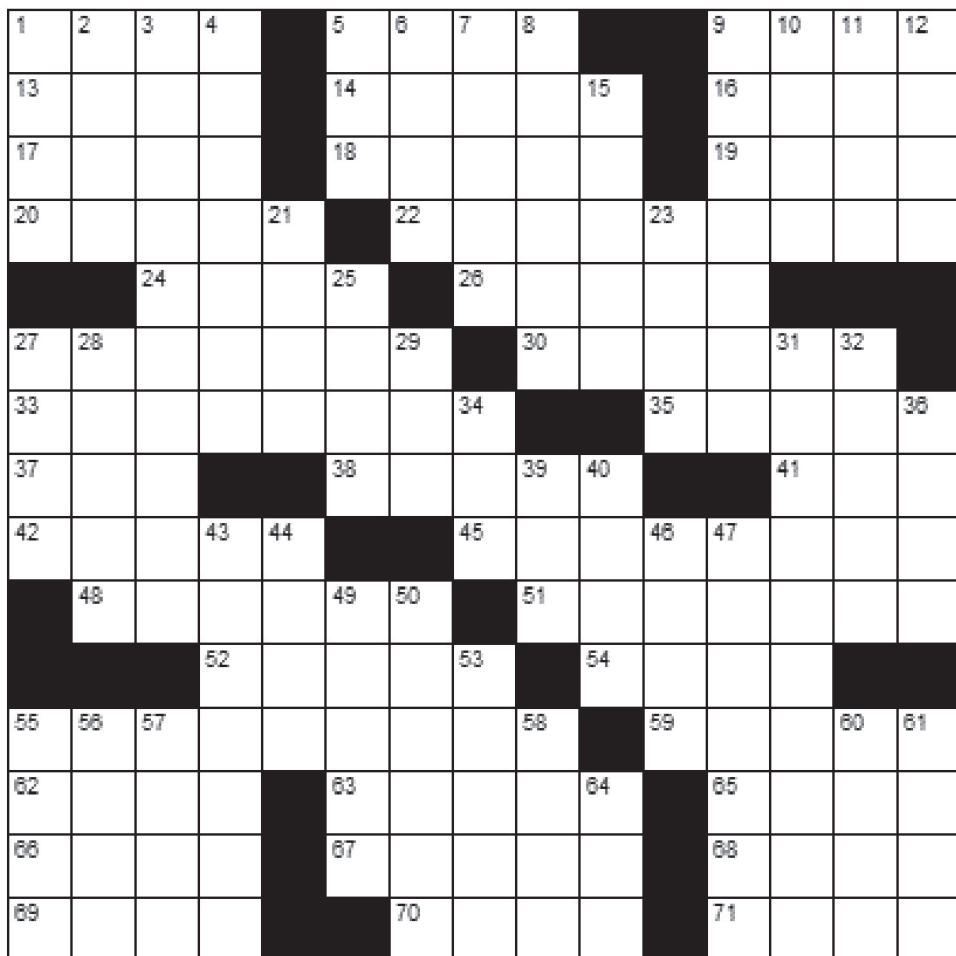
## DuoCraft cabinets



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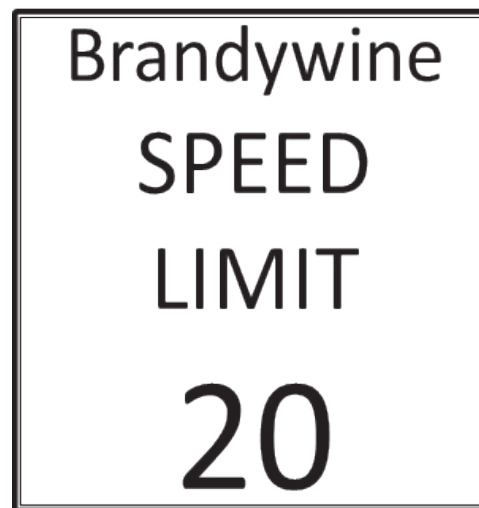


ACROSS

- 1. Clods
- 5. Nursemaid
- 9. Anagram of "Meat"
- 13. Clove hitch or figure eight
- 14. Blockheads
- 16. Iridescent gem
- 17. Govern
- 18. Mixture
- 19. 3 times 3
- 20. Out of kilter
- 22. Foolish people (vulgar)
- 24. Box
- 26. Distend
- 27. Constructor
- 30. Tact
- 33. Unnecessary
- 35. Belief system
- 37. Band booking
- 38. Smells
- 41. Genus of macaws
- 42. Grave marker
- 45. Garnishes
- 48. Worn away
- 51. Cloddish
- 52. Sky-blue
- 54. Adolescent
- 55. Victims of illnesses
- 59. A noble gas
- 62. Algonquian Indian

DOWN

- 63. Rowed
- 65. Hairdo
- 66. End \_\_\_\_
- 67. Clobbered
- 68. Vats
- 69. Catholic church service
- 70. Found in a cafeteria
- 71. If not
- 1. Gumbo
- 2. Rectum
- 3. Minstrel
- 4. Spire
- 5. American Dental Association
- 6. Mildew
- 7. Improvise
- 8. Hype
- 9. Watch closely
- 10. Sweeping story
- 11. Armored vehicle
- 12. Beers
- 15. Sysadmin
- 21. Walk in water
- 23. After-bath powder
- 25. Start over
- 27. Insects
- 28. Come together
- 29. Crimson
- 31. Having purpose
- 32. Masses of floating ice
- 34. Point
- 36. Short run
- 39. 16 1/2 feet
- 40. Smudge
- 43. Low leather step-in shoes
- 44. Axlike too
- 46. Urgent request
- 47. Go over again
- 49. European currency (plural)
- 50. Imagined
- 53. Mistake
- 55. Pond gunk
- 56. Constellation bear
- 57. Charges
- 58. Bristle
- 60. Spheres
- 61. Schnozzola
- 64. Former North African ruler



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# Antipasti Plate featuring Italian Olives

By Sandra Gahlinger

The ubiquitous bread and olive oil with balsamic and/or herbs that you see served in so many restaurants here in the states?? I enjoy it as much as the next person, but I never saw it anywhere in Italy...not once. (I did see someone ask for butter with their bread in Naples. The waiter walked off in a huff.) You only find butter used widely to cook in northern Italy, and I can say that I almost never saw an Italian sit at the table and eat bread by itself. In fact, in Tuscany, the bread is not salted – and therefore unpleasant to eat on its own. It's meant to be eaten only with food thus the lack of salt. Generally, bread in Italy is meant to go with food. It's not meant to be a “filler” before dinner. That said, there's nothing like a good piece of crusty bread with some olive oil. Simple, delicious.

Olive oil is great for your health. We've all heard that by now. What's wonderful is that there's such a wide variety of olives and oils available. Many grocery stores now feature an olive bar. (Food Lion on the beach has one and so does Harris Teeter.) I was excited to see that Wal-Mart carries Mezzetta Castelvetro olive. These are the kind that were commonly found in the Campagna region where we lived. It's a green olive served with the pit still inside, and while most people I've introduced them to have liked them, they can be an acquired taste. They're meaty and not so briny/salty...very authentic and makes me feel like I'm back in Napoli.

(FYI: To eat a pitted olive at the table, put the whole olive in your mouth and spit the pit into your spoon. Then, place the pit on the side of your plate – unless you have a small bowl for pits. You can use small ramekins for this purpose.)



## Simple Antipasti Plate:

- Jar (or two) of Mezzetta Castelvetro olives
- Prosciutto and/or salamis (check LIDL for a great selection...estimate 2 slices of prosciutto per person)
- Good Extra-Virgin olive oil (Beaufort Olive Oil Company has an amazing selection that you can try first)
- Aged Balsamic or balsamic glaze
- Crusty loaf of bread (the pane di casa from Harris Teeter is my favorite, but a simple baguette works fine, too...as does your bread machine)
- Aged Parmesan or provola...an aged/sharp white cheddar works well, too (Find a place where you can try the cheese to discover what you like. Sugarbush Farms in Vermont has an aged cheddar with similar qualities of a good, aged Parmesan, like salt crystals. You can find them online.)

You can put this all out on platter(s) and let people serve themselves, or you can plate it for each person and set the plates at each person's place. Again, two slices of prosciutto per person, a bit of cheese (these cheeses are STRONG and don't require a lot), approximately 5 or so olives, and a slice of bread on each plate. Place the oil, vinegar and rest of the sliced bread on the table so that people can serve these themselves.

And for wine?? I'm going to tell you to drink what you like, but here's a general rule of thumb that I learned from a local chef, Thomas Hosley, while I was taking culinary classes at CCC. He said, “If it grows together, it goes together”...and I've found that to be very true. If you stick to that rule, you'll be okay, and if you're lucky enough to be in a wine growing region, you can get away with some great wines at minimal cost by drinking local. If you're in Italy, they're going to be serving what's local anyway for the “vino di casa” which is why it's so inexpensive and always works with the food. Ahhhh, maybe one day we'll see this bit of culture seep into our practice here in this country...one can hope.

As for how to know if it's good wine – or not? Here's what an Italian at a wine making course told us: “The food calls for the wine, the wine calls for the food.” That's how you know it's good. Again, I think there's too much “hoo haa” over wine in our country. I abhor “attitude” with my food. It's all about what you like and prefer. So, explore and enjoy!



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