

## Congratulations 2019 Graduates!

### Aiveen Walker

Aiveen Walker is a 2019 graduate of West Carteret High School. She has been involved with many programs while at High School, including President of the school's "Youth and Government" Club. Aiveen will be attending UNC Charlotte to study political science in the hopes of earning a law degree. Aiveen has been involved with Carteret Community Theatre and was a cast member of Rent and Grease. Aiveen has been a resident of Brandywine for over 8 years, along with her mom, Noreen Barrett and her sister Ena Walker.



### Grayson Watson

Hello, my name is Grayson Watson. I recently graduated from West Carteret High School and will be continuing my education at East Carolina University, where I will be majoring in Construction Management. At WCHS, I had the opportunity of playing for the men's soccer team. This past year I have started working at the Brandywine Bay Golf Course where I am a cart boy. I have enjoyed growing up in Brandywine, but can't wait to begin my new journey in life in Greenville. Thank you all for being wonderful neighbors and supporting my family and me over the years!

### Stone Watson

Hi neighbors! My name is Stone Watson and I have lived in Brandywine for all 18 years of my existence on earth. A few weeks ago, I graduated from West Carteret High School with Magna Cum Laude honors based off of my final GPA. My senior year, I had the pleasure of serving WCHS and the community as the Student Body President where I was the voice of my peers when meeting with Board of Education members, WCHS Administration, and faculty members. During my career at WCHS, I also had the pleasure of serving the award winning Marching Patriots as the Drum Major for the past three years. Serving in both of these leadership positions



has taught me many valuable skills and has allowed me to create friendships that will last a lifetime. To cope with the stress of Band and Student Government, I also ran Cross Country and Track for WCHS. My senior cross country season did not go as well as previous years due to Hurricane Florence and my health issues. Fortunately, I got back in shape and worked hard to become part of the 4x800 relay team for track season where we were Regional Champions and placed in the top 10 at the State Meet. Also, in the fall of my senior year it was an honor to be voted the 2018 Homecoming King by all my peers. During my junior and senior years, I had the opportunity to take classes through the North Carolina School of Science and Mathematics Online, where I received a concentration in Human and Health Sciences. High School was an amazing experience for me and I enjoyed every minute of it, but I can't wait to see what the future has in store for me outside of Carteret County where I can explore more opportunities. In the fall, I will be attending the University of North Carolina at Chapel Hill and plan on majoring in Political Science and Public Policy. I am so happy that my parents decided to live in Brandywine because it has showed me the real meaning of community. I will miss seeing this beautiful neighborhood every day and everyone's friendly faces, but the opportunities outside of these gates are overwhelming. Thank you to all the neighbors who have supported me and my family over the years, and yes, I will be back regularly to visit and get my mother to wash my clothes! I hope everyone has a great summer!

## How might we implement a BOA Hurricane Response Team?

The BOA Board had a discussion at their June meeting about an idea from the previous Board to create a Hurricane Response Team. See inside for the details - and how to provide your input.

See page 5



### No Trespassing on the Golf Course, Please!

BBGC is private property, 24/7.  
 Tell your kids, too!

The golf course is for paying golf customers only.  
**Neighborhood residents are not to enter the golf course property for other activities.**  
 NO walking, biking, frisbee, golf cart cruising, etc.

# ROCK STEADY BOXING at SPORTS CENTER of MOREHEAD



By Alana Counts

In 2017, the Morehead City Parkinson's Disease Support Group, with cooperation from the Sports Center, requested funds from the National Parkinson's Foundation to help launch our local Rock Steady Boxing Program. Since inception, the Sports Center's Affiliate Program has served numerous Parkinson's patients and their families.

Rock Steady Boxing is a unique exercise program based on training used by boxing pros and adapted to people with Parkinson's disease. The program involves regular exercises, such as stretching, bicycling, running, jumping rope, push-ups, balancing and lots of non-contact boxing, led by experienced trainers/coaches. Rock Steady Boxing serves both men and women of all ages and levels of ability.

The Rock Steady Boxing Method was developed in Indianapolis over the course of seven years. In 2012, the training was launched to share the Rock Steady Boxing Method with other people who are fighting back against Parkinson's. Today, there are over 700 Rock Steady Boxing affiliate programs around the world, initiated by certified Rock Steady Boxing "Coaches." All completed the requirements of Rock Steady Boxing and have been officially certified.

"This program is more than just boxing. It's an opportunity for people to support and encourage one another, all the while fighting Parkinson's disease," said Alana Counts, who has successfully completed the Rock Steady Boxing Certification Training. "We offer classes Tuesdays and Thursday and hope to expand as needed."

We welcome anyone to come out to volunteer, and/or observe what we are doing during class, and we encourage you to share this information with your friends and family.

For more information go to [www.rocksteady.org](http://www.rocksteady.org)

Or to inquire about our classes at The Sports Center call 252-726-7070

[www.sportscentermorehead.com](http://www.sportscentermorehead.com)



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For more info, contact a BOA Board member

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**MONICA SELLARS**

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[editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com)

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## BOA BOARD OF DIRECTORS

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www.brandywineowners.org

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– **Ann Webster** 252-646-5586 • brandywinewelcome@gmail.com

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## COMMUNITY EMERGENCY NUMBERS

Sheriff Deputy Request 252-726-1911

Sheriff's Business Office 252-728-8400

Progress Energy 800-452-2777

Street Light Outage 800-419-6356

Carolina Water 800-525-7990

Animal Control 252-728-8585

NC Highway Patrol 800-411-6127

Mosquito Control 252-504-2107



## Changes to the 2019 Brandywine Directory

**New to the neighborhood?** Contact Ann Webster to get your welcome packet and set up your gate access code with your phone number.

**Need a new gate entry device?** Contact Ann Webster to purchase a new gate entry card or clicker.

Ann Webster | 252-646-5586 | brandywinewelcome@gmail.com

**Moving away?** Please give your gate cards to the next owner.

### DIRECTORY CHANGES

Sandy Bell ..... 252-342-7716 ..... 201 Brandywine Blvd.  
Ed Merman ..... 631-672-5206 ..... 217 Carefree Lane  
Andy and Sue Le ..... 607-821-8649 ..... 312 Lord Grandville Dr.  
Trey and Susan Parker ..... 252-506-2359 ..... 412 Hillcrest Dr.  
Todd and Zachary Fasking ... 252-725-5653 ..... 821 Lord Granville Dr.  
Nicholas Thames/Anne Wood.....252-207-9391... 531A Village Green Dr.



# Pet Corner



## PetDocks Sago Palm Poisoning

By Dr. Todd Worrell

The Sago Palm enhances outdoor landscapes and serves as indoor decor in many homes. They are readily available in small nurseries or in the garden sections of large home improvement stores. Unfortunately, these plants can be deadly to our dogs and cats.

All parts of the Sago Palm are poisonous, but the seeds are the most toxic to pets and are easier for them to eat than the prickly fronds. The toxin attacks the liver causing a broad range of symptoms. The degree of liver failure determines the severity of the symptoms. Regardless of age or health status of an animal, ingestion of any part of a Sago Palm is dangerous to pets.

The toxin works quickly, causing symptoms in as little as 15 minutes. It is critical to seek help when you first suspect your dog or cat consumed Sago Palm. The toxin irritates the gastrointestinal tract, so drooling, vomiting, and diarrhea may be the first signs of poisoning. Your pet may refuse to eat. These GI signs may seem minor, but if untreated, liver failure will occur. When the liver is damaged, other organ systems and bodily functions are affected. Other symptoms of Sago Palm toxicity include:

- Blood in feces
- Nose bleeds / bruising
- Lethargy
- Yellow coloration of skin and gums
- Accumulation of fluid in the abdomen
- Abdominal pain
- Increased thirst and urination
- Neurological signs (depression, circling, paralysis, seizures, coma)

There is no easy or simple way to diagnose Sago Palm toxicity. There is no test to identify the toxin in the blood and no specific liver evaluation that points to palm ingestion. The potential for exposure is an important piece of the puzzle, so tell your veterinarian which plants you have in your home or yard. Be observant when walking your dog and take note of any vegetation he investigates along the route.

Rapid treatment is essential to successful treatment. If you know or even suspect your pet consumed Sago Palm, call your veterinarian or pet emergency clinic immediately. This is an emergent situation, and every minute counts.

Since there is no specific antidote for Sago Palm toxins, supportive care is a pet's best hope for survival.

As with all poisoning cases, early detection and treatment increases the rate of success. With emergency treatment, many dogs and cats make a full recovery. Therapy to clear the body of toxins, ameliorate symptoms, and support liver function may involve extended hospital stays.

Unfortunately, even with aggressive treatment, not all pets survive Sago Palm ingestion. Estimated mortality rates range from 3% to 50%. In our area, intoxication occurs year round. The only sure way to prevent Sago Palm poisoning is to keep pets away from the plant altogether, which may mean forgoing keeping Sago Palms as houseplants.

## BOA Board Minutes: BOA General Board Meeting, June 17<sup>th</sup>, 2019 Cedarwood Village Clubhouse

This board meeting was called to order at 7:00 PM to 8:30 PM. Board members present were, Andy Haines, Rachel Love-Adrick, Sandra Gahlinger, Tommy Ramirez and Peter Ferrin.

Sandra put forth a motion to accept the minutes as written from the May 19th, 2019 meeting, Andy seconded the motion and all approved.

**Treasurer' Report:** To date, there are 17 properties with outstanding HOA dues, letters have been sent to the owners. Reviewed account funds. Discussed the possibility of moving some road funds into our Certificate of Deposit. New board members signed banks paperwork for check signing authorization.

**Secretary's Report:** None

**Old Business:**

- 1.) Hwy 70 entrance – Tree stump and broken limb removal completed. No further work planned at this time.
- 2.) New By-Laws were approved, lawyers will review.

**New Business:**

- 1.) Assessment Implementation – A mailing will be sent out by 15 July 2019 regarding the \$365.00 assessment that will be due on or before October 15th, 2019. This payment can be made in a single payment of \$365.00 or three (3) payments of \$121.67. There will be a reminder of assessment payment in the September, 2019 issue of Sound Waves.

Hurricane Team Proposal – The board will be looking into trying to arrange a contract in advance with a company or companies for debris removal in the event of another storm. We also discussed trying to arrange a volunteer hurricane response team to help coordinate response efforts throughout the neighborhood.

**Committee Reports:**

- 1.) ACC – Pat Tyson has volunteered to help out with ACC work
    - a. 12 Brandywine Blvd. Re-open filled in pool
    - b. 809 Broadmoor Ct Install Solar Panels
  - 2.) Beautification – plantings complete at both entrances.
  - 3.) Drainage - Installation of new larger culverts under Brandywine Blvd. complete. Completed phase one of weed control spraying in drainage ditches to improve water flow.
  - 4.) Gates – the pedestal on Hwy 24 gate has been fixed. Gates will remain open until 10:00 PM on Tuesdays and Saturdays, for evening entertainment at the K-Club.
  - 5.) Cameras -power has been restored to the Highway 24 gate camera. We are looking at possibly upgrading 3 license plate cameras.
  - 6.) Boat Storage - OK.
  - 7.) Recreational Area – Sara Ramirez has volunteered to head this.
- Other:
- 1.) Next board meeting is scheduled for July 15th, 2019
- This meeting adjourned at 8:30 PM.

### WILLS, TRUSTS, ESTATE PLANNING & ASSET PROTECTION



*Jane Gordon,*  
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# The Idea: A BOA Hurricane Response Team

by Sandra Gahlinger

The BOA Board had a discussion at their June meeting about an idea from the previous Board to create a Hurricane Response Team. See below for the details - and how to provide your input.

**How:** Break the neighborhood into small sections and have one person in each section responsible for reporting damage, coordinating contactor work, monitoring compliance with cleanup guidelines, etc., in coordination with the Board. We currently have street reps and are perhaps looking to coordinate with/through them. This is open to discussion. (If you look inside the Brandywine Directory, there's a map of the neighborhood broken down into sections. This would be broken down into smaller sections.)

**Why:** Last hurricane season was rough. It was the worst most of us have seen. There were a lot of lessons learned from last season. The previous Board did a wonderful job, but it was a lot of work and coordination for just a couple of people. The Board is looking to streamline in case it happens again and assure that one person (or two) is not covering the entirety of Brandywine - to that end, the Board is looking at securing contractors ahead of time. The goal is to create more ease and grace during a difficult time.

**What's Needed:** Input, ideas, expertise, volunteers.

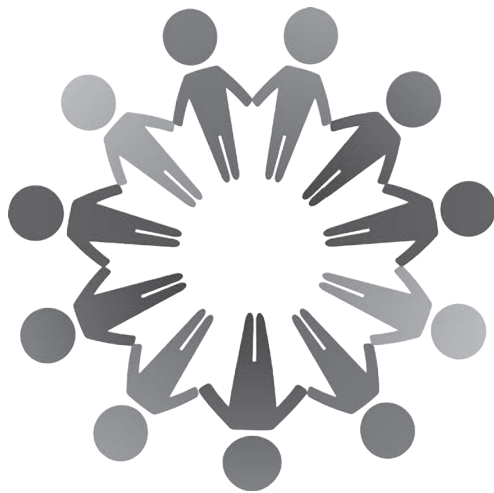
**Point Person:** Someone willing to be the central point person.

**Street/Section Volunteers:** People willing to be the point person in their section (whatever that may be) and report damage/progress to the Board.

**Expertise:** We'd love to have people with great organization/admin skills, people with eagle eyes, people who are good under pressure, people with logistics experience...people with a heart to help. (Looking at you!)

**Input/Ideas:** See below for how and where to send your ideas. Please focus on the "How To's" and "How We Can's" in your responses.

**Input and Ideas:** Please send input ideas - and the desire to volunteer - to Sandra Gahlinger at: sandragahlinger@gmail.com with the headline HURRICANE.



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# A Different Beach Vacation

By Monica Sellars

The criteria for our vacation this year was “somewhere we’ve never been.” Also, we wanted to go to a Kenny Chesney concert (No Shoes Nation, anyone!). That’s how we ended up on vacation at a beach in Alabama!

We flew into Pensacola, and since we had a few hours before our hotel check-in, we decided to visit the Pensacola lighthouse, which is located at Naval Air Station Pensacola. As luck would have it, this was a day when the Blue Angels were practicing, so we were treated to an air show as they performed maneuvers over the lighthouse and nearby beach. We also learned that if you plan ahead, you can purchase a ticket to watch the practice from the top of the lighthouse, which would certainly be an intense experience. Before we left, we climbed the lighthouse to check out the view and bought souvenirs from the gift shop.

Our rented condo was located on Perdido Key, which is a barrier island between Pensacola, FL and Orange Beach, AL, with the state line crossing through the island. Beside our condo, which was on the Alabama side, was the Flora-Bama – a large oceanfront live music venue, bar, and restaurant with loads of character. The Flora-Bama is on the Florida side of the state line, and it’s the main attraction in the area.

Our visit coincided with the annual Mullet Toss Festival at the Flora-Bama. This is a three-day charity fundraiser where participants throw a frozen fish down the beach, and each throw is measured to see who threw their fish the farthest. The event organizers have the throwing area roped off, and specta-

(Continued on page 7)



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# ALL ABOARD!

By Andy Haines

As reported in the last issue of Sound Waves, the proposed BOA assessment passed by community vote at the May 19th community meeting. The new BOA Board met a few weeks ago to discuss how to implement this assessment, and here is what we decided on:

The assessment is going to be \$365 per property. Initial notices for this assessment will be mailed out in early July, with the intention of having them arrive in everyone's mailbox by mid-July. Full payment on this assessment will be due by October 15th, and property owners will have the option of paying in one lump sum, or paying in three separate installments of \$121.67. If you have any questions, please feel free to reach out to anyone on the Board any time, and we'll do what we can to help you out.

Also, hurricane season is back upon us, and the Board is working to have the community prepared in the event that another unwelcome visitor makes its way to the East Coast. We are currently exploring the feasibility of contracting in advance with one or more companies for hurricane cleanup, and we will keep everyone apprised of what we learn. Also, please check out the article from Sandra in this issue of Sound Waves discussing a volunteer "Hurricane Response Team" initiative that we would like to try and implement in the near future.

Lastly, I would like to reiterate the call for new volunteers, which has become a regular part of this column. In addition to the Hurricane Response Team mentioned above, we continue to look for volunteers to serve on all of the committees that keep our neighborhood operating so smoothly on a daily basis. Thanks to those of you who have recently stepped up to take on roles within the community, and thanks also to those who have been serving in some capacity for a while now. You guys don't get nearly the credit you deserve for the work that you do each day!

**A Different Beach Vacation...** continued from page 6  
tors line the perimeter with beach chairs to watch (and duck when someone accidentally throws a fish out of bounds). The emcees provided humor along with the play-by-play. Vendors were set up in tents on the beach, offering food, drinks, and merchandise. Music played all day long on three stages inside the Flora-Bama and outside on the beach.

The Kenny Chesney concert we attended was held at The Wharf, about 30 minutes down the road from our condo. The Wharf is a destination all its own, with a very nice outdoor amphitheater, as well as a hotel, a marina, shops, entertainment, and restaurants. We arrived well before the concert so we could eat dinner first, and we caught the tail end of a classic car show. We ate the best steak tacos of our life and then walked to the amphitheater to wait for the gates to open – we didn't want to miss a minute of the show, and it was fantastic!



We enjoyed the soft, white sand and the clear, calm water of the Alabama coast. The weather was beautiful. We met nice people. It was a different beach, and we had a great time!

Did you take an interesting vacation? We'd love to share your stories and photos in Sound Waves!  
Send to [editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com)

## Stop for Safety

Drivers and Pedestrians: Please use extra caution at the entrance to the neighborhood at Hwy 70. This is a busy intersection with limited visibility. Be on the lookout for cars, motorcycles, bicycles, golf carts, walkers, joggers, and landscapers. Approach slowly, stop, look both ways, and then proceed carefully. We want everyone to be safe as we all share the roads of Brandywine!



CYAN MAGENTA YELLOW BLACK

## In Memoriam

Virginia Thrasher...June 5, 2019

Warren Vaughan...June 14, 2019



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# LGA News

By Susie Garland

May 23: Low Net. On this day, there were 9 players competing. Kudos to Angela Zieleck who shot an 80 gross. Outstanding! And so, Angela took low net with a 59. In second place, Mickey Friend had a 66 net. With a 68 net, Brenda Leinthall came in third. Nice going, girls. You done good!

May 30: Score Par #4 only. There were five players competing on a very hot day, but we managed to complete the round. Using one-half handicap, and entering scores for par #4 only, here are the results. With a net 36, Loretta Beaulieu took third place. Bernie Moreno netted out to a 34 for second place. The winner, with a net 33: Pat Barber. Way to go, girls!

June 6: ACE OF THE MONTH. We had 11 players participating for June Ace. Low putts were added to the competition with Brenda Leinthall and Alisa Burr tying for second low putts with 31. First place, with 30 putts: Mickey Friend. For low net results: Third place with a net 69: Anne Lynes. Second place, with a net score of 63: Nelda Kessler. Ra-ta-ta-Ra-ta-ta-Ra-ta-ta to the winningest member of late, netting out to a 62—our newly crowned June Ace: Loretta Beaulieu. The 50-50 draw was won by Anne Lynes with \$5.50 more going into her purse.



June 13: Par #3 and Par #5. We had seven players competing in this tournament where we added up the scores for par 3's and par 5's only. AND we could only play the back 9 (twice) as they were aerating the front. Using one-half handicap, here are the results. Third place tie, with a net 52: Brenda Leinthall and Janice Ghelli. Second place, with net 50: Nancy Bullett. And the winner, with a net 49: Mickey Friend.



June 20: Chairman's Cup: Day #1. Today was day #1 of our second major tournament of the year, the Chairman's Cup, with 7 players competing in this low net format. Results for the first day: In third place, with a 65 net, there was a tie between Nancy Bullett and Nelda Kessler. With a Net 62, Myra Roche came in second. Kudos to Brenda Leinthall, our tournament "chairman," who came in first with a 61 net. Celebrating Brenda's birdie is the "terrific three-some": Myra, Nelda, and Brenda. Tweet-tweet. Stay tuned in the next edition for the results of day #2 and who is crowned the winner of this two-day tournament.



By Susie Garland

June 10-11: Thirty-nine ladies competed in the Crystal Coast league for prizes in the two-day final event at Cypress Landing, including six of our members, each winning kudos for their efforts. Congratulations, BBLGA, for your outstanding victory.

Here are the winners from Brandywine:

### Third flight

5th net: Loretta Beaulieu

2nd net: Anne Lynes

4th gross: Pat Barber

1st gross: Brenda Leinthall

### Second flight

3rd gross: Mickey Friend. Mickey also got closest to the pin prize.

1st gross: Nancy Bullett

## 9-Hole Mixed League

By Lenna Easter

In June, we played a rousing game of "Even Holes Only," won by Bill Gilbert, and then Marilyn Ryder starred in winning N.O.S.E. with a score of "26" on the back nine. What is NOSE, you ask? Scores for those holes that begin with those letters (nine, one, seven, etc.) are counted in the final tally. Sounds like fun? It is!!

The Freedom Tournament will be held during two consecutive weeks in July. This event was started by Mary Clay as an incentive to play in the summer heat! A plaque and attractive bowl are awarded to the winner for the 18-hole event. Lenna Easter is currently displaying the trophy.

Come and join us for nine holes on any Tuesday morning. All players are welcome.



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Brandywine:

### Bridges Street Extension

<http://ncdot.publicinput.com/1983>

### Future Interstate 42

<https://www.interstate-guide.com/i-042/>



# MGA Happenings

By Vince Moreno

The game today was Low Gross Low Net. The Low Gross winners were Chuck Muller / Ken Ghelli / Joe Kirk / Coasty Cornwall. Low Net winners were Tom Grady / James Whitfield / Mark Roche / Richie Leinthall. The closest to the pin winners were Coasty Cornwall and Nick Viglianese.

The highlight of the day was when I was awarded a certificate of appreciation with a watch and ball markers with a cash award. I was very surprised and honored for the recognition I received. I thank the membership for their generosity and friendship.



Low Gross Winners



Low Net Winners



Closest to the Pin Winners



Vince Moreno Honored



Vince's Appreciation Award



General Manager Steve Sewell and Tournament Chairman Ken Ghelli

CYAN MAGENTA YELLOW BLACK

# HOME & HOME at Brandywine Bay Golf Club

By Susie Garland

June 18: Five area golf clubs, with a total of 20 players, (six from Brandywine), participated in the Home & Home tournament hosted by Brandywine Bay Golf Club. This is a blitz point tournament where points are earned towards your quota by making bogey or better on par 3's and 4's, and double bogey on par 5's. Of course, birdies count, too. A special thanks to Mickey Friend, Home & Home Chairman, for putting it all together. Great job, and we are very appreciative of your fine effort in coordinating this fun event. Thanks, also, to Steve Sewell for preparing the scorecards and tallying up the scores. Muchly appreciated. Yeah to Brandywine who beat out the other four clubs with a team score of 8.6. The below picture of "team ranking" shows the results.

Club	Player	Score	Rank
BRANDYWINE BAY	Mickey Friend	+2	1st
	Alisa Burr	+7	2nd
	Janice Ghelli	+11	3rd
	Nancy Bullett	+12	4th
	Brenda Leinthall	+15	5th
TEAM AVERAGE		8.6	1st TEAM WINNER
BEAUFORT CLUB	Shirley Glenn	+5	1st
	Margie Trimbler	+10	2nd
	Ann O'Connor	+10	3rd
TEAM AVERAGE		-7.75	2ND TEAM
MINNESOTA	Det Lord	+5	1st
	Sheril Davidson	+6	2nd
	Brenda Jones	+10	3rd
TEAM AVERAGE		+7	3RD TEAM
STAR HILL	Sam Danner	+6	1st
	Theresa Act	+4	2nd
TEAM AVERAGE		+5	4TH TEAM
CRYSTAL COAST COUNTRY CLUB	Esther Jones	8	1st
	Bob Carter	+5	2nd
	Susan Griffin	+6	3rd
	Bernie Adams	+7	4th
	Susan Thrift	+4	5th
TEAM AVERAGE		+4.8	5TH TEAM

Congratulations to first, second, and third place winners, each receiving golf balls for their ranking. In third place, with a +11: Janice Ghelli. With a +12, Nancy Bullett came in second. And ra-ta-ta-ra-ta-ta-ta-ta to first place winner with a +15: Brenda Leinthall. Yowsa, you all done really good. In the picture below are the Brandywine participants. From left to right: Bernie Moreno, Alisa Burr, Brenda Leinthall, Mickey Friend, Nancy Bullett, Janice Ghelli.



# 20th Annual Purple Heart Golf Tournament

By Susie Garland

On June 1, Brandywine Bay hosted one of the premier events of the season, the Purple Heart golf tournament. The tournament was sold out with 33 teams competing for the top spot. But most importantly, the event will generate money for scholarships and endowments. To date over \$144,000 dollars has been raised and distributed. Many members of the LGA came in on the winning side and I am delighted and proud to announce their accomplishments. In third place were LGA members (left to right): Alisa Burr, Mickey Friend, Bernie Moreno, and Nancy Bullett. Nancy also won closest to the pin and closest to the line for the ladies.



Second place winners (left to right): Anne Lynes, Rosie Angel, Loretta Beaulieu, and Janiece Wall.



And the winning team (left to right): Donna Stompf, Bill Stompf, Jean Hunsinger, and Christine Bryk. Congratulations and kudos for your outstanding achievement.



**We're looking for the next  
Pet of the Month!**  
Send your pet's photo and story to  
[editor.soundwaves@gmail.com!](mailto:editor.soundwaves@gmail.com)

# Composition of of Interiors

By Mat Madsen

My previous art subjects will be involved within this month's subject and pointed out in **Bold print**.

When planning an **Interior**, you should think about the basic character of the composition. Include only those items that relate to the scene. Consider the location of the room and create furniture and items that relate to the room. Is the room in a home, office, restaurant or bar? Are there people present?

If you want to add people or pets in the setting, remember to provide the proper **Proportion** to each figure in the composition. Use your reference library for ideas, and photos of the places you visit.

Always apply **Perspective** to provide depth to the interior. Is there a window in the background, and can you apply a feature to accent it, without distracting from the overall composition?

Interiors should be viewed from a given point, and the **Mood** can be selected to enhance the appearance of the room with color, the type of lighting. Is the mood serious or light hearted?

Composing an interior doesn't mean that you have to include everything present to make it interesting. Select only those items necessary to describe your thoughts, to the composition you are creating.

Be aware that all things in a room, be it furniture, doors, windows, and people, need to be in the proper scale to each other. Can a person fit through the door?

While constructing your interior, think of the angle of your view into the room. Are you looking straight into the room at eye level, or are looking down into the room? You could also be looking up into the room.

When you plan the interior, consider the type of lighting within the room, and the light from outside the room. Be sure that these two light features are compatible with each other.

Remember that the whole idea of interior composition is to make it interesting, and not cluttered or distracting. Everything you add to your interior should be considered for its **Value** and **Balance**.

Any questions? You can call me at 252-414-2545 or visit my home Art Gallery at 204 Lord Granville Drive.

My Art Subject for August, 2019 will be "Advanced Line Drawing."

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# What We Know Now After the Storm

Presented by Greg Patterson and James Allen Canady

Life insurance has come a long way since the days when it was known as burial insurance and used mainly to pay for funeral expenses. Today, life insurance is a crucial part of many estate plans. You can use it to leave much-needed income to your survivors, provide for your children's education, pay off your mortgage, and simplify the transfer of assets. Life insurance can also be used to replace wealth lost due to the expenses and taxes that may follow your death, and to make gifts to charity at relatively little cost to you.

To illustrate how life insurance can help you plan your estate wisely, let's compare what happened upon the death of two friends: Frank, who bought life insurance, and Dave, who did not. (Please note that these illustrations are hypothetical.)

## Life insurance can protect your survivors financially by replacing your lost income

Frank bought life insurance to help ensure that his survivors wouldn't suffer financially when he died. When Frank died and his paycheck stopped coming in, his family had enough money to maintain their lifestyle and live comfortably for years to come.

And since Frank's life insurance proceeds were available very quickly, his family had cash to meet their short-term financial needs. Life insurance proceeds left to a named beneficiary don't pass through the process of probate, so Frank's family didn't have to wait until his estate was settled to get the money they needed to pay bills.

But Dave didn't buy life insurance, so his family wasn't so lucky. Even though Dave left his assets to his family in his will, those assets couldn't be distributed until after the probate of his estate was complete. Since probate typically takes six months or longer, Dave's survivors had none of the financial flexibility that a life insurance policy would have provided in the difficult time following his death.

## Life insurance can replace wealth that is lost due to expenses and taxes

Frank planned ahead and bought enough life insurance to cover the potential costs of settling his estate, including taxes, fees, and other debts that his estate would have to pay. By comparison, these expenses took a big bite out of Dave's estate, which had to sell valuable assets to pay the taxes and expenses that arose as a result of his death.

## Life insurance lets you give to charity, while your estate enjoys an estate tax deduction

Using life insurance, Frank was able to leave a substantial gift to his favorite charity. Since gifts to charity are estate tax deductible, this gift was not subject to estate taxes when he died. Dave always dreamed of leaving money to his alma mater, but his family couldn't afford to give any money away when he died.

## Life insurance won't increase estate taxes — if you plan ahead

Before buying life insurance, Frank talked to his financial advisor, attorney and tax accountant about the potential tax consequences. They told him that if his estate was large enough, it could be subject to federal and state estate taxes, depending on the applicable law at the time of his death. Frank, his attorney, his accountant, and his financial advisor put a plan in place that would allow Frank's survivors to use his life insurance policy to help pay for some of the potential estate taxes that might be owed at his death.

## Be like Frank, not like Dave

Throughout his life, Dave worked hard to support his family. Frank did, too, but he went one step further — he bought life insurance to protect his family after his death. Make sure that you are considering the following related to life insurance in your own personal financial situation:

- Use life insurance to ensure that your family has access to cash to help them meet both their short-term and long-term financial needs
- Plan ahead — buy enough life insurance to cover the potential costs of settling your estate and to ensure that the assets you leave to your survivors aren't less than you intended
- Consider using life insurance to give to charity
- If you have a very large estate, consult your financial advisor, attorney, and accountant about income and estate tax consequences before purchasing life insurance

*This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.*

###

Greg Patterson and James Allen Canady are financial advisors located at Atlantic Wealth Management, 712 Bridges Street, Morehead City, NC 28557. They offer securities and advisory services as Registered Representatives and Investment Adviser Representatives of Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser. They can be reached at 252-515-7800 or at [greg@myatlanticwealth.com](mailto:greg@myatlanticwealth.com).

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# Septic Tank Pumps and the Sewer: More to Know

By Monica Sellars

This is a follow-up to my June story about septic tank pumps. After the story printed, I learned more information that I thought you would find helpful. Thank you to Brandywine resident John Grayson for contacting me about his septic pump replacement experience and motivating me to do some more research on the topic!

More than 90 homes in Brandywine Bay, including both the golf side and the sound side, have pump stations on the property. These systems are called “force main” systems because the wastewater is pumped to the sewer system. The property owner is responsible for the maintenance and repair of the equipment for these systems. There is an exception to the rule, though: four properties have pump stations that are maintained by Carolina Water. (This was negotiated by the property owners at the time the systems were installed.) I received a spreadsheet from Eddie Baldwin, Carolina Water representative, which lists the current properties with force main systems. These are the streets with homes included on the list:

- Brandywine Bay Drive
- Core Drive
- Core Drive West
- Pine Bluff Drive
- Fairway Drive East
- Fairway Court
- Fairway Drive West
- Oak Drive
- Elm Circle
- Beechwood Drive
- Eastchester Drive
- Westchester Drive
- Lord Granville Drive

I have provided this spreadsheet to the Presidents of the BBA and BOA, so if you would like a copy of the list, please contact me or your board President.

I also asked Mr. Baldwin for a second opinion, I suppose, on tank maintenance. He said that he did not think it was necessary to have the tank cleaned as routine maintenance, but it is a good idea to check on your pump every few years. You can open the lid of your tank to inspect it and turn on the pump to manual mode briefly to ensure it turns on. You can always call the phone number on the inside of the control box for support.

The rest of the homes in the neighborhood use a gravity-fed system, which means no mechanical pump is needed to move the wastewater from the home to the sewer. The only maintenance issue that these properties may have is when a clog develops between the house and the connection to the sewer at the road. Property owners are responsible for clearing clogs in the pipe on their property; Carolina Water maintains the pipes beyond the home connection, under the streets.

If you'd like to contact the Brandywine Bay experts at Carolina Water, go to <https://thebrandywinebay.com/>. Submit your inquiry on the Contact page; provide your phone number if you would like to receive a call back. When I did this, I received a very quick and helpful response.

# Alzheimer's Observations 6/5/19

By Susie Garland

Alzheimer's disease is a progressive disorder that causes brain cells to waste away (degenerate) and die. Alzheimer's is the most common cause of dementia — a continuous decline in thinking, behavioral and social skills that disrupts a person's ability to function independently. The early signs of the disease may be forgetting recent events or conversations. As the disease progresses, a person with Alzheimer's disease will develop severe memory impairment and lose the ability to carry out everyday tasks. Alzheimer's and other dementias can cause people to act in different and unpredictable ways. Some individuals become anxious or aggressive. Others repeat certain questions or gestures and become anxious or agitated for various reasons. Many misinterpret what they hear. In my research, I also learned that it's important to understand that the person is not trying to be difficult; the behavior can be a form of communication.

Today, I accompanied Pudgy Groben to visit her husband, Dick, at a facility that houses patients with this debilitating disease. My initial observation was one of sadness and hopelessness, knowing there is no cure for this devastating disorder. We first went into the dining area as lunch was about to be served. About 95% of the patients were in wheelchairs; some sleeping in their chairs or at the table; others staring into space, while there were others jabbering in low tones about things that made no sense. Some wore unmatched shoes, clothing on backwards, and disheveled. Dick seemed to be in good humor, smiling and laughing a few times. At what? Who knows? Communication was difficult. He was an avid golfer and member of the MGA for many years, and I am sure many of his companions would be interested to hear how he is adjusting. At this juncture, Dick seems to be doing as well as can be expected. He has his own room with all the necessities as carefully arranged by Pudgy.

While I try to exhibit humor in most of the stories I write, this, of course, was extremely difficult to do as I jot down my thoughts. But there was one comical incident that happened that I'll describe. Pudgy and I had stopped off at Arby's to get one of Dick's favorite sandwiches to bring to the facility for his lunch. I got a salad for myself. With the food wrapped, off we drove to New Bern. We left the packaged goodies on the table while waiting for the patient meals to be served and went back to the car to get some of Dick's clothing and other necessities that Pudgy wrapped and packed. When we returned, one of the patients at our table somehow unwrapped the package that contained my salad, took off the sealed top, and was happily eating “my” lunch. The utensils remained in the bag, so she was fingering the lettuce and other vegetables and steering the food into her mouth with her hands. “Glad she's enjoying her lunch,” I chirped and told the aide, “Well, since she's eating MY lunch, you can serve me HER lunch.” I took the fork out of the bag, put it into the lady's hand, and watched as she happily devoured the salad with a fork this time. Everyone ate very slowly, picked at the food or pushed it aside, then reached for the next item. I surmised that they might be finished when it was time for dinner, prompting me to finish with a rhyme:

Pray for them for they were once like us  
Be aware of their dilemma ... don't make a fuss  
Just remember that they need you now  
Though they can't express in words just how

# A Canine's Tail and a Promise Made

Bart Sheard

It was well over a decade ago that this Canine Tale really began. After moving to an ocean community in North Carolina during retirement, my wife Charlotte and I took the county EMT course and served as volunteer EMTs in Pine Knoll Shores, N.C. It was an exciting and fulfilling time, but after five years we knew it was prudent to leave the job of rescuing to younger people. After our second retirement, this time from the EMT Rescue Squad, we were almost content and almost busy. I played tennis and served on several community committees, and Charlotte was active in The Crystal Coast Quilters



July 2013, Brandywine, nine months after we adopted our dog Beau

Guild and served a term as president. We moved to Hammock Place in Brandywine in the year 2000. After settling in, but not being busy, there seemed to be a missing element, almost busy was not enough. During an evening discussion, looking for insight and answers as to what was the missing element, we suddenly had an inspiration, one that had been lurking in the backs of our minds. Let's get a dog again! We were always reluctant to get a dog during retirement because it's an added responsibility and tends to tie you down. However, we learned that to be free of responsibility creates its own problems. Sometimes people refer to this as a feeling of ennui, or a lack of interest in things, we needed something extra. Now with less responsibility and childless, with our three adult children located in three different states, we realized self-involvement was not the road to contentment. We both missed that added responsibility and quite frankly, we needed the warmth of doggie companionship.

We took the plunge and adopted a rescue dog from the Carteret County Humane Society, a four month old black puppy of unknown origin. Although she was a mixed breed, she looked like a Golden Retriever dyed black; but to many she resembled a Flat Coated Retriever, so that became her identity. She was gorgeous and we named her Ebony for her shiny jet black hair. We had, however, forgotten the time and energy required to rear a puppy with all its mischievousness, almost as tough as the terrible twos. We survived

the training ordeal and were rewarded with an obedient and loving dog who provided us with our needed companionship. As we walked a mile down the road with Ebony every morning, neighbors and passersby often stopped to say hello to Ebony and Charlotte and me. Several commented that they could mark the exact time of day when we passed their house. We spent nine enjoyable years with Ebony and we passed our seventy eighth birthdays. As we grew older, so too did Ebony. She developed an incurable tumor and suffered great pain, and so it was with heavy hearts and in conjunction with veterinary consultation that we had her euthanized to take her out of her discomfort. I still vividly remember my wife Charlotte lying on the floor with Ebony to comfort her, and Ebony with her stout heart not whimpering but enduring silently. We shed tears and agonized over whether or not we had made the right decision in having her put away, but we knew in our hearts it was best.

But this Tale has only just begun! We said, "Let's make a monetary donation to The Humane Society and also donate some doggie materials like unused bags of food, a puppy cage, etc., as a token of good will in return for all the fun and enjoyment we've had with Ebony, it's the right thing to do." We traveled with nostalgia to the Humane Society, and as I got out of the car I said to Charlotte, "Let me just walk down one kennel aisle where the dogs are barking and have a fun look, only for the sake of curiosity. As I walked down the aisle, I suddenly called out to Charlotte, "You won't believe this, it's our same dog, it's Ebony!" Although he was a male and Ebony was a female, the likeness to each other was uncanny; you would think Ebony had been reincarnated. At our request they took him out of the Kennel to introduce him to us. His most obvious trait was his affectionate nature as he continually wagged his bushy tail at everyone in sight. Wimps that we are we said, "We'd like to adopt him." The next day was Veteran's Day and they said we're going to put this dog in the Veterans Day Parade because he's so friendly and his wagging tail will be a hit in The Parade. The volunteer at The Humane Society indicated that his name was BoBear, he was four years old and had lived with an owner who died and the children were not able to take care of him. We said we'd pick him up after The Parade, and so we did! On good advice we named him Beau, to fit both his personality and to use the same initial consonant in order that he would quickly respond to a new name. As we walked Beau each morning, many passersby thought we were walking Ebony.

The time is now December, 2018, and it has been six years since we adopted Beau and both Charlotte and I are in our eighties. We have been married for sixty one years in a very close relationship, and are showing some wear and tear. Both of us use canes. Charlotte has shown some worry of late, expressing uncertainty about the future and wondering who will care for Beau if something happens to us or if we have to go into Assisted Living? Charlotte has also been having stomach pains and I have called 911 on four different occasions to take her to the hospital emergency room. Our daughter Christina, sensing her mother's concern about Beau, has extracted a promise from our son Bradley, who lives in Ellicott City, Maryland, that he would adopt Beau if something happened to us. Charlotte was greatly relieved to hear this. I suspect Bradley always secretly wanted Beau, and he only smiles when I mention this. Charlotte was initially diagnosed as anemic on her first Emergency Room visit, and given a blood transfusion. Further examination revealed that a growth in the stomach was obstructing passage of food out of the stomach and could be cancerous, but before a biopsy could be performed, Charlotte developed pneumonia. Unfortunately, it progressed rapidly, preventing an immediate biopsy and operation. Charlotte passed away, with myself and our three children by her side, knowing that her husband and children loved her, and that her special Beau would be taken care of no matter what happens.

Continued on page 15

## A Canine's Tail ... continued from page 14

A promise made and a promise fulfilled. Each day as Bradley is traveling home from work, Beau the special dog he secretly wanted but didn't know it, has been dancing up and down and around, impatiently waiting for Bradley's return. It's a two way street, for as Bradley is traveling home, he is smiling with the same anticipation as Beau. I'm now living close to Bradley in an assisted living facility in Ellicott City, Maryland, only a few miles away. When I visit Bradley and his wife Theano, Beau treats me as an old friend, but it is clear that he understands who his new owners are; and that's how it should be. He's totally acclimated and everyone wins. It's sometimes said that only a dog owner knows the joy and personal fulfillment of owning a dog, but every day someone else is introduced to this special feeling. There are lots of reasons why people become attached to their dogs, reasons that range from unconditional love to the need to be needed, and several dozen other reasons in between; but when all is said and done, it can best be summed up in two words, companionship and intimacy. Now as I reflect on all the events that have taken place, the best part of this story is that Charlotte is somewhere up there smiling, knowing that her special Beau is in good hands.

## K-Club Dinner & Dancing 5-25-19

By Susie Garland

Nighttime fun and entertainment was enjoyed by a large crowd on Memorial weekend at the K-Club on this date. A variety of dinner choices were offered from the menu, enjoyed by friends and family on this special occasion. The entertainment for the evening was provided by the band "Werewolves," a group of talented musicians presented in Brandywine's free live music series. The band's genre is the Texas Blues, Delta Blues, Chicago Blues and British Blues and, of course, rock and roll. The latter is what got the people up and "dancing with the stars." One star couple, and new to the community, danced up a storm. Welcome, Regina and Ed Merman. Fred and Ginger got nothing over you. In order of appearance in the collage is newest member of the band, Susie Garland, on guitar, drums, and keyboards. That's my beautiful granddaughter, Chloe, next to Rosie Angel and her friend Linda. The Merman's are pictured next to the dancing queens, Rosie and Sandy Shaeffer.



A word from Carteret Health Care

# RIP CURRENT

*what you need to know*

### WHAT IS A RIP CURRENT?

Rip currents are channeled currents of water flowing away from shore at surf beaches. They typically extend from near the shoreline, through the surf zone and past the line of breaking waves. (The surf zone is the area between the high tide level on the beach to the seaward side of breaking waves.)

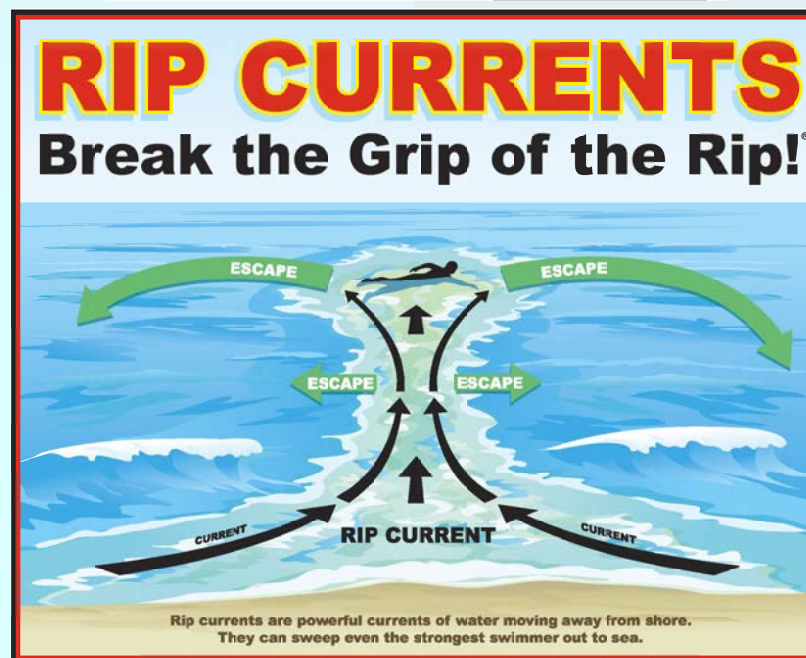
### What does a rip current look like?

Signs that a rip current is present are very subtle and difficult for the average beach-goer to identify. Look for differences in the water color, water motion, incoming wave shape or breaking point compared to adjacent conditions. Look for any of these clues:

- Channel of churning, choppy water
- Area having a notable difference in water color
- Line of foam, seaweed, or debris moving steadily seaward
- Break in the incoming wave pattern
- One, all or none the clues may be visible.
- **Learn to float on your back.**
- Never swim alone.
- **Bring a float.**
- Swim near a lifeguard.
- Look for posted signs and warning flags, which may indicate higher than usual hazards.
- Obey all instructions provided by lifeguards.
- Be cautious. Always assume rip currents are present even if you don't see them.
- **If in doubt, don't go out!**

### IF CAUGHT IN A RIP CURRENT

- ◆ **Don't fight the current**
- ◆ **Swim out of the current, then to shore**
- ◆ **If you can't escape, float or tread water**
- ◆ **If you need help, call or wave for assistance**



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