

Meet Your Neighbor

Richard LaPalme, Scuba Diving Enthusiast

By Monica Sellars



I usually don't make cold calls for Sound Waves articles. In this case, though, I was so intrigued by the gear I could see hanging in the LaPalme's garage that I finally just had to ask. I'm so happy that I did because Richard and Sue LaPalme are terrific people, and I sincerely appreciate that Richard was pleased to share his knowledge about scuba diving with me, and with you!

Richard told me that his fascination with diving began when he was young and enjoyed watching a TV show called Sea Hunt, starring Lloyd Bridges. Richard loved swimming, and he thought that diving looked very exciting. Fast forward a few years, and Richard gets his first exposure to diving when he became certified in order to earn a Physical Education credit for his Bachelor's Degree. At that time, however, he did not do much diving, as he was living in Massachusetts, where the water is cold all year and not ideal for divers. Finally, about five years ago, Richard reignited his interest in diving and began taking diving lessons in Carteret County.

Richard explained that there are a variety of certifications that divers can earn. Although there is no law requiring certification for divers, the dive shops will not fill your oxygen tank if you are not certified. Entry-level divers are certified to dive to a depth of 60 feet. With additional training, you can become a recreational diver and dive to 130 feet. There are also at least two dozen specialties, which provide training on underwater disciplines, such as rescuing other divers in distress, deep dives, photography, wrecks, and diving from boats. Richard is a Master Scuba Diver, meaning he has accumulated extensive diving experience (at least 50 dives), five specialties, and is also a rescue diver. He is also a Divemaster, which means he can teach refresher training to other divers or assist a certified diving instructor.

Our area has a many great sites for divers to explore. One of Richard and Sue's favorite places to dive is Radio Island. Richard says that there is a rock jetty that lines one side of the island. It drops to 30 feet deep, and divers can find a wonderful marine habitat there. Depending on the time of year, you can see different sea creatures. For example, early in the year, divers find cold water animals, like stone crabs, blue crabs, black sea bass, eel, and a variety of local fish. Richard says that the young black sea bass are very curious and they follow the divers around like puppies; they get very close and tap on their diving masks. When the water warms up in July and August, divers can find colorful Caribbean reef fish.

Carteret County is also a world-class wreck diving area, which is not surprising since it's known as the Graveyard of the Atlantic. For example, there is a German

continued on page 2

Congratulations Brandywine Graduates!



Your Brandywine neighbors are proud of you! We would like to celebrate your achievement in the next issue of the Sound Waves newspaper. You are invited to share a photo of your graduate and a story, such as a favorite graduation memory, proudest moment, summer and/or future plans, and so on. Please submit your photo and story to editor. soundwaves@gmail.com by Tuesday, June 20.

A NEW SOUND WAVES
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MORE INFORMATION
COMING NEXT MONTH.

BOA Street Representative Meeting



Who: Current street reps and anyone interested in becoming a street rep

When: Tuesday, June 6 at 7:00 pm

Where: Cedarwood Village Clubhouse

Look inside this issue for more news from the
BOA General Board Meeting.

Meet Your Neighbor ...continued from page 1.

World War II Submarine off the coast that divers can visit. It is about 100 feet below the surface and is home to a variety of fish, including Sand Tiger Sharks. These are large, yet docile sharks that are not bothered by friendly divers. Richard says he especially enjoys watching sea turtles as they glide gracefully through the water.

In addition to diving for relaxation and entertainment, Richard volunteers as a Science Diver and Working Diver with the National Oceanic and Atmospheric Administration (NOAA). Volunteer divers assist scientists with research projects and dives. For example, Richard was a volunteer on a project to install carbon dioxide sensors underwater. He is currently waiting to find out whether he's been selected for a dive at Gray's Reef National Marine Sanctuary in Savannah. That assignment would be a 16-day research cruise, during which the crew lives and works on a ship 35 miles off the coast. These are rigorous assignments, as the crew needs to make the most of their time at sea. Richard says they normally conduct two dives in the morning, return to the ship for lunch, and then conduct two more dives in the afternoon. In the evening, they process the data collected during the day. He enjoys these trips; he says it is a "learning adventure...the best summer camp ever!" He says the more he understands about the ocean, the more fun it is to dive; he can truly appreciate what is behind the colors and forms of the marine life, and observing fish behavior is more meaningful and interesting than when he first began diving.

Here's an interesting fact that Richard shared with me: Half of the oxygen we breathe comes from phytoplankton in the ocean. Just like plants on land, the by-product of their life processes is oxygen. This is powerful because it highlights just how connected we are to the ocean and how important it is to keep the oceans clean and healthy. This includes keeping trash out of the oceans. For example, a sea turtle's favorite snack is a jellyfish. When they see a plastic bag or balloon floating in the water, they think it is a jellyfish and they eat it. Sadly, their systems cannot digest the plastic, and it eventually kills them.

Carteret County is a special location; we are so close to all of this amazing ocean life, and many top fish and coral experts live and work here. There are a number of research labs that are critical to east coast ocean research, including those affiliated with NOAA, Carteret Community College, Duke, NC State, and UNC. These organizations, plus the Pine Knoll Shores Aquarium and the Maritime Museum, offer a variety of educational opportunities for residents who want to improve their own understanding of the plans and animals in the ocean.

If you are interested in learning about scuba diving, Carteret County has two excellent dive shops that offer classes for new and experienced divers alike. Olympus Dive Center is located in Morehead City, and Discovery Diving is located in Beaufort. Richard recommends the one-day Discover Scuba classes offered at the shops to learn and practice the basics. Richard also said that he would enjoy getting in touch with Brandywine neighbors who are divers, or potential divers, so please feel free to – say it with me – Meet Your Neighbor!

Happy Birthday, Pumpkin!

On May 9, Pumpkin Moreno celebrated her 18th birthday! Her celebration included a fun hat and a fancy treat. What a special day for a special pup!



Pet Corner



Pet Docs FLEAS!

By Dr. Todd Worrell

A few fleas can turn into a massive infestation in a hurry. And if your pet is sensitive to flea antigen, even one or two bites can make him very uncomfortable. In our area, fleas thrive year-round. Plus, fleas can survive on your pet and inside anywhere! Year-round flea control is best for your pet.

When it comes to fleas, your pet is most likely to become a target if it comes into contact with an infested area or environment. Stray cats and dogs, rabbits and ferrets can carry flea eggs into your yard. Having a fence doesn't necessarily mean you'll keep fleas out.

Listed below are some reasons your home makes an ideal environment for fleas to flourish—and what you can do about it.

Outside the home

For successful reproduction, fleas select protected, shady, undisturbed areas, for example:

- Porches
- Decks
- Stairs
- Around doghouses

Fleas at all stages of life are able to withstand large shifts in temperature. Just because it's cold outside doesn't mean your pet is safe. Fleas can survive in lows as cold as 28F and highs up to 95F.

Inside the home

Inside the home, fleas thrive. They will go from egg to adult:

- In pet beds
- Under furniture
- Buried deep in carpets

A female flea can start laying eggs within 24 hours of feeding and mating, and has the ability to produce 40-50 eggs per day. That's hundreds of eggs in a few days!

Also, they can survive a wide range of temperatures, so even winter is no guarantee you have seen the last of fleas. Without the ideal temperature, early flea stages lay dormant, delaying the emergence of adult fleas—anywhere from two weeks to just under six months. Fleas will do just fine in microenvironments around the home, where temperature and humidity are elevated.

What you can do:

In addition to discussing your individual situation with your veterinary professional, here's how you might start:

- Eliminate weeds and brush piles
- Routinely cut your grass
- Vacuum regularly (under furniture, too)
- Keep baseboards and other hidden areas clean
- Keep rodents away from your home
- Wash bedding— yours and Fido's— routinely
- Treat your yard with outdoor products

By listening to your veterinary team, and learning as much as possible about fleas, you, your home, and your pet will be able to stay flea-free.



ALL ABOARD!

By Ed Myers

Ending, Beginning and Continuation ...

We recently had issues with the noncompliance of signs and parking. The Board and ACC have had many conversations with different companies, residents and renters. After speaking with our attorney we have been advised and informed how to move forward. Any noncompliance of our covenants is the responsibility of the property owner to correct in a timely manner. A notice will be presented when covenants are violated with a time frame to comply, or a fine will be applied to on a daily basis. If the fine is not paid, a lien will be placed on the non-compliant property. The covenants allow 1 sign per property and the size is 2'x2' for sale or rent. No other signs. Parking on the street continuously is not allowed. The streets are owned, maintained and controlled by the Board. Noncompliance of parking will be enforced by notice and then a fine to the property owner. I would advise all property owners to read our covenants. Our covenants are posted online at our website: <http://brandywineowners.org/homeowners/covenants/>

This month is the end of my term on the Board, starting as Secretary, moving to VP then finishing as President. I appreciate the support and knowledge of past Presidents helping me along the past several months. I wish to thank all the committee chairs and members. Without these fabulous concerned residents there would be no possible way for this community to run smoothly. Finally, many thanks to the fellow Board Members. Not once did any of my fellow Board say no to any task that I asked of them. Many, many thanks.

To the new Board- face every situation as a challenge. Be true to the covenants, take time to understand that without these covenants our community and properties would not, and will not, have the same value. Rely on your fellow Board Members and keep an open dialogue with all the committees. When looking for guidance-refer to past Members and Presidents. They are all a wealth of information and history.

As a continuation, I plan to stay involved and will extend to the Board my willingness to support and help. We have a wonderful community and it's been my pleasure to do my part for Brandywine Bay. I would ask any home owner to get involved and do your part and be a part of the Brandywine Bay Board or Committees.

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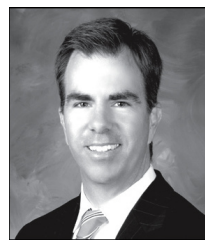
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Establishing a Financial Safety Net

By Greg Patterson, Financial Advisor, Atlantic Wealth Management

In times of crisis, you don't want to be shaking pennies out of a piggy bank. Having a financial safety net in place can ensure that you're protected when a financial emergency arises. One way to accomplish this is by setting up a cash reserve, a pool of readily available funds that can help you meet emergency or highly urgent short-term needs.

How much is enough?

Most financial professionals suggest that you have three to six months' worth of living expenses in your cash reserve. The actual amount, however, should be based on your particular circumstances. Do you have a mortgage? Do you have short-term and long-term disability protection? Are you making car payments? What additional debts do you have? Other factors you need to consider include your health, income, and job security if working. The bottom line: Without an emergency fund, a period of crisis (e.g., unemployment, disability, health care need) could be financially devastating.

Building your cash reserve

If you haven't established a cash reserve, or if the one you have is inadequate, you can take several steps to eliminate the shortfall:

- Save aggressively: Budget your savings as part of regular household expenses
- Reduce your discretionary spending (e.g., eating out, movies, lottery tickets)
- Use current or liquid assets (those that are cash or are convertible to cash within a year, such as a short-term certificate of deposit)
- Use earnings from other investments (e.g., stocks, bonds, or mutual funds)
- Check out other resources (e.g., do you have a cash value insurance policy that you can borrow from?)
- A final note: Your credit line can be a secondary source of funds in a time of crisis. Borrowed money, however, has to be paid back with interest. As a result, you shouldn't consider lenders as a primary source for your cash reserve.

Where to keep your cash reserve

You'll want to make sure that your cash reserve is readily available when you need it. However, an FDIC-insured, low-interest savings account isn't your only option. There are several excellent alternatives, each with unique advantages. For example, money market accounts and short-term CDs typically offer higher interest rates than savings accounts, with little (if any) increased risk.

Note: Don't confuse a money market mutual fund with a money market deposit account. An investment in a money market mutual fund is not insured or guaranteed by the FDIC. Although the mutual fund seeks to preserve the value of your investment at \$1 per share, it is possible to lose money by investing in the fund.

Note: When considering a money market mutual fund, be sure to obtain and read the fund's prospectus, which is available from the fund or your financial advisor, and outlines the fund's investment objectives, risks, fees, and expenses. Carefully consider those factors before investing.

It's important to note that certain fixed-term investment vehicles (i.e., those that pledge to return your principal plus interest on a given date), such as CDs, can impose a significant penalty for early withdrawals. So, if you're going to use fixed-term investments as part of your cash reserve, you'll want to be sure to ladder (stagger) their maturity dates over a short period of time (e.g., two to five months). This will ensure the availability of funds, without penalty, to meet sudden financial needs.

Review your cash reserve periodically

Your personal and financial circumstances change often. Because your cash reserve is the first line of protection against financial devastation, you should review it regularly to make sure that it fits your current needs. A financial advisor can help you determine an appropriate amount for your cash reserve, decide where it should come from, and ensure that it is reviewed periodically.

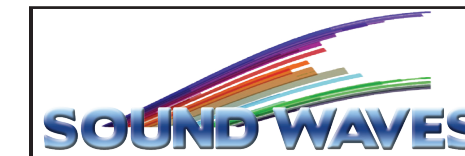
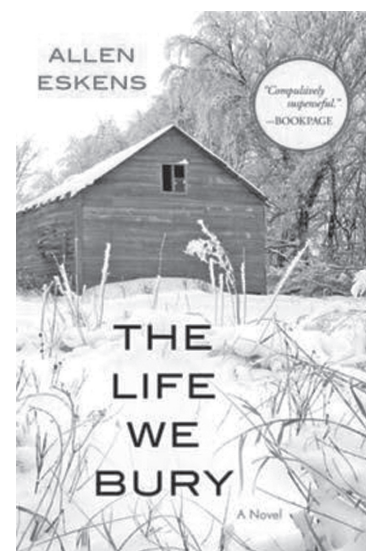
Greg Patterson is a financial advisor located at Atlantic Wealth Management, 712 Bridges Street, Morehead City, NC 28557. He offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network, Member FINRA/SIPC, a Registered Investment Adviser. He can be reached at 252-515-7800 or at greg@myatlanticwealth.com. © 2017 Commonwealth Financial Network**

Brandywine Book Club Notes

By Melinda Brown

At the recent meeting of the Brandywine Book Club, we discussed the book, America's First Daughter, by Stephanie Dray and Laura Kamoie. It is an historical fiction about Thomas Jefferson's eldest daughter Martha "Patsy" Jefferson Randolph. The authors researched Thomas Jefferson's letters to write this story. We all agreed that we learned things about Thomas Jefferson as well as his daughter after reading this fascinating book.

Our book for next month is The Life We Bury by Allen Eskens. We welcome you to join us for our lively book discussion and great conversations. Contact Melinda Brown at 247-1055 for further information.



Our Community Newspaper

MONICA SELLARS • 252-648-0170
editor.soundwaves@gmail.com

PRODUCTION LAYOUT/DESIGN
MICHELLE DOBBS

DISTRIBUTION
STEVE MOCK • 252-726-0066
mock@ec.rr.com

CONTRIBUTING REPORTERS

SUSIE GARLAND
MONICA SELLARS
HANNAH NIELSEN
MELINDA BROWN
AMBER SERMARINI
VINCE MORENO
ED MYERS
LENNA EASTER
PAT McMAHON
SANDRA GAHLINGER
JOHN SMITH
BARBARA JOHNSON
NOREEN BARRETT

Be Prepared for Scrapes and Sprains

By Monica Sellars

It's warming up, the sun is shining, and your friends and family are planning their trips to the beach – er, I mean, their trips to visit with you! More yard work, outdoor activities, and playtime means big-time fun, and let's face it, more opportunities for minor injuries and accidents. You can be prepared for these little accidents, like scrapes and sprains, by preparing a plan of action.

At-Home Care: Have you checked your first aid kit's supply of bandages and antiseptic cream? Now is a good time to make sure you have what you need at home to take care of minor injuries, like bug bites, splinters, and skin irritations. WebMD recommends putting your first aid kit in a clear plastic box so you can see what's inside. Keep it in a place that's easy to reach in a central place in your home, like your kitchen or bathroom.

Go For Help: When you don't have a true life-and-death emergency on your hands, consider visiting an Urgent Care facility rather than the hospital's emergency room. They can help with scratches, scrapes, minor illnesses, sprains, broken bones, and more. Some offer online check-in; so, if there's a line, you can wait at home and then arrive just in time for your turn with the doctor, PA, or nurse.

There are at least three Urgent Care options within 10 miles of Brandywine: Beachcare Urgent and Family Medical Center, FastMed Urgent Care, and Nova Urgent Care. Check with each facility now to become familiar with the services offered, determine whether they are included in your health insurance plan, and decide which one you would use if an accident happens.



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Meet the Band: Crystal Coast Music Festival, June 3

By Hannah Nielsen

Buy your tickets if you haven't already, because NEEDTOBREATHE is coming to the Crystal Coast June 3! This South Carolina based band has already toured with artists including Parachute, John Mark McMillan, Taylor Swift and Mat Kearney. And later this summer you can catch them at Summerfest in Milwaukee performing alongside big names such as Willie Nelson, P!NK, Bob Dylan, The Chainsmokers, Zac Brown Band, T-Pain, Tom Petty & the Heartbreakers, Luke Bryan, and the Red Hot Chili Peppers. If the artists I've just mentioned seem varied in their musical style, it should serve as an indication of the widespread appeal of NEEDTOBREATHE's own genre-crossing music.



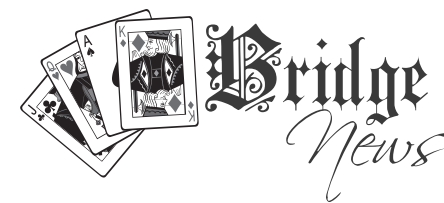
For the majority of the band's history they have had four members: Bear Rineheart is the lead singer, his brother Bo plays guitar, Josh Lovelace plays the keyboard and Seth Bolt plays bass guitar. The combination results in an intriguing cross between blue grass and rock. They released "Daylight" - their first album with Atlantic Records - in the spring of 2006, and their most recent album "HARD LOVE" was released just last summer. Throughout the last ten years, their sound and stories have somewhat changed and grown, as the members of the band also changed and grew.

The band has even recorded songs which documented hard times that the band members themselves have been through, which is most recognizable in their 2014 album "Rivers in the Wasteland," which featured their hit single "Brother." ("Brother" was also re-recorded with Gavin DeGraw the following year). However, their newest album has a markedly more experimental sound. In an August 2016 interview with Jon Freeman of "Rolling Stone", the band addressed this by saying:

...we made "Rivers in the Wasteland", during a time when the band was fighting a lot. It was what we were capable of at the time. We wrote some pretty heavy songs about our personal relationships and what we were going through and we didn't have a lot of experimentation during that record. We pretty much got in a room and played them, because we couldn't stand to be in the room with each other for longer than that. This record, because a lot of things happened with us over that period of time - major reconciliation - we spent more time experimenting like a garage band

than we have since we first started.

Another aspect of NEEDTOBREATHE that is often recognized by listeners is a very hopeful and even distinctly spiritual theme, which is present throughout each of their audibly pleasing albums. With every song, their overall intention is to make good, honest music which will hopefully reach all kinds of people in all kinds of situations. It is exciting to think that they will be bringing their music to the people here in eastern North Carolina! For more information and to buy tickets, go to <https://www.crystalcoastmusicfest.org>



By Pat McMahan

I understand K-Club Bridge for May was a lot of fun...I wasn't there but will take everyone's word that cards were good and lunch was delicious, especially Lorie's Bread Pudding that everyone is raving about!

Well, let's see...Pudgy came in first...this is her third time in a row for either placing or winning...I am thinking of bringing a piece of rope next month and tying one arm behind her back, preferably her right arm, to give the rest of us a chance at the winner's circle! :-)) Our feisty Connie Bell came in second...great going Connie! And my sweet friend, (well, she's sweet to me), Gail Vaughan finished in third place. Congrats to you three winners!

I would also like to thank all you ladies that played in May for your cute/funny get well card and all the good wishes inside. I think those good wishes must have worked 'cause I am feeling pretty darn good! Thank you one and all!

Bridge play is the 2nd Wednesday of the month...Come join us! We don't want to suffer alone...If interested in learning more about K-Club Bridge contact:

Co-Directors: Pat McMahan (726-7994) or Dolly Dimarco (240-3547)

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Restaurant Review An Evening at Promise' Land Market

By Monica Sellars

The Promise' Land Market in downtown Morehead City is named for an historic area in Morehead City. According to moreheadcity.com:

"In the late 1800s, Morehead City received a new group of residents from nearby Shackelford Banks. Many whaling families were driven from Diamond City and the other Shackleford settlements by the great hurricane of 1899. While most of these salty folk moved to Harkers Island, one group came to Morehead City and settled along present-day Bridges Street in a tract still known as the "Promised Land."

Today's Promise' Land Market is a popular spot on Arendell Street where visitors and locals gather to enjoy drinks, food, and friends. They serve fun snacks and light meals. They also offer beautiful and delicious charcuterie platters, with decadent cheeses, meats, crackers, jam, and fruit. They are proud to offer many local and NC products, like coffee and beer. I also noticed that their napkins are extraordinarily soft, and I liked it!

When you enter from Arendell Street, you are greeted with shelves stocked full of all varieties of wine, beer, and specialty foods. You are also greeted by the friendly staff members at the bar, who welcome you to browse the merchandise and sit for a drink and a snack. You can select from seats at the bar, seats at bar-height tables, or seats outside. The front area is cozy and great when you are in the mood for quiet conversations.

If you are in the mood for more activity and energy, you want to go to the back bar. When you enter, either through the front door or the back door, you are greeted by a roomful of friendly, lively people who are enjoying their drinks and snacks as well. It is a large, open space bar and table seating.

On the Friday evening when my dining companion and I arrived at Promise' Land Market, we entered through the front and decided to take a seat at the bar there. We enjoyed relaxing into our first round of drinks, a bountiful charcuterie platter, and good conversations with the bartenders and the other patrons. We had planned to just have one drink and an appetizer, and then go on to another restaurant for dinner - but that simply did not happen. We were enjoying our time so much, that we ordered dinner and stayed for the evening.

I ordered the Shack Attack as a salad, which is a creamy shrimp and dill salad on crispy romaine lettuce. It was delicious! My dining companion ordered the Cubano on a roll with a bag of chips. Also delicious!

You can learn more about Promise' Land Market's menu, services, events, and hours from their Facebook page and at <http://www.promiselandmarket.com/home.html>.

The bottom line: Go to the Promise' Land Market, and plan to stay a good, long while.



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Kitchen Gadget #6: Food Processor

By Monica Sellars

Ah, the food processor. It seems like it should help you get your food preparation job done faster, but does it? There's all the time spent assembling the blades, prepping the food to fit into the feeder tube, and cleaning up all of the parts! Despite the effort, I find there are times when the food processor is exactly the right gadget for the job.

We own two types of gadgets that call themselves food processors. One is a bowl-style food processor, and the other is an attachment to our stand mixer. Both were gifts, and I sincerely enjoy thinking of the special people who gave them to us each time I use them. And I do use both of them!

I find that when I'm staring at a counter full of cucumbers from the garden, the bowl-style food processor saves the day. It can process big pickle chunks into smaller pickle bits in a flash – certainly faster than I could by hand. I also like to use it when I need to blend semi-dry ingredients together, like basil pesto and chicken salad.

As for the stand mixer attachment, I have to admit I have not tried all of the features of this gadget. According to the booklet I received with the gadget, I am to be amazed and impressed by the engineering genius that went into the "dice" blade. That's one I have not used yet; maybe if I needed to dice enough potatoes to feed a marching band, I'd give it a try. However, I have used the slicing blade a lot. This is because I have recently become enamored with shredded cabbage stir-fry. I think the attachment-style food processor beats the bowl-style when it comes to cabbage because I don't have to stop and empty the bowl several times during the chopping event. The attachment-style slicer just deposits the chopped cabbage into my storage vessel as it goes. I just keep slicing! I think the same is true for grated cheese. The cheese falls softly into a fluffy pile, rather than being compressed inside a bowl.

So, could I live without these food processors? Yes. But I don't have to, so lucky me! Have you shown appreciation for your food processor lately? With the warmer weather, maybe this recipe will motivate you to process some food: According to the experts on the internet, Disney World sells a frozen pineapple whip treat that people are crazy about. With only 3 ingredients and a bowl-style food processor, we can make it at home!



Frozen Pineapple Whip

Ingredients:

2 cups frozen pineapple chunks
1 banana: peeled, sliced and frozen
1 cup chilled coconut milk

Directions:

Put the three ingredients into your food processor or high-quality blender. Process until smooth.
Pour into a loaf pan, and freeze for at least 3 hours, or up to overnight.
Scoop and serve immediately.

Recipe from www.delish.com

Carteret Community Theatre Heats Up in June

Rumours is the southeast's premier Fleetwood Mac tribute band. Based in Atlanta, GA, Rumours captures the energy of Fleetwood Mac at the height of their career by blending perfect harmonies, precise instrumentation, and a visually engaging stage show.

The six members of Rumours are professional musicians spanning the spectrum of genre -- folk, blues, country, rock, and everything in between -- in a variety of cover bands and original projects.

Enjoy an evening with Rumours at the Carteret Community Theatre on Friday, June 23, 2017 at 8pm. Tickets are available from \$25 to \$35 and may be



purchased online at www.carteretcommunitytheatre.org.

Shaking the Blues Away...Just two days later on Sunday June 25th, join the Carteret Arts Forum for a 4pm show featuring the Broadway talents of Beaufort native Gay Willis and baritone Brian Ernestes in a musical program of Irving Berlin and the songs that made the movies great.

You won't want to miss the nostalgia, the fun and the vocal delights of this afternoon performance.

This show is part of the Carteret Arts Forum subscription and is open to the public with tickets priced at \$35.

Show seating is limited to 500. Get your reserved seating today at www.carteretartsforum.com. Note: Tickets are not available through the theatre.

Show: RUMOURS

Where: Carteret Community Theatre

When: Friday, June 23 at 8:00 p.m.

Tickets: \$25-\$25

Show: Shaking the Blues Away

Where: Carteret Community Theatre

When: Sunday, June 25 at 4:00 p.m.

Tickets: \$35

More information and to purchase tickets:

www.carteretcommunitytheatre.org

Community Spotlight: Carteret County Re-Entry Council

By John Smith

We all make mistakes. Unfortunately, sometimes these mistakes land individuals in the Judicial System, where they are sent to prison or placed on probation. Eventually these individuals return to our community and need help in establishing productive, self-supporting lives.

Jobs are a top priority for these individuals. Without income, they can't pay rent, purchase food, and have the necessities of life. "We tell ourselves that when someone does their time in prison or served out probation requirements, they have 'Paid their debt to society,'" said John M. Smith, Coordinator of the Recidivism Reduction Services program at Carteret Community College. "However, society still holds it against someone if they have a conviction, especially in the hiring process," he added.

The State of North Carolina has created local Reentry Councils, designed to provide transition services and assistance to those being released from prison and on probation. The Carteret County Reentry Council consists of faith based organizations, mental health and substance abuse centers, various law enforcement departments, State and Federal Judicial representatives, local business leaders and more. More business partners are needed.

There is a State initiative called, "Ban the Box", which eliminates the box on the application that indicates if one has been convicted of a felony. There is also a national initiative, initiated under President Obama, called the Fair Chance Business Pledge.

"Now, a lot of time, [a] record disqualifies you from being a full participant in our society -- even if you've already paid your debt to society. It means millions of Americans have difficulty even getting their foot in the door to try to get a job, much less actually hang on to that job. That's bad for not only those individuals, it's bad for our economy. It's bad for the communities that desperately need more role models who are gainfully employed. So we've got to make sure Americans who've paid their debt to society can earn their second chance", said President Obama.

Many ex-offenders return to our county. They are husbands, wives, sons, daughters, co-workers and even members of our churches. They need your help. Usually the pressing needs include housing, food, employment and other services. Studies have shown time and time again that recidivism is greatly reduced when ex-offenders have basic needs met. Without a job they often become repeat offenders.

Help us help your neighbor! "The Carteret County Reentry Council is asking for a call to action: to provide an opportunity for those with convictions to have job interviews and not disqualify them because of their conviction. These ex-offenders returning to our community need our support and assistance," said Smith.

The full Reentry Council meets quarterly at the NCWorks/Career Center located at 309 Commerce Ave. in Morehead City. Community involvement is welcomed. To learn more and to assist with reentry efforts, contact John M. Smith at 252-222-6137 or smithjohn@carteret.edu



Families Needed for Summer Exchange Students



If your family is interested in hosting an exchange student from France or Spain for a few weeks this summer, please contact Muriel Thatcher at 252-422-1803.



Changes to the 2017 Brandywine Directory

ADDITIONS:

Bazemore, Bob & Cindy200B Reserve Green Dr. 1-919-815-0220
Collins, Rhonda308 Lord Granville Dr. 723-6455
Easton, Josh409 Oakmont Dr. 1-205-945-8062
Fortune Chris & Jean902 Lord Granville Dr. 515-1117
Meggison, Jay309 Eastchester Dr. 1-252-799-8207
Metilly, Tricia106 Tree Fern Dr. 1-803-406-5746
Williams, Millie P.524B Village Green Dr. 1-910-619-4787
White, Shannon211 Tree Fern Dr. 1-752-671-0585

DELETIONS:

Glasgow, Steve309 Eastchester Dr. 247-2932
Leedy, Bobby308 Lord Granville Dr. 1-770-845-9877
MacDonald, Will200B Reserve Green Dr. 773-3033
Stanley, Jamie524B Village Green Dr. 1-336-688-20073
Meggison, Jay518 Village Green Dr. 1-252-799-8207
Smith, Joshua211 Tree Fern Dr. 1-740-336-1786

CHANGES:

Young, William918 Lord Granville Dr. 665-0480

W William's Floorcovering & Interiors JUST ARRIVED Large Selection Area Rug Display

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Summer Slide: Myth or Reality?

How To Avoid the Slippery Slope: What you as a parent need to understand about Summer Slide

By Sandra Gahlinger

Summer is almost here. And, for those of you with kids, you're figuring out what to do with them over the summer - how to occupy their time. There'll be summer camps, play dates, trips to the beach, visits to the Aquarium, cookouts, watermelon - and maybe even some water hose fun in the front yard. If your child is "of a certain age" (or grade), then it is likely that there will also be a Summer Reading List.

Your child's school (or teacher) may have given you a list of work for your child to complete over the summer - work which you are supposed to have your child do and bring back in the Fall. The school may have sent out a newsletter for ways to keep your child "engaged" this summer.

All these efforts are designed to prevent something called, "Summer Slide" (a condition where, over the summer, children forget everything they learned the previous year).

Problems with Summer Slide

There are several problems with "Summer Slide" - the most prominent being the research on which it is based, followed closely by the beliefs of those pushing this agenda - then there's also the teaching philosophy (or lack thereof) behind it. The other underlying message of "Summer Slide" is that we have to "force" kids to learn. Human beings are learning machines. We all come "factory equipped" with talents, interests - and yes - the ability to learn and grow.

Perhaps most disturbing is this: There seems to be a micro-industry that's been built around the fear of "Summer Slide". There are worksheets and workbooks for kids to do, lists of books to read, and tutoring sessions to attend (and, of course, a shopping list of things to buy) so children can avoid the slide - this is fear-based marketing inside our places of education.

Memorization or Mastery?

The question comes down to whether children are being taught to memorize or to master. Are they just memorizing facts, or are they being taught for mastery?

Think about it.

Have you ever crammed for a test, done well - and then couldn't remember anything right afterword?

Exactly.

In this Age of Testing, a lot of teaching has become about memorization, filling in the right bubble on the test (getting the "right" answer), and doing book work.

Multiplication facts are a great example.

Do children need to memorize their "times tables"? Yes.

But...if they memorize them without having a conceptual understanding of what the numbers "mean" - if they are memorizing math facts with no understanding that math is a language meant to communicate information, if they are not taught the relationship between the different math functions (addition, subtraction, multiplication, division), then the memorizing becomes that much harder - and it could look like a difficulty in learning, like a lack of talent in that subject area (in this case, math).

The truth is that everyone is capable of learning, and if the knowledge is "installed" in a brain-friendly manner, the learning "sticks". There's never a true "forgetting". Learning can be likened to riding a bike. If you haven't been on a bike in a while, then you may be a bit wobbly when you start, but it doesn't mean you've forgotten how to ride a bike.

Sure, may one person have more of a talent for a particular subject than another? Of course.

But everyone is capable of learning. (There's also a larger argument here about the purpose of education, the model on which our current system was built, and the "one size fits all" approach that we currently have, and "Summer Slide" is just one symptom.)

Education has trends and fads just like you see on the runways of high fashion. So, even in education, there has to be a "buyer beware" approach.

As a parent, you be the judge of what your child needs over the summer. You are the expert on your child.

Family time is important. Kids need a break. They need time to be kids - without the "have to's" and pressures so prevalent in our culture today.

Use this summer opportunity to allow your child to pursue their own interests and engage the world in a way that interests them. Provide your child with opportunities, books, and outlets that fuel their interests (which you probably already do).

No one has to be forced to learn - except those who have been taught that learning is a chore. Learning is a natural part of who we are as human beings. It should be a source of joy.

Solomon said, "In all your getting, get understanding". Please read the article below to get a solid understanding of Summer Slide and then decide if this is something you need to address with your child.

Summer Slide — Myth or Reality? By Steve Nelson, Head of the Calhoun School

Reprinted with permission

The education establishment is in a tuit over the phenomenon called "summer slide." "Summer slide" is the loss of knowledge/competence in the summer months, according to research done by the RAND Corporation and Johns Hopkins University. "Summer slide" disproportionately plagues poor kids of color, so the recent, alarmingly low scores recorded by urban students on the Common Core tests heightened sensitivity around this issue.

Rather than acknowledging the corrosive effects of poverty, or conceding that the testing and accountability era has been a failure and has driven lousy practices, the answer is to make the least privileged kids work longer and harder while their more affluent peers summer in the Hamptons or South of France.

Fear of "summer slide" has spawned a rash of summer programs and suggestions for year-round school, particularly for poor kids, so as to mitigate the mythological "two steps forward, one step back" rhythm of the school year. We should be much more worried by what is done during the school year than by what is allegedly lost over the summer.

As happens in education, highly publicized research becomes instant conventional wisdom and drives all kinds of opinion drivel and bad policy. The current angst over "summer slide" is a poster child for this phenomenon. And while the bad policy plays out mostly in urban areas, the myth of "summer slide" is affecting children all over the country. Because of flawed research based on standardized test results, it is nearly universally accepted that more school = better school. Even affluent parents add multiplication tables to the picnic dinner or grammar exercises before swimming.

Universally accepted, but not true.

Let's start with the research findings. I won't argue with the numbers, as far as they go. I'll stipulate that research is valid and that tests show a statistically significant drop-off in achievement between June and September for poor kids. The research invites speculation that the drop-off is greater for poor kids because they don't have the enriching summer activities enjoyed by wealthier kids. I believe that hypothesis is mostly wrong.

As to the basic findings, drop-off in knowledge is a well-known phenomenon, but it happens rapidly and then plateaus. It doesn't steadily disintegrate day by day. Other research, compiled over many years by Independent School Management's Roxanne Higgins, shows that it matters very little, if at all, whether the gap is two weeks, three months, or longer.

Also ignored is research showing that the "ramp-up" is as or more rapid than the drop-off. In other words, post-summer tests will create the appearance that learn-

continued on page 16

Enjoy the Luxury of Low - or No - Hassle Travel: Day Trips

By Sandra Gahlinger

Travel - you dream of it, but then you think, "I have to take time off, save money, figure out the logistics, make plane reservations..." - and then you have to pack, find pet sitters, arrange to have the plants watered - and before you know it, your "relaxing getaway" has turned into another item (or a long series of items) on your "to do" list.

Luckily, there's an in between space - a sweet spot - for travel that doesn't involve lots of time or great distances. These are trips that are in your own backyard and can be done in a day (an easy day).

Enter: The Day Trip

There are so many benefits to travel. Once a luxury, travel has become accessible to most everyone - and even if your job is demanding and you don't have much time off - and especially, if you don't feel like sitting in the car with kids for hours (and miles) on end answering the question, "Are we there yet?," day trips are an ideal solution.

Day trips are a great way to reap all the benefits of travel - without any of the hassles of planning and packing...and without all the extra expense.

This issue, our Day Trip Destination is Edenton.

Let us know where you like to go (and what you like to do) on your outings, adventures, and day trips! --- And let us know how you enjoy Edenton.

Happy Travels!

DAY TRIP DESTINATION: Edenton, NC

Edenton is an easy drive from Brandywine. After a leisurely drive into town, head all the way down to the waterfront and park at the Penelope Barker House. (If there's no parking directly out front, there's parking in the adjacent lot as well as along Broad Street.)

Take a walk along the water and stretch your legs after your drive before heading into the Penelope Barker House which also serves as the Welcome Center. Here, you are free to sit in the furniture while you listen to the staff share the story of Penelope Barker, a true American rebel, and her lovely home. (Barker was the leader and orchestrator of the Edenton Tea Party.)

There is no charge for the visit to the house. After the staff introduction, the rest of the tour is self-guided. (Pamphlets provided.) There are rotating exhibits upstairs. Currently, they have "Women of Distinction" featuring three women of Edenton and "Lighthouse Scuddy Sullivan" featuring nautical memorabilia and tools. The gift shop is carefully curated and features stationery, books, teas, soaps and kitchen items.

If you left Brandywine around 8:00 and arrive around 10:30, you're probably getting ready for lunch. You have a choice to make: Trolley Tour now or later.

If now, buy your tickets for the 11:30 tour and browse the gift shop. (You'll return from your tour then eat lunch.)



If later, buy your tickets for the 1:30 tour and head up the street to grab your lunch.

Trolley tickets are \$12.50/pp. No discounts on trolley. The tour lasts about 45 minutes - when you're buying your tickets, be sure to ask for a map.

When you're ready for lunch, head up to the street to Emilio's. (It's on the left near the old movie theater. Note: Cash or Check only.) Get your sandwich to go, and enjoy it on one of the waterfront benches - or even better, on the balconies of the house. (The Penelope Barker House welcomes your use of the 1st and 2nd floor balconies.)

Enjoy the beautiful views while you enjoy your sandwich from Emilio's. Then stroll through the art gallery, make your way to the gardens of the Cupola House, and then meander through a few stores. That's the fun and joy of day trips - no pressure to see or do everything on one trip. Day trip destinations allow a sense of exploration and freedom because you know you can "get to that" on another day - if you choose.

After your trolley tour/lunch, you can hop in your car and head home - you can be back home in Brandywine by 5:30, depending on how much extra "meandering" you decide to do.

...and on your way home, stop at Bertie County Peanuts for a special, only in NC, "day trip" treat. Pick up some of their amazing peanut brittle ... and be sure to get the chocolate covered brittle, too. (See "Along the Way" on page 17 for more details.)



continued on page 17

18 Hole LGA News

By Susie Garland

April 27: Guess Your Net Score was the game played today with 16 players a-guessing. Bernie Moreno guessed her net score right-on, with Mickey Friend in second place with one point off. A three-way tie for third place in guessing their net scores was achieved by Pudgy Groben, Lee Hayes, and Katie Kirk. Way to go. You all know how you (usually) play, so you guessed good.

May 4: Ace of the Month was held with 17 players and 14 competing for May Ace. First, for Low Putts, Angela Zieleck with 28; Anne Lynes close with 29 putts.

Here are the results for the low net competition: In third place, with a net 69: a tie between Lee Hayes and Jean Hunsinger. In second place, with a net 65: Susie Garland (that's me). Ra-ta-ta-ra-ta-ta for the winner: Angela, with a net 64. Lee's name was picked in the 50-50 draw with \$8.00 going into her wallet. A special farewell was held after lunch to say goodbye to long-time member and past president of the LGA, not to mention our first Ace of the Month this year—Pam Horton. A lovely cake was enjoyed by the ladies in her honor. We shall greatly miss you, Pam, but many of us will see you again at the Purple Heart tournament next month. Good luck to Pam and Bill. A new home is a word that symbolizes love, trust, progress, memories, and relationships. We hope you are blessed with all of these and more.



May 9: The monthly Home & Home tournament was held at Country Club of the Crystal Coast with 12 of our members participating. Though Brandywine came in, er, um, fourth out of five participating clubs, recognition is given to three of our players for the most plus blitz points. Third place: Mickey Friend. Mickey also had closest to the pin on hole #15. Second place: Anne Lynes. First place (she likes these tournaments as she also came in first at Morehead City Country Club Home & Home last month): Brenda Leinthall. Well done, ladies. You done good!

May 11: Couples: See separate article for this event.

May 18: Our first major tournament, The Memorial, was held on this beautiful, bright and sunny (but hot) day. There were 15 participants. Here are the results. Representing the 9-hole league, Marilyn Ryder took the honors. For the 18-hole

league, Pam Horton came in third; Susie Garland (that's me) had second place honors. And the winner, with a net score of 64: Pudgy Groben. Way to go ladies. You done exceptionally good! Congratulations to the winners and for the efforts of all who participated in this memorable event. After game play, Marilyn Zmoda read the invocation in honor and tribute to Brandywine Bay members who are no longer with us: ALICE ELEY; JEAN HAHN; LOIS KARNSTEDT; JAN SONNENBERG; PRISCILLA SCHMALBACH; PHYLLIS KASH; HARRIET WATERS; HELEN GRIFFITH; FRANKIE STAKES; HILDA ROSENGREN; BETTY SLATTERY; NATHALIE SOUTHWICK; MARY ANN SMITH; GENEVIEVE LINDSAU; HELEN WAYANT; JEAN BURRIS (2009); MARY MALON (2010); JOAN FEAMAN (2011); WINNIE McELLYN (2012); JEAN ALBRECHT (2012); IRENE JOCHEN (2012); ZOLA BROWN (2013); PAT SHAMBLIN (2014); ANN TOOHEY (2015); ERIKA PASKMAN (2016); JO HARNED (2016); KAREN RICE (2016); DEE QUIGLEY (2016); MUFF (Barbara) MAXSON (2016); BARBARA LANCASTER (2017); RUTH PETERS (2017); LOIS COX; GLORIA BRUBAKER; JEAN CARLSTON. We were supposed to have a buffet luncheon but the electricity conked out so we had lunch on the patio with Subways and all the fixings.



By Susie Garland

May 11: A 4-person team superball tournament was held today with 11 foursomes participating in this fun format. Here are the results. Louda and Tom Murr, with guests Steve and Harriet Bennett, took the win with a (net) score of 56. Now, that was a nice way to treat your guests, dontcha think? In second place, with a score of 59: Janice and Ken Ghelli with Katie and Joe Kirk. In a card playoff, also with a score of 59, placed Loretta and Allen Beaulieu and Janiece and Gordon Wall in third place. Beat the Pro on hole #3: Names picked were Coasty Cornwall, Mickey Friend, and Fred Ludwig. Way to go. Kathy Calling's name was picked in the 50-50 draw for a tidy amount of \$67.00. The event was followed by a most delicious dinner of meatloaf, baked chicken, rice, salad, and dessert.

MGA Happenings

By Vince Moreno

May 11: A 4-person team superball tournament was held today with 11 foursomes participating in this fun format. Here are the results. Louda and Tom Murr, with guests Steve and Harriet Bennett, took the win with a (net) score of 56. Now, that was a nice way to treat your guests, dontcha think? In second place, with a score of 59: Janice and Ken Ghelli with Katie and Joe Kirk. In a card playoff, also with a score of 59, placed Loretta and Allen Beaulieu and Janiece and Gordon Wall in third place. Beat the Pro on hole #3: Names picked were Coasty Cornwall, Mickey Friend, and Fred Ludwig. Way to go. Kathy Calling's name was picked in the 50-50 draw for a tidy amount of \$67.00. The event was followed by a most delicious dinner of meatloaf, baked chicken, rice, salad, and dessert.



First place winners: Bill Springsteen, John Rennwald and Chuck Muller



Second place winners: Tom Grady, Joe Kirk and Ed Easter



Third place winners: Charlie Sabathe, John Miller and Steve Reinhardt



Lunch: K-Club Social Time



Closest to the pin winners: Bob Connolly and Joe Kirk



By Susie Garland

May 16: The monthly Crystal Coast tournament was held at Cypress Landing with many of our Brandywine players coming in on the winning side. In the first flight, recognition is given to Ann O'Connor for achieving second net (73). In the second flight, kudos to Angela Zieleck for attaining first net (69) and Myra Roche coming in with a second net (71) win. Third flight honors to Rosie Angel for achieving second net. In the fourth flight, congrats to Bernie Moreno, winning first gross, and Anne Lynes achieving third net. You all done good. Way to go and "all that jazz." Toot! Toot!

CYAN MAGENTA YELLOW BLACK

Golf N' Stuff

BY:
SUSIE GARLAND

5/1: Excerpt from Chris's notice to members: "We are very appreciative of everyone's understanding during the transition from 'off-season' to growing season, and with the change in staff." Here is the roster:

General Manager: Chris Calling—oversees all operations and staff.

Pro Shop Manager: Steve Reinhardt—oversees all operations and staff: counter staff, cart staff, golf/pool related activities.

Food & Beverage Manager: Lori Donghey—oversees kitchen, catering, events at the K-Club.

Course Superintendent: Dusty Johnson—oversees maintenance staff and general course/turf conditions.

Golf Instruction: Steve Sewell—available on an as-needed basis for golf lessons, clinics, tournament scoring, rule judgment.

9-Hole LGA Sound Waves Report

By Lenna Easter

Lady golfers from six area golf clubs joined the Brandywine 9-Hole ladies as we hosted the first Invitational of the season on April 25th. The morning started in bright sunshine (although there had been heavy rain the previous day and threatening rain for the play day.) The morning began with a tasty continental breakfast catered by the K-Club. Jean Chappell and Sue Verdon, 9-holers who are on injured reserve, were assisted by Bernie Moreno at the registration desk.

Forty-four players hit the back nine in a shot gun start. We were very fortunate to have several of our 18-hole sisters fill-in so we had a club member guiding each foursome. Special thanks to Katie Kirk, Brenda Leinthall, Janice Ghelli, Ann Lynes, Loretta Beaulieu and Jean Hunsinger who participated in the tournament.

The game was "Step Aside Superball" with two drives required by each player. When the scorecards were tallied, Lenna Easter's foursome scored a 38 to win first place while Loretta Beaulieu's team place second with a 40. Janice Ghelli's ladies won third with a 41 in a card playoff.

After a great buffet lunch, door prizes were chosen. A big hand to Anne Gilbert who managed the event and Marilyn Ryder who made the crocheted tea cups, and several of the door prizes. Marilyn also made tee and ball marker holders that attach to our shoe laces and were included in the goodie bag in each cart. Special thanks to the ground crew for having the course in great shape.

Play on May 2 was a bit quieter while the weather was a delight. Marilyn Ryder and Lenna Easter played a round of "Three Blind Holes" and we counted putts. Lenna won the game, with handicap, while Marilyn had the least putts.

After a week off on May 9th due to personal schedules, we played on May 16 in a challenging game - Pick 5 Clubs (putter included)! The trick is - of course - to pick the "right" clubs. Just ask Anne about successfully getting out of the sand on hole number 12 with a pitching wedge! It follows that Anne Gilbert was the winner, scoring a 59 on the back nine.

We welcome all lady golfers to play a round with us and even become a league member of the "9-Holers". Sign up and come out on Tuesday morning at 8:30. Play begins at 9 and you'll be back in time for lunch at the K-Club.



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Reflections on a Long-Distance Relationship

By Hannah Nielsen

I was single for 23 years, and I loved it. But June 24th 2017 will mark one year that I've been in a long-distance relationship, and this season has been just as lovable. I'm guessing that I'm not the only one in the neighborhood who has been in this hard yet wonderful situation of a long-distance relationship, especially considering the fact that we live so close to two military bases. So in the hopes of offering solace through commiseration, I thought I'd share some of my thoughts with you on what it's like to be in a long-distance relationship.

It's terrible. Just kidding! There is actually a bitter-sweetness to the frustration and sadness of being apart. First of all, we miss each other...a lot, and in more ways



than I ever thought it possible to miss one person. It feels like I miss out on so many things going on in my boyfriend's life, and there's so much going on in my own life that I wish we could share. Other couples don't

stop being cutesy just because I miss him, and it's tempting to feel sad or envious about that. I have to actively choose not to let those feelings take over. And people who are single for unhappy reasons sometimes think that I don't know what it's like to be lonely because I'm in a relationship. But loneliness happens to everyone, so it's important to continue sharing love, understanding and attention to friends, whether they're married, single or dating.

Being in a long-distance relationship has also made it harder for my boyfriend and me to get to know each other's family and friends. Heck, it even made it harder for us to get to know each other better, especially in the beginning. I mean, we texted all the time, but because our visits were so sparse, every time we saw each other it seemed like we were two acquaintances learning how to be together again.

The distance between us can sometimes lead to miscommunications or quarrels borne out of the bitterness of separation, the confusion of tone-interpretation while reading a text, or lack of practice with in-person communication. When we've gotten into a tiff over distance, the hardest part was not being able to be with each other to make sure that everything was okay between us after the dust had settled. And then of course there are those moments when we're apart that I start to feel insecure, doubtful, overly analytical, and even just plain tired when it comes to our relationship...and relationships in general...and the future...and the meaning of life...

But there are definitely positives to our situation. For starters I think that it's pretty special that we both consider each other to be incredibly worthy of the effort that a long-distance relationship requires. Every kind of relationship requires some work, which serves as a good reminder that there is more to this life aside from just making ourselves happy. We have to consider our neighbors in this world, and remember that they are worth our efforts.

So, for us most of that effort comes in the -very important- forms of communication and quality time. We have a phone date once a week, aside from our texting, letter-writing and email messages. We take comfort in the fact that modern technology has made it so much easier for us to keep in touch, than it was for the generations of couples before us. Plus miscommunicating over technology means that we

have more time to think over our responses before writing back, which generally makes for a more genteel and productive discussion. Even though it's not quite the same as physically being together, keeping in communication and updating each other on our separate lives has been so helpful and encouraging.

When we are fortunate enough to have in-person visits- whether planned or spontaneous- the time that we get to spend together is so very special. In fact, even grocery shopping together becomes exciting and romantic because it means that we get to share life together for a little while, like a "normal" couple. Meeting up in towns between our two homes has become an adventure that we get to share. And being able to look forward to quality time together is a gift within itself.

All in all the distance has its challenges, but I am still thankful for the way it has strengthened our relationship so far. And if you are also in a long-distance relationship, I hope that my reflections have brought you a little humor and a lot of encouragement.

Captain Joe's Fishing Report

By Capt. Joe Shute

The Spanish mackerel fishing has really started to pick up the last few days. Nice Spanish up to 4 lbs were caught yesterday around Beaufort Inlet and up toward Cape Lookout. The cobia fishing is just now starting. The season officially opened on May 1st and will end August 31st. The new rules are 1 fish per day per angler with a 4 fish boat limit. The length is 36" fork length, with no closed fishing days. The big bluefish blitz continues along the Crystal Coast. There have been plenty of the 8 to 12 lb bluefish, from the shoals, to the artificial reefs and back in the shallows in the sounds. There are plenty of large bluefish to be caught on both conventional and fly. The red drum fishing continues to be pretty good as well. Both along the beaches and up around the Cape Lookout shoals as well as back in the marshes there are good numbers for slot red drum. The old red drum bite is still happening out in 25 to 50 ft. of water on both sides of the Cape Lookout shoals. False albacore along with a few Atlantic Bonito are showing up as well. Offshore the wahoo fishing, blackfin tuna and some yellowfin tuna are still being caught. We are just about to see the gaffer size dolphin show up. They should be here within the next week or so.

The Big Rock Blue Marlin Tournament on the Morehead City Waterfront	June 10 – 18	For more info: Big Rock Blue Marlin Tournament PO Box 1673 Morehead City, NC 28557 252-247-3575 www.thebigrock.com
Part of the Governor's Cup Billfish Series		
CCCF Spanish Mackerel Challenge in Morehead City	June 25	Contact: Wes Daniels 3505 Arendell Street Morehead City, NC 28557 252-222-6222
Emerald Isle Youth Fishing Derby at Bogue Inlet Pier	June 25 May 2 - June 22 Registration	Contact: Britney Wood Emerald Isle, NC 252-354-6350 www.emeraldisle-nc.com

Slippery Slope...continued from page 10.

ing has died, when it is more accurate to characterize it as having gone dormant. If learning was authentic and meaningful, students, rich and poor, black and white, will very rapidly return to the level of competence from which they sprang into summer.

Current educational practice is producing "learning" that doesn't just go dormant during summer. It dies, because it is neither authentic nor meaningful. When achievement comes from the artificial fertilizer of mindless drills and test prep it is easily extinguished and nearly impossible to resuscitate. I find it ironic and, frankly, funny, that the folks who impose these programs on children will invariably confess to the many times they crammed for a test, performed well, and couldn't remember anything a few weeks later (if the next day!).

The researchers should know that construction of knowledge and understanding are more lasting than rote memorization or mindless routine. When you understand something, you are far more able to "reconstruct" the learning at a later time. School practices and curriculum should respond to the exploding body of knowledge coming from neuroscience. But they don't. Instead we continue to run schools with 19th century factory school practices while mouthing 21st century platitudes.

I don't deny that privileged kids have more opportunities in the summer... and that is unjust. But wealthy kids are not doing anything that specifically addresses "summer slide." They are at their summer homes, traveling abroad, playing tennis or hanging out with friends. These things can offer great learning, but have nothing to do with the supposed "loss" of reading, writing and arithmetic skills cited by the research.

Privileged kids don't experience the same level of "summer slide," but it is not due to math worksheets on the golf course. It is because the greater a child's privilege, the more likely it is that her school year experience included discovery, construction of knowledge, engaged imagination, intact curiosity, lots of passion and adequate dopamine (essential for learning). This kind of learning is harder to extinguish and much more easily revitalized.

The architects of educational reform fall into the "summer in the Hamptons category," so their privileged children are not sentenced to summer remediation to counter "slide." They don't need it. Nor do the students, rich and poor, in the school where I work. I've been leading a school for 15 years and I'm not even slightly concerned about "summer slide." It's because our students are learning during the school year, not being "trained" by stuffing them full of meaningless information.

Summer is not the problem. Poverty and poor educational practices are the problems and all the summer remediation in the world is just putting a small Band-Aid on a gaping wound.

This column appeared in the Valley News.



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Edenton...continued from page 11.

Day Trip Destination At a Glance

Location: Edenton, NC

Distance: 126 miles

Driving Time: 2.5 hours

Along the Way (or on the way back):

Bertie County Peanuts

217 US 13 North, Windsor, NC 27983

www.pnuts.net

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Hours: Mon-Fri 9-5 and Saturdays: Maybe

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Hours: Everyday 11-3

Insider Tip: Grab one of

their sandwiches to go and head down to one of the waterfront benches or one of the rocking chairs on the porch of the Penelope Barker House to enjoy.

Downtown Cafe and Soda Shoppe

301 South Broad Street, Edenton, NC 27932

Hours: Mon-Sat 11-4

SHOP

Listing of Downtown Stores: www.mainstreetedenton.com/shopping.html

Edenton Bay Trading Company (great browsing store, solid wine/beer selection, sells wine by the glass and has a lovely patio out back where you can enjoy)

My Sister's Closet (vintage/resell)

Salty Kisses (babies/kids, beautiful selection of children's clothing, also features local/handmade)

SEE/DO

Penelope Barker House and Welcome Center

Trolley Tour (\$12.50/pp, tours at 10:30, 11:30, 1:30 and 2:30, air-conditioned, narrated)



Chowan Arts Council Gallery

Grounds/gardens of Cupola House (guided tours only but you can walk the grounds on your own, free admission to garden)

OTHER THINGS TO SEE/DO (on the waterfront)

Edenton Bay Cruises (narrated boat tour aboard the Liber-Te with Theresa and Mark)

1886 Roanoke River Lighthouse

Playground for kids

OTHER THINGS TO SEE/DO (in Edenton)

1767 Chowan County Courthouse (a short walk from the Penelope Barker House...or you can drive and park)

Edenton Cotton Mill Village and Museum of History

Taylor Twin Theater (1925 movie theater)

Iredell House (James Iredell was on the first U.S. Supreme Court)

The Elizabethan Gardens

St. Paul's Episcopal Church (oldest surviving church building in NC; oldest charter in the state; three governors buried on the grounds)

Benefits of Travel:

1. Removes you from your usual surroundings: This allows for a fresh perspective and new insights.

2. Provides an opportunity (and opens the door) for transformation: In seeing new places and experiencing new things, you start to see yourself and your world differently.

3. Fills need for variety: Routine is important, but without variety, routine turns into boredom.

4. Recharges your batteries: Travel can serve a similar function as "walking meditation". Sometimes all you need is movement (which, in this case, is a different location).

5. Invites joy: New experiences, tastes, and ways of life spark that joy of learning that is easily lost as we get older. Travel reignites that sense of exploration, wonder and joy.

6. Opens new opportunities: As you travel, you meet new people and broaden your network.

7. Practice being agenda free: Free yourself from calendars and expectations by allowing yourself to explore and discover.



BOA Board Minutes:

General Board Meeting, May 20, 2017 The K Club

The meeting was called to order at 10:07 am by President Ed Myers.

Ed asked for a motion to accept the minutes as written by Noreen Barrett from the April meeting. Nancy made the motion, Bob seconded and all approved.

Treasurer's Report: Bob White reported that we are ahead of the budget and have saved \$13,753.54 from the proposed budget. Annual dues take in \$223,000. So far 599 homes have returned their dues. Doris Ullman collected \$1920 as other income this year for gate cards and clickers. Bob noted that even though the line item for gates shows a negative, we have been totally reimbursed for the damage caused to both gates. One change to the printed budget will be to move an amount noted in the recreation line item to the camera line item.

Secretary's report: None

Old Business:

Gate Card: Ed expressed, on behalf of the board, sincere thanks to Doris Ullman for her fantastic work over the many years as Gate Card disperser. Mark Roche and Linda Chidsey will be taking over effective immediately and will be backed up with technical assistance from Ted Beszterczei.

Phone Tree: The neighborhood database that is compiled for the gate cards will also be used for the phone tree service.

Carolina Water New Road Access: Jerry Levesque reported that the ongoing efforts to cut a road to avoid Carolina Water having to access via Hammock Place, is going well. The lawyers have completed the due diligence and title searches. The area manager, Danny Lassiter will be giving the completed package to the owner for review and projected completion date will be the end of July 2017.

Additional Speed Bumps: After much discussion and review the Board will not be adding additional speed bumps. Research has shown that speed bumps can be a hazard for Emergency vehicles. Extra speed limit signs will be part of the new signage in the neighborhood.

Repainting of Speed Bumps: Many thanks to Scott Bell for organizing repainting of the Speed Bumps.

Street Signs and Road Repairs and committees: Nancy Beszterczei reported. There is a sample of the new upcoming signs at the corner of Spruce and Lord Granville. After some feedback, the street name will have bigger letters. The new signs will be taller, with a black post set into a concrete footer. The speed limit signs will be bigger at 7' and the regular street sign poles will be 9'. The concrete base means there will be no weed eater or termite damage. The investment in new signs of this standard should ensure a much longer life. 35 street signs have been ordered and 43 Stop and informational signs. As the new signs will now be regulation size, the Sheriff's Dept. can enforce the posted speed limits. The major Stop intersection will have a new white line to encourage stopping fully. Onslow paving will be quoting for this. The rest of the board members would like to say a huge thanks to Nancy for all of her research and hard work with new signage. She got 5 quotes and put a huge amount of time into selecting the best product for Brandywine. The new signs should be installed beginning this week and should take 4-6 weeks for completion.

New Business:

Signs on BOA Property: As per Brandywine's covenants, no signs are permitted on any property except for realtor, builder, landscape signs which must measure no more than 2'x2'. "No dog poop", "Yardsale" signs are not permitted and most residents have been very receptive to removing them. The covenants apply to the homeowner, so it is the homeowner's responsibility to inform realtors of the covenants' rules. Also, street parking is prohibited in Brandywine. Again, it is the homeowner's responsibility to inform renters of the parking regulations. Homeowners will be warned by the board of violations and if violations are not remedied within a time frame set up by the board, there could be a monetary fine of \$100 per day. This adherence to the covenants protects the value of our homes and neighborhood.

Street Reps: We would like the current street reps and anyone interested in becoming a street rep to attend a Street Rep meeting on June 6th at 7:00 PM at Cedarwood Village Clubhouse. Street Reps are very important to the community and we welcome all. Nancy also pointed out that Nextdoor is an App with lots of neighborhood information and we encourage people to join.

Committee Reports:

Drainage Report: Scott Carpenter reported: Scott was busy this year but has a major project in the works to remedy some sinkholes in the Reserve Green area. He is working on a budget for the board.

APRIL ACC APPROVALS

- 408 Oakmont Dr. ... Add new front storm door, 4/1/2017
- 408 Oakmont Dr. ... Repaint front door 4/1/2017
- 407 Oakmont Dr. ... Remove tree on side of house 4/1/2017
- 417 Hillcrest Dr. ... Add new drain pipe under driveway 4/14/2017
- 417 Hillcrest Dr. ... Expand driveway entry width 4/14/2017
- 202 Oak Dr. ... Repaint front door 4/17/2017
- 108 Tree Fern ... Replace cedar shake siding w/vinyl 4/25/2017
- 104 Tree Fern ... Replace windows 4/25/2017
- 104 Tree Fern ... Replace exterior doors 4/25/2017
- 104 Tree Fern ... Renovate ext. entry and steps 4/25/2017
- 417 Oakmont Dr. ... Remove disease/damaged trees 4/25/2017
- 407 Lord Granville ... Construct new residence 4/25/2017
- 403 Lord Granville ... Replace roof 4/25/2017
- 102 Fairway Ct. ... Paint exterior doors 4/29/2017

Beautification: No report at this time.
 Gates: Mentioned above.
 Cameras: All good for now.
 Boat Storage: Nothing to report for now.
 Recreational Area: There was damage to the tetherball post and it was broken off near the concrete base. The tetherball was then wrapped around the swing set. The board asks all residents to report any signs of vandalism they may see.
 A Sheriff's Deputy will be attending the next Annual General Meeting to discuss ways to keep our neighborhood safe.

The meeting was adjourned at 8:45pm.

Please stay alert to notifications about the time and date of the next Annual General Meeting.

Respectfully submitted by Noreen Barrett, April 19, 2017.

Last Month's Solutions

S	C	O	P	E	A	V	I	D	I	D	E	A
H	O	N	O	R	M	E	N	U	N	U	M	B
U	N	C	O	N	F	I	N	E	D	T	R	A
T	E	E	P	E	E	E	R	E	R	E	R	I
			S	W	E	E	T	O	R	A	L	S
S	A	P	S		B	R	I	D	A	L		
P	E	R	T	U	R	B	A	U	T	A	R	K
A	R	O	U	S	E		R	E	C	O	I	L
T	O	P	P	I	N	G	B	E	R	E	A	I
			E	N	T	R	E	E	D	R	A	M
S	L	I	N	G		E	A	T	E	R		
C	O	L	D		G	A	S	S	E	V	E	R
U	N	I	O		O	V	E	R	S	H	A	D
B	E	A	U		R	E	L	I	A	R	I	S
A	R	C	S		E	S	S	E	B	Y	T	E

4	3	8	9	2	6	5	1	7
5	6	7	3	1	8	4	9	2
9	2	1	5	4	7	8	3	6
3	9	5	4	7	1	2	6	8
7	8	6	2	5	9	3	4	1
1	4	2	8	6	3	7	5	9
2	1	3	6	8	4	9	7	5
6	5	9	7	3	2	1	8	4
8	7	4	1	9	5	6	2	3



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Pet of the Month Ellie

By Monica Sellars

Ellie is a delightful little Chocolate Poodle who lives with Bob and Sharon White. Ellie's humans adore her, and she shows her appreciation by "talking" with them, guarding the backyard from squirrels, and being 100% adorable!

Ellie is certainly a lucky pup to have landed in the lap of luxury in Brandywine! You see, Bob and Sharon had been thinking about bringing a new dog into their home for a while, back in 2014, after their beloved Delilah, a Teacup Poodle, passed away. One fine day, they were heading West on Highway 70, on their way to visit family, when they saw the sign at the yellow produce stand (you know the one) that said "Puppies 4 Sale." They decided to stop and investigate. When they did, they saw the cutest litter of Chocolate Poodles! Ellie was the smallest puppy in the bunch – she could fit in your hands – and they decided that she would be just perfect for their family. They agreed to pick her up on their way back home, after their family visit. Bob and Sharon decided to name their puppy Ellie, after the main character in the audio book they were listening to during their road trip.

Ellie is a smart puppy, so she learned the ways of the house pretty quickly. She did have a wild streak, though, and she was prone to darting out the door any time she saw the chance. This was troubling for Bob and Sharon, as they did not enjoy chasing her around the neighborhood. So one day, Sharon gave Ellie an ultimatum; in her sternest Mom Voice, Sharon explained to Ellie that she would have to go back to the produce stand if she did not stop running out the door. And wouldn't you know—she never ran out again! Very smart.

These days, when she wants to go outside, she strikes up a conversation with Bob or Sharon, using her own special dog words. If they aren't listening, she persists and then starts to nod her head in the direction of the door. This is very cute, and she is always rewarded with a trip to the backyard. Bob says she's also a cuddle bug, and she loves to snuggle in beside him so that he can rub her ears.

Ellie loves people, and it was a pleasure for me to meet her. I thank her for being the reason that I also got to meet and chat with Bob and Sharon on their lovely screened porch on a beautiful Brandywine afternoon. I hope you will have a chance to meet this friendly trio as well! Look for them around the neighborhood, and stop to say hello!

Do you have a great pet with an interesting story? Please contact editor. soundwaves@gmail.com to have your pet featured as the next Pet of the Month!



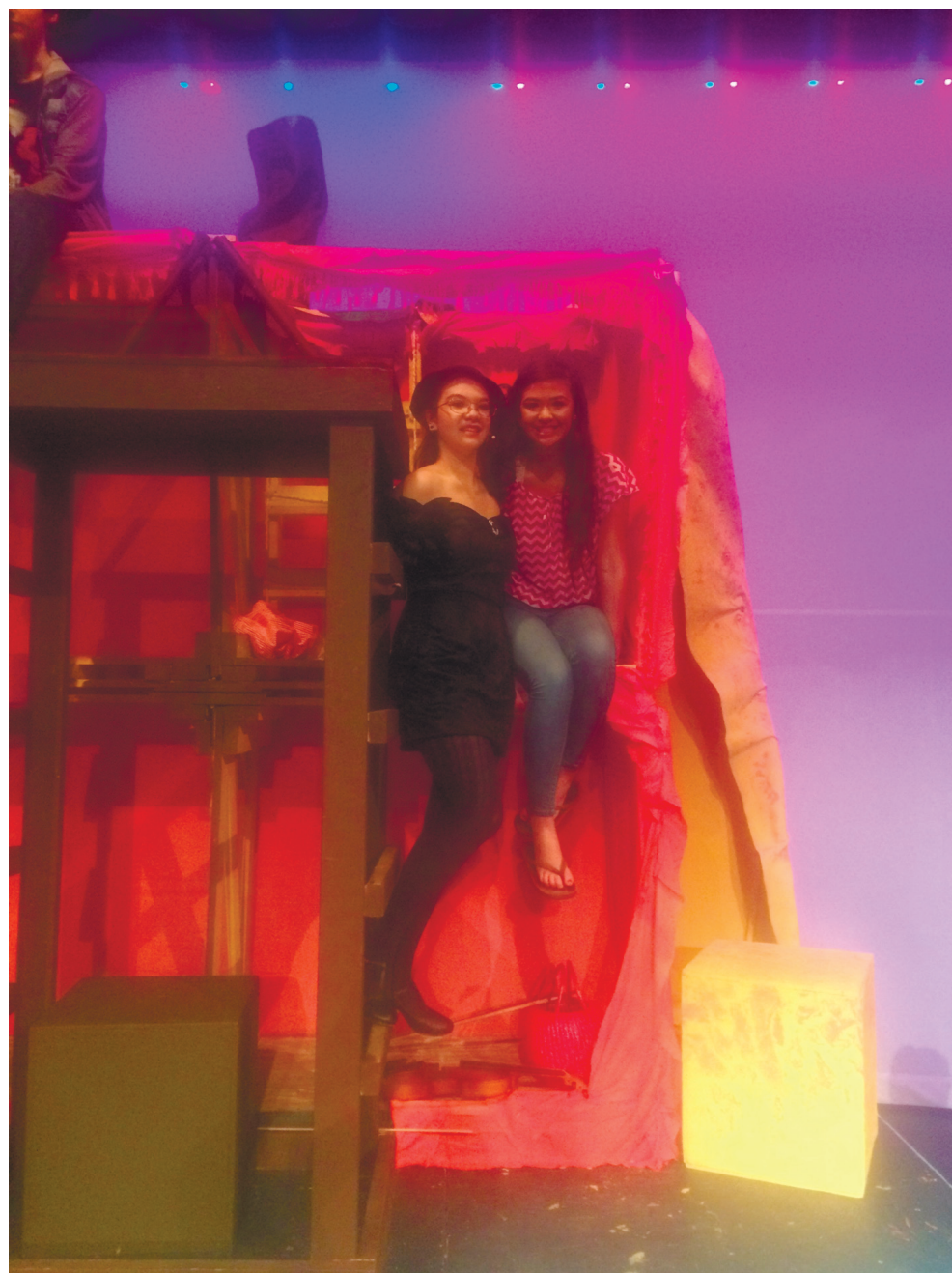
Ellie
White



Teen Scene James and the Giant Peach

By Amber Sermarini

West Carteret High School performed the musical, James and the Giant Peach, this May. The musical was entirely student produced. James runs away from his evil aunts and travels in a magical peach with his insect friends to travel to New York. Theatre Arts I&II as well as Drama II put the sets, costumes, and props together for the musical. Many students auditioned to be put in the cast and ensemble. There were also plenty of band students to fill the pit for the orchestra.



Left to right: Amanda Sermarini and Amber Sermarini inside the giant peach

Downtown Morehead City Announces 2017 Alive at Five Schedule

Downtown Morehead City is excited to announce its 2017 Alive at Five concert series schedule. The free concert series, which kicks off on May 26, is held the first and third Friday of the month from 5:00-8:00 pm and features a variety of regional bands showcasing an assortment of music genres. This is the seventh year Downtown Morehead City will host the Alive at Five concerts. Each concert attracts 500-1,000 attendees.

"Alive at Five has become a staple event for our Downtown Morehead City community," said Lisa Rueh, Executive Director of Downtown Morehead City. "By attracting visitors from our neighboring communities, the concert series helps support our local restaurants, shops and hotels while benefiting our local economy. Downtown Morehead City is honored to once again host this popular, family-friendly event for our community."

Alive at Five concert-goers are encouraged to bring blankets and lawn chairs for seating. Those attendees arriving by boat are encouraged to dock their boats at the Jaycee Park Docks, complimentary during concert hours. Beer, wine, water and soda will be for sale during the concerts along with light refreshments. While outside food is permitted, no outside beverages or coolers are allowed and concert attendees are encouraged to visit the many downtown Morehead City bars and restaurants following the concerts.

To read about the bands, visit <http://downtownmoreheadcity.com/alive-at-five-2017-schedule/>



Free concerts at MHC's Jaycee Park
5-8pm

June 2 - Liquid Pleasure

June 16 – Bounce

July 7 – Punch

July 21 - Jim Quick & Coastline Band

August 4 - Mikele Buck

August 18 - Jan Michel Fields Band

September 1 - North Tower

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10. System regenerates only when necessary based on water usage and not at a preset interval.	Yes.....	No

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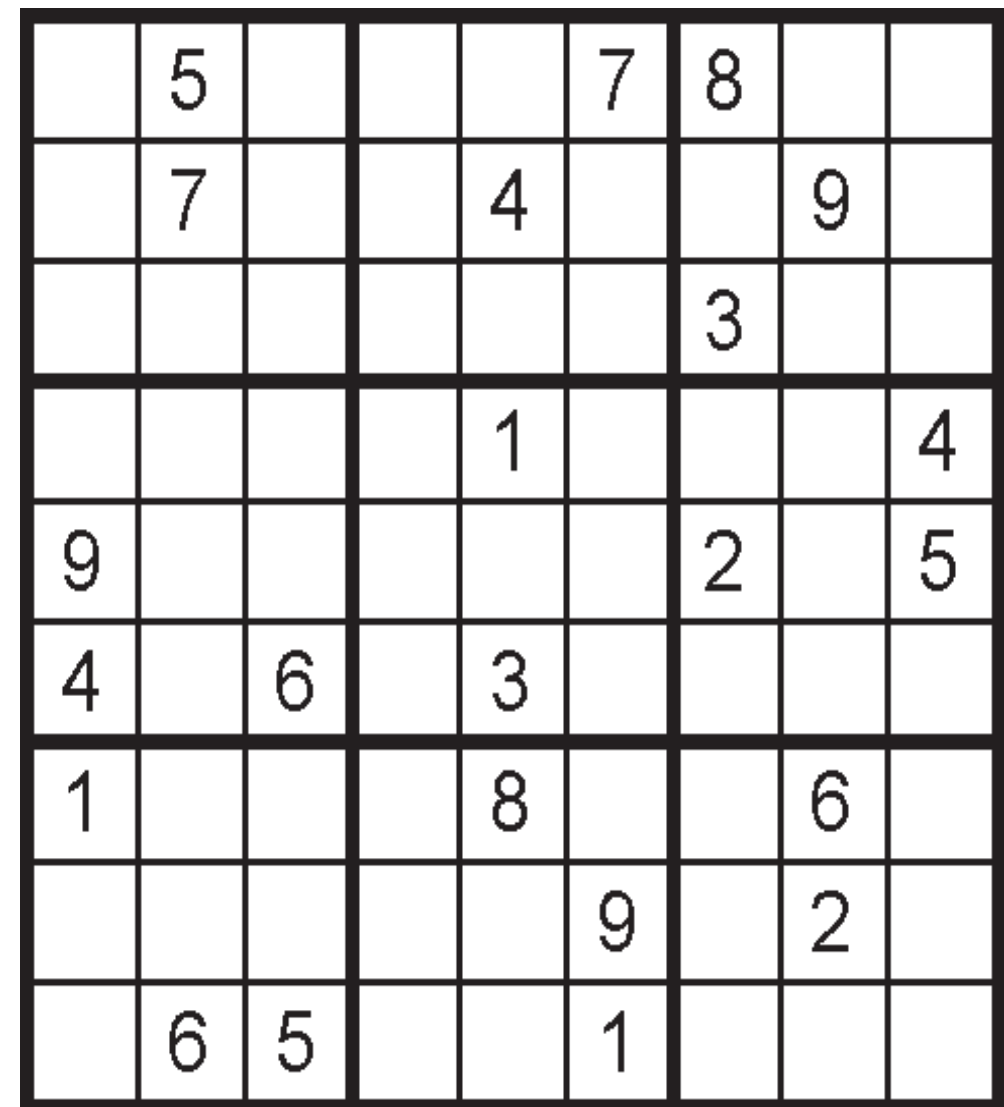
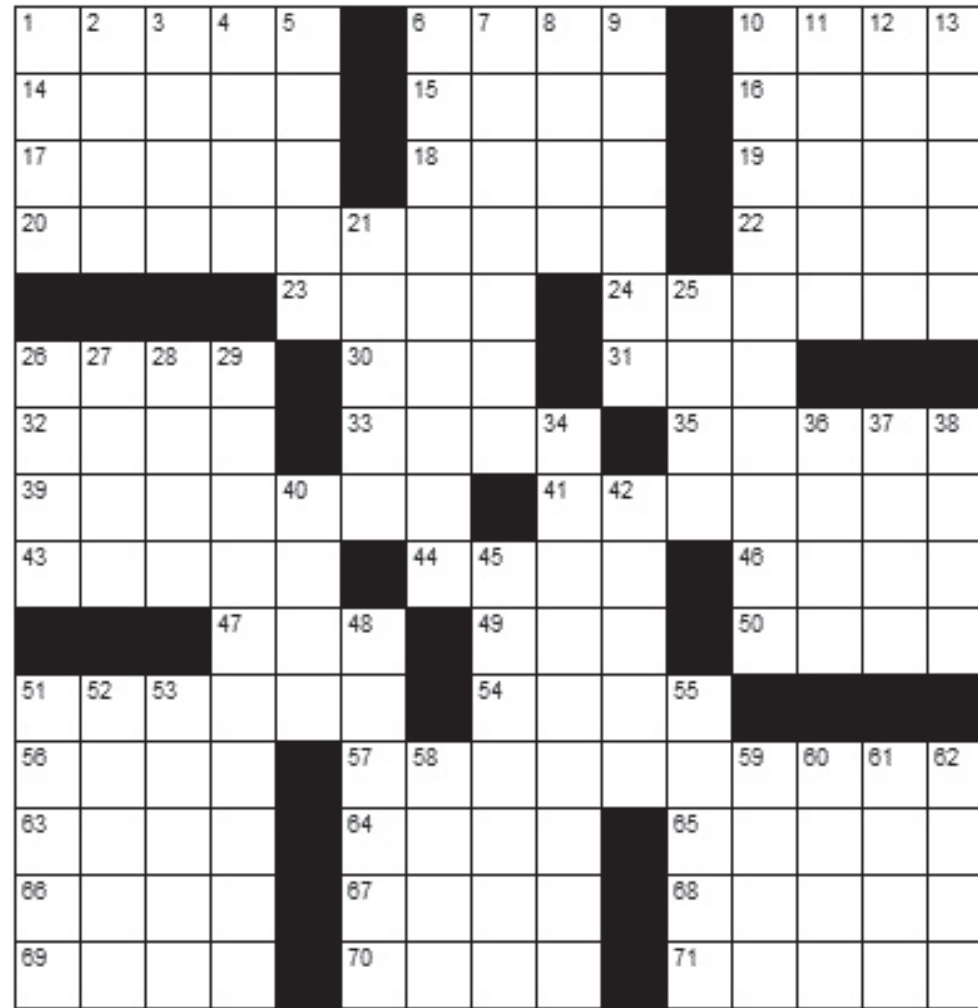
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 - Fog
 - Saturate
 - A radioactive gaseous element
 - Against
 - Hodgepodge
 - Growing old
 - Leveling wedge
 - Half-moon tide
 - Written material
 - Melody
 - The original matter (cosmology)
 - Andean animals
 - Insulation
 - Genus of macaws
 - Hankering
 - Chills and fever
 - Cans
 - Celebrates
 - Wailer
 - Weblike
 - Muse of love poetry
 - Sow
 - Lascivious look
 - European peak
 - Delay
50. Being
- Stimulating drink
 - Barely managed
 - Prospector's find
 - Not oriental
 - Ammunition
 - Bit of dust
 - "Odyssey" sorceress
 - Boyfriend
 - Not amateurs
 - Leg joints
 - Male offspring
 - Sourish
 - Sows
- DOWN
- By mouth
 - Wise men
 - Modify
 - Departed
 - Mad
 - Proficiencies
 - Cold-blooded
 - Blend
 - At an opportune time
 - Baby's soft spot
 - A part of the small intestine
 - Tropical vine
- Runs
 - Winged
 - Not right
 - Baseball great, _____ Ruth
 - Food thickener
 - Bluefin
 - Possessing a hard shell
 - Stealthiest
 - Fastens
 - Anagram of "Seek"
 - Arid
 - Puncture
 - Nosed (out)
 - Voter
 - Cue
 - Tattles
 - Juliet's love
 - Flack
 - Packs of playing cards
 - Daughter of Zeus and Demeter
 - 3 times 3
 - Tall woody plant
 - Breezed through
 - Not more





New baby, upcoming event, fun hobby, great activity for others in Brandywine? We want to get the word out. Tell us at editor.soundwaves@gmail.com

Do you have the cutest, craziest, most interesting or unique pet in Brandywine? Submit a photo of you with your pet for the chance to be featured as Pet of the Month. Include your contact info, pet name and age and a little about yourself. editor.soundwaves@gmail.com

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