



Sound Waves
38th
Anniversary

Vol. 38 No. 2

Our Community Newspaper

MAY 2025

Stargazing at the Cape

Crystal Coast Quilters' Guild 2025 Raffle Quilt

Inspired by our Cape Lookout National Seashore identified and certified as an International Dark Sky Park, the Crystal Coast Quilters' Guild desires to share the beauty of our own backyard reflected in the design of our 2025 Raffle Quilt entitled, *Stargazing at the Cape*.

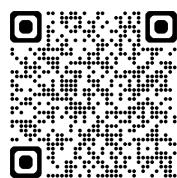
This improv quilt was the concept of Crystal Coast Quilters' Guild members Pepper Cory, internationally renowned quilter, and Stephanie Austin.

Fabrics from multiple fabric lines and treasured fabric stashes were used

to find the perfect balance of both color and texture. Many guild members participated in constructing the individual quilt blocks of this 92" x 100" queen-size quilt.

The custom quilted surface design was completed by Crystal Coast Quilters' Guild member, Laurie Mayo. Look closely at the bottom of the quilt where you will be delighted to find quilted outlines of dolphin pods, turtles, and other sea life.

Proceeds from this quilt raffle support the Crystal Coast Quilters' Guild charitable quilt programs for children, veterans, breast cancer treatment, and hospice patients. The winner will be drawn and notified on October 16, 2025. You do not need to be present to win. Good Luck!



QR Code for Stargazing at the Cape Quilt Shop page



QR Code for Stargazing at the Cape Quilt Description page



BOA Annual Meeting

May 18, 2025 at 5 PM
at the 19th Hole (golf course club house)



Minutes from BOA meetings are posted on the Brandywine Owners website.

<https://brandywineowners.org/homeowners/minutes-archive/>

Annual dues were due by May 1.

Voting ballots can be dropped in the Hwy 70 mailbox until May 12.

See "Notes from the BOA Board" inside for more details.



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ALL ABOARD!

By Scott Mason

The BOD and Beautification Committee have been quite busy with projects to keep Brandywine looking great. The new red oak at the 70 entrance that did not survive has been replaced, no charge to Brandywine. The new tree is already blooming!

We have removed a few more dead or dying trees, but we hope there will not be any more this season. The playground is looking great after removing a few pine trees. Unfortunately, we needed to remove a couple of hardwood trees that had rotten cores. All of the excessive growth around the street lights throughout the neighborhood has been trimmed.

Although the pansy flower beds at the entrances still look great, they will not last much longer and summer flowers will take their place.

The sides of the roads along Brandywine Blvd from the 24 gate to Lord Granville and Lord Granville from the 70 gate to the first houses have been restriped as well as the stop sign bars. All speed bumps have been repainted and reflectors added.

We apologize for not being able to clear the roads after the snowstorm in February. We tried to find a snow plow crew, but came to the conclusion there are no snow plows in Carteret County! Other than US 70, Arendell St, our roads were no worse than any other road in Morehead City. Even route 24 was not cleared until a day or two after the storm. So in future storms,

stay home and enjoy a couple of days rest, nothing was open anyway, so there's nowhere to go!

The drainage committee has been very busy. We continue to deal with collapsed and clogged drains. Although some of culverts and drains are on golf course property, they are draining our neighborhoods. We will provide an update on these projects and costs we have incurred at the annual meeting.

A major project under consideration is power washing and repainting the white walls and guard shack at the 70 entrance. More to follow on this.

For those of you that have asked why there are schoolbuses in the neighborhood, the BOD has adopted a resolution to allow EC buses to service special needs students with a documented need for special transportation. The regulation is published on the Brandywine Owners website under By Laws.



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Our Community Newspaper

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What Every Homeowner Should Know

There are a few common questions and answers about dryer vent and air duct cleaning.

How do I know if my dryer vent needs to be cleaned?

A few signs can be checked:

- Clothing taking longer to dry than normal.
- The dryer feeling hot and still damp when it finishes (especially heavy items like towels).
- The dryer itself feels hot.
- There may be lint on the lint screen.
- Visible lint around the back of your dryer. Is there lint debris?

These are indicators that the vent might need cleaning.

Does cleaning my dryer vent lower my energy bill?

Yes, by having your dryer vent professionally cleaned, your clothes dryer will run more efficiently. A dryer going through a restricted vent is like you trying to breathe harder to get air. Your dryer will struggle to get air, and not only will your bills go up, but you will have to run loads for longer. The life of the dryer can be shortened, and repairs might be needed more frequently. There is also the risk of overheating, which can be dangerous. **Don't risk everything you have worked so hard for!**

Can I clean my dryer vent on my own?

The tricky parts of the vent system are the hidden spaces that cannot be cleaned when you are not a trained professional. It was noted that cleaning the front vent on the dryer was done well, but when a professional came, the amount of debris removed was surprising. There are areas of the dryer vent system that are difficult to reach without the right equipment. It was advised not to use the typical store-bought vent cleaning brushes, as they could push debris further into the vent or cause it to break apart, worsening the issue. It is recommended that dryer vents be cleaned once a year.

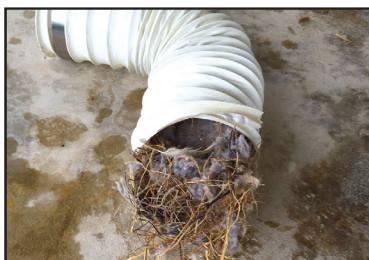
Will air duct cleaning help my allergies?

Yes, many people are allergic to animal dander, smoke, pollen, and dust mites. Particles and debris can harbor these allergens and aggravate respiratory issues. Removing dust from ducts can reduce these triggers. Cleaning your air ducts also reduces particulate debris in your ducts, meaning there are fewer particles and potential allergens in the air that can affect those with respiratory illnesses.

I live in a newly remodeled home. Do I still need service?

Yes! Air duct system cleaning is needed in homes that are newly built or remodeled. During this time, construction debris such as plaster dust, hardwood floor sanding dust, drywall dust, nails, ducts, and insulation end up in your ductwork. Many home buyers have ducts inspected and cleaned prior to closing on their home.

The dryer vent cleaning costs \$150, and there can be an additional charge if a new dryer vent box is needed, for example. An inspection of air ducts is provided at no charge using special camera equipment, and there is a free written estimate. All services are guaranteed.



252-671-2009
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Brandywine Bay Golf Course is for Registered Golfers Only

We had an unfortunate incident on the golf course on April 5. Please be aware, the golf course is private property, it is not a part of the Brandywine Owners Association. Since the incident, posted and no trespassing signs have been located around the course. The only persons allowed on the course are golf course employees and members and golfers who have paid their fees and registered with the Pro Shop. If you have not registered with the Pro Shop, you do not belong on the course.

The course is closed when the Pro Shop is closed. Membership does not convey the right to be on the course when it is closed. Walking, with or without your dog, riding anything other than registered golf carts and fishing are all prohibited activities at all times.

You are putting yourself in danger by violating the rules, being hit by a golf ball can cause serious injuries or death.



No Trespassing on the Golf Course, Please!

BBGC is private property, 24/7.
Tell your kids, too!

The golf course is for registered golf customers only.
Neighborhood residents are not to enter the golf course property for other activities.
NO walking, biking, Frisbee, golf cart cruising, etc.

Content Writer



Sound Waves is looking for volunteer writers! Do you have ideas for stories? Please share! Contact Monica at editor.soundwaves@gmail.com for more information.

Correction

In the February 2025 Sound Waves, the article “Birthday Celebration for Anne Lynes” was mistakenly credited to the wrong author. The article was written by Lori Wilson.



Lori and Anne

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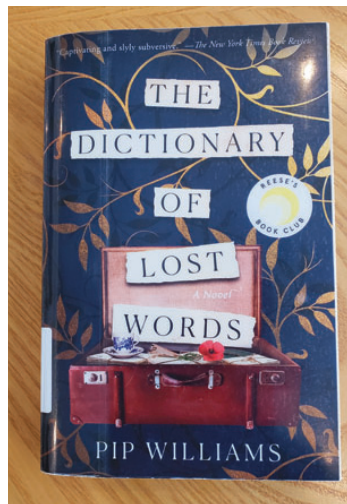
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Brandywine Book Club News

The Brandywine Book Club met in April to discuss *The Last Carolina Girl* by Meagan Church. It is a story which follows a teenage girl as she deals with grief on losing her father, and identity after being placed in a foster home as the family's helpmate. She overcomes much heartache, the worst of which is a forced sterilization. It is then that she takes control of her life which ultimately brings her peace.



The book for May is *The Dictionary of Lost Words* by Pip Williams. The focus is on the Oxford English Dictionary and words and their meanings missing from the early pages. It takes place around the turn of the century and follows the daughter of one of the men working on the book. She interacts with characters based on real people. The result was how words have different meanings for men and women resulting through language, feminism and social changes.

The Book Club meets the second Tuesday of each month at 1 PM. We welcome new members! Contact Diana Viglianese (252) 726-0676 for more information.


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Ladies Golf Association

By Myra Roche

Aces

Our 2025 season started with our President Angela Zieleck winning March Ace of the Month with a net 73 and our former President, Lori Wilson won April Ace with a net 68.



Angela Zieleck - March Ace



Lori Wilson - April Ace

St. Patrick's Day Tournament

On March 15th, twenty-four members and guests played in our Annual St. Patrick's Golf Tournament sponsored by the MGA & LGA and organized by Ken Ghelli & Myra Roche. The team of Nelda Kessler, Peter Eibl, Susie Garland & Chuck Urban came out on top and won the tournament. The coveted "potato sack" last place prize was claimed by the team of Anne Lynes, Loretta Beaulieu, Pat Barber and Stefanie Mueller, proving it matters not if you win or lose, it's all about the fun!! Players provided appetizers and desserts for all to enjoy. SLAINTE!



St. Patrick's Day golf tournament



Potato winners: Loretta, Stefanie, Pat & Anne



Overall winner - Peter, Chuck, Susie & Nelda

Home & Home @ Beaufort Club

On April 14th, eight ladies participated in the competition at windy Beaufort Club with blitz points format. Competing against ten other area clubs, Brandywine came in third! Not bad Ladies!



Home & Home at Beaufort Club

Solheim

YIN/YANG

Two complimentary forces that interact to create balance in the universe.

****Balance on the Green****

The driver soars, the putter glides,
Power and grace walk side by side.
The sun beats down, the breeze flows cool,
Fury and calm—golf’s golden rule.

A wayward shot, a perfect line,
Both must come, both must shine.
For in the dance of loss and gain,
Yin and Yang define the game.

By: anonymous

Sixteen ladies competed with six holes super-ball, six holes best ball and six holes match play. An additional three ladies played nine holes. It was a well even match and, for the first time in our Solheim history, it ended in a tie! The 19th Hole at Brandywine prepared a delicious salad luncheon for the ladies (thank you Peyton) and all enjoyed black and white cupcakes and Oreos for dessert. Thanks to our creative Team Captains, Angela Zieleck and Myra Roche, a great time was had by all!



Solheim group photo

American Flag Disposal

The United States Flag Code states:

"The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning."

A Flag Retirement Box has been placed at the guard shack on the Hwy 70 exit side. You can deposit American Flags you wish to have retired properly.



Nelda Kessler's Western Hoedown

By Lori Wilson

On Wednesday, April 16, 2025, LGA Member Nelda Kessler was celebrated by nineteen of her crazy friends on the occasion of her 80th birthday! The theme, initiated by our expert party planner, Myra Roche, was a Western Hoedown, appropriately held at the Sagebrush in Morehead City. The ladies traded their usual golf attire for cowgirl hats, colorful neckerchiefs, jeans, and boots! While waiting for lunch to be served, Nelda shared a photo album of her life from her childhood years, through high school and college, marriage, divorce, and love and laughter!! We were all very impressed!.....especially with the fact that she actually had such a beautifully organized visual remembrance of her life, when most of us have a box somewhere loaded with family photos that we're going to sort out "some day!"

After a delicious lunch, Nelda had to suffer the proverbial good natured "roasting," and, because it is her giving nature, she then shared her birthday celebration with our resident TOL (Tough Old Lady) Susie Garland. Susie was presented with her own birthday cake, complete with Eighty-five blazing candles to honor her 85th birthday which was coming up on the 22nd. Luckily, Susie had enough wind in her to extinguish the flames, and we were able to cancel the call to the fire department! (Too bad, though, a few firemen might have spiced things up a bit!) Congratulations Susie!!

Lots of picture taking followed, including group pictures of those 80 somethings, 70 somethings, and 50/60 somethings (the Young'uns) and one very special 90 year old!

We are a mingling of the Silent Generation, Baby Boomers, and Gen X women brought together in friendship formed over the game of golf. We delight in celebrating milestone birthdays, praising the good works and poking fun at the not-so-praise-worthy shenanigans. And, yes, for Nelda, we even dressed up as Annie Oakley wannabees!

Happy Birthday Nelda!! Yee-Haw!! Cheers to you!!



Nelda's 80th



Susie Garland & her 85 candles





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In Memoriam

Joseph Smith February 6, 2025
George Walls February 23, 2025

Joseph Smith

Joseph James "Doc" Smith, 90, a Brandywine resident of more than 20 years, passed away peacefully surrounded by his family after a brief illness on February 6, 2025. Joe is survived by his loving wife, Louise Smith, to whom he was married for 67 years. Joe and Louise moved from Brandywine a few years ago, and Louise says they had many friends and fond memories here. Joe was an avid golfer and served as BOA president.



Turtles Eat Lettuce!

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4 Common Elder Scams: How to Stay Safe and Fight Back



Presented by Greg Patterson and James Allen Canady

Elder fraud continues to be a growing problem with millions falling victim to a scam every year. Know the common signs that signal trickery—and what to do if you or a loved one is being scammed.

Over two million elderly people are known to fall victim to elder fraud every year. The elderly population has long been a target of fraud for many reasons. For one, many are trusting and may have decreased cognition stemming from health issues. Scammers are also aware that many of these people have retirement accounts with money to spare—or conversely, are on a budget and likely to jump on a chance at a windfall.

Experts believe, however, that many more elderly victims go unreported. Some may not realize the fraud until a family member or caregiver

steps in. Many are embarrassed when they discover they have been duped and so they hide the events. The median amount lost by victims over 80 years old is \$1,700.

It can be difficult to detect when you are being victimized. There are many types of scams that are targeted at the elderly, and awareness is the first step in protecting yourself or loved ones. Here are some of the most common elder scams and tips on how to combat them.

1. Medicare and Social Security Scams

Scammers misrepresent these government programs to trick elderly victims into sharing personal information. In some cases, they may pretend to be a Medicare representative and ask for the victim's information and Medicare number, which is then used to commit fraud. In other

cases, they may ask for bank account information and steal money from the account.

The same has happened with Social Security—many scammers pose as representatives who promise to improve benefits. They may ask the victim for money for these services or may simply extract enough information to have the benefits deposited into the scammers' accounts.

What to do: It is important to know that Medicare and Social Security will never call you to sell you anything. The agencies will also not contact you for personal information unless you have called them first. If you are unsure about a call, hang up and call the agencies directly. Also, be sure to check Medicare and Social Security statements regularly for anything unusual.

2. Sweetheart Scams

Unfortunately, many lonely or widowed elderly people fall victim to sweetheart scams every year. Here, scammers pose as a love interest online. They form a relationship with the victim virtually, expressing their love...and then ask for money. Since the relationship is already established and the victim sees this person as a boyfriend or girlfriend, they often send the cash. By the time a family member intervenes or the elderly person realizes their paramour is a fake, it is very difficult to get the money back. Often the amount of money sent can total thousands of dollars.

What to do: If you meet someone online, it is important to find out if they are who they say they are. It is a red flag if an online friend does not want to meet in person or use video chat. If you think a loved one has fallen victim to this scam, be empathetic and try to ask more questions. Asking for power of attorney can grant you easier access to their accounts so you can check for anything suspicious.

3. Grandparent Scams

A popular scam directed at the older generation is the grandparent scam, where an imposter calls pretending to be the victims' grandchild or someone holding the grandchild hostage. They demand a ransom in return for the grandchild being let go. Often, the grandparent immediately transfers the money to make sure their grandchild is safe before they realize it was a scam. Reports have found this scam makes the most money on average for the scammer—nearly \$9,000.

What to do: If you receive a phone call like this, the first thing to do is

Service expertise you can take comfort in.

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4 Common Elder Scams

Continued from page 12

try to remain calm. While the thought of a grandchild being in trouble is frightening, it is important to confirm the situation. Before you send any money, try calling the grandchild or the parent directly to see if they are in trouble. If you discover that the call is a scam, report the phone number to your local police. If you do send money and later discover the fraud, file a police report.

4. Phishing and Telemarketing Scams

More generally, elderly people are often victims of various phishing and telemarketing scams. Whether they are via email or over the phone, these scams usually ask victims to share personal information such as name, address, birthdate, banking information, and more. The scammers can then use this information to impersonate the victim or steal funds. Elderly people who are not comfortable with the computer may be quick to click on malicious links that download malware or expose information.

What to do: If you receive a phone call asking for personal information, think twice before sharing. If you are unsure, hang up and call the institution directly. When using email, do not click on any links or open attachments in an unsolicited email. Even if you think you know the sender, think twice before you click. If you are concerned about a loved one being scammed, educate them on how to check emails for fraudulent links.

Stay Safe

The first step in protecting yourself is understanding that these scams exist. Awareness allows you to think twice before taking action on a phone call or email. If you believe you may be a victim of a scam, confide in a family member or friend you trust. You should contact your local law enforcement as well. Remember, these scams are designed to trick you, so do not be embarrassed.

If you care for a loved one that you think may have been scammed, approach the topic in a calm and understanding way. The victim may feel defensive or embarrassed, so it is important to be mindful. Again, contact law enforcement and the victim's bank if any money was moved. Be sure to share some of the common scams with them as a preventative method.

This material has been provided for general informational purposes only and does not constitute either tax or legal advice. Although we go to great lengths to make sure our information is accurate and useful, we recommend you consult a tax preparer, professional tax advisor, or lawyer.

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Greg Patterson and James Allen Canady are financial advisors located at Atlantic Wealth Management, 712 Bridges Street, Morehead City, NC 28557. They offer securities and advisory services as Registered Representatives and Investment Adviser Representatives of Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser. They can be reached at 252-515-7800 or at greg@myatlanticwealth.com.

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Thoughts About Communities

By Monica Sellars

Just over a year ago, we faced a number of unexpected challenges in our household, and now that we are through them, I've been taking some time to reflect. One theme that keeps coming to mind is the importance of communities, different kinds of communities, and the amazing way communities embrace and support people who need them in just the right ways. I think it is wonderful that we find people to connect with in so many different circumstances.

As part of my personal realignment after this strange year, I've been reading "The Lazy Genius Way" by Kendra Adachi, which outlines her 13 Lazy Genius Principles. Number 8 is Let People In. She says, "When you let people in, you find support and camaraderie, and you and those in your community see one another in more authentic ways as time goes on. We can't live well without connection and community."

In November of 2023, due to downsizing, I suddenly became a member of the general online community of job seekers. What an active and welcoming community I discovered on LinkedIn and through other career-focused sites. I experienced fellow job seekers looking out for one another; perfect strangers offering advice, encouragement and references for positions in their organizations; and former colleagues personally delivering my resume to their company's recruiters. It was nice to be accepted automatically into this community -- no interviews required!

After I secured a new job, we adopted a puppy – big change #2. It is well known that there is an active community of dog lovers in this area, and boy did we quickly realize that we would need the help of this community with raising our puppy-monster into a civilized dog. Encouragement, advice, and hands-on help from Misplaced Mutts, Arendell Animal Hospital, the PetSmart training program, Beach Paws, Sound Dog Training Center, and Camp Mutt helped us through difficult puppy stages (the work is ongoing, of course). They offered help, not only with dog training and care, but also moral support for the puppy's struggling humans -- which is priceless. Again, I found that when we asked for help, the community members were overwhelmingly generous and accommodating.

The year offered other challenges and changes as well and, now that I am thinking about it from this perspective, membership in other communities that supported us in ways that were timely, relevant, and appreciated.

Brandywine is an important community for us too. Even before this particularly challenging year, our neighbors have always shown kindness by sharing gifts of food, picking up mail while we were away, and waving as we drive or walk past one another. We hope to return the kindness and pay it forward!

When I volunteered to help with coordinating Sound Waves, it was because I wanted to have a reason to connect with neighbors. And it has

worked! Every neighbor I've met, through this role or otherwise, has been a kind, friendly, and truly fascinating person!

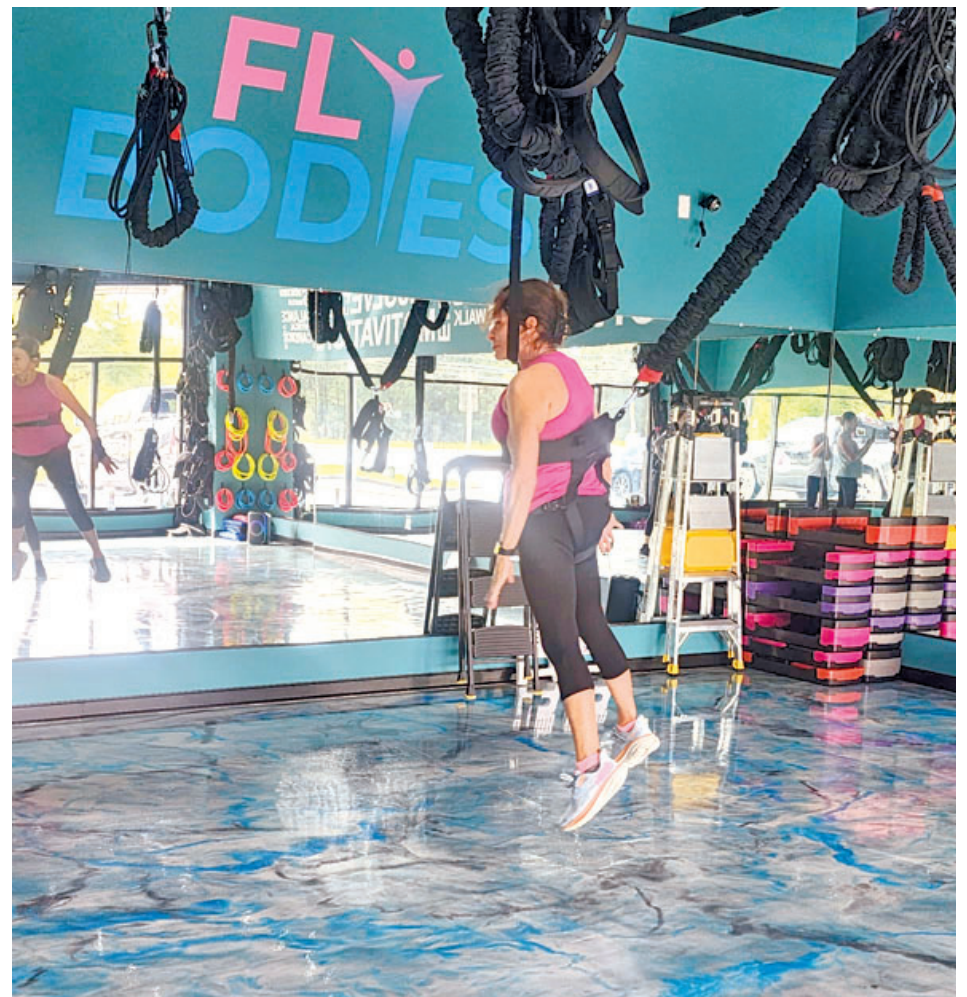
Neighbors, we are a large, long-term-commitment type of community with a common interest in living *right here*. Beyond that, we represent a variety of ages, interests, and experiences. And that's what makes getting to know your Brandywine neighbors such an enriching opportunity!

"Don't overthink connection. Just invite somebody over!" -- Kendra Adachi

Try Something New: Bungee Fitness

By Mariana Goldstein

Bungee fitness is low-impact and gentle on the joints, making it suitable for people of all ages, abilities, body shapes, and sizes. The bungee resistance also helps to support challenging bodyweight movements and enhance coordination and balance.



Mariana at Fly Bodies Fitness in Jacksonville, NC

Notes from the BOA Board

Notice of annual meeting and agenda, HOA dues invoices and election ballots were mailed to all property owners in late March. Minutes from prior meetings are posted on the Brandywine Owners website: <https://brandywineowners.org/homeowners/minutes-archive/>.

Our Annual Meeting will be held on May 18, 2025 at 5 PM at the 19th Hole (former K – Club). Hope to see you all there.

HOA dues payments were due by May 1, 2025. If you have already paid, thank you. If you pay after May 1, 2025, a late fee will apply. Please save your BOD time and your association money; pay your dues so we do not need to send second and third notices!

We have three vacancies to be filled on the BOD. Voting ballots and candidates biographies were sent to all owners in late March. Please exercise your right to vote. Ballots returned by mail must be postmarked no later than May 8, 2025, or may be deposited in the mailbox at the 70 entrance by May 12, 2025.

Brandywine Boulevard Traffic

The traffic on Brandywine Blvd and the speeding problem continues to get worse. Many people are using Brandywine Blvd as a short cut from route 24 to US 70 and visa versa. Although some may be Brandywine residents, most of the speeders are believed to be non residents using the road as a shortcut. The additional traffic adds to our road maintenance costs as well.

The BOD is considering keeping the gates at 24 closed at all times. This will limit access to residents only requiring passcards or clickers for entry.

We recognize this may cause some inconveniences but your delivery drivers and contractors will quickly learn to use the 70 entrance which will remain open during the day. Passcodes can be provided to golf course workers, and possibly the golf course can provide an entry code to golfers who are coming from the south when the reserve their Tee times.

We would appreciate feedback and comments from our residents, please reply to Brandywineowners70@gmail.com



Changes to the Brandywine Directory

New to the neighborhood? Contact brandywinewelcome@gmail.com to get your welcome packet and set up your gate access code with your phone number.

Need a new gate entry device?

Welcome and new gate devices committee –Marc Atkins | brandywinewelcome@gmail.com

Moving away? Please give your gate cards to the next owner.

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