



## BOA Elections 2016

The Brandywine Owner's Association, the master association for all Brandywine residents, is managed by a Board of five members who are elected for two years. Since terms are staggered, generally, two or three members are up for election each year. This year there are three positions up for election and all three current Board members, Robbie Terry, Scott Carpenter and Scott Bell, have chosen not to serve another term. The Nominating Committee of Tim Bradford, Jean Chappell and Bill Horton, appointed by the Board, have selected three candidates. The BOA will be mailing ballots to home owners at least 45 days prior to the Annual Meeting to be held at the Brandywine Bay Golf Clubhouse on Sunday, May 22nd.



Bob White - Page 4



Noreen Barrett - Page 3



Jerry Levesque - Page 3



## Accolades

### Becca Marson

By Monica Sellars

Congratulations to Brandywine resident Becca Marson for her successful dance performance and fundraising for the annual Dancing With Our Stars event, which benefits the Carteret County Partnership for Children.

Becca is a board member for the Partnership for Children and owner of Crystal Coast Gymnastics. She has participated in the Dancing With Our Stars event twice. For last year's performance, she and her dance partner taught themselves to swing dance by watching YouTube videos. This year, Becca recruited Matt Lara, a ballroom dance instructor, as her dance partner. She and Matt spent about 40 hours practicing for their dramatic performance of the tango. Alongside the practice time, Becca and Matt each spent time raising money for the Carteret County Partnership for Children.

The winner of the Dancing With Our Stars event is the couple that raises the most funds. Becca says that she and Matt raised a lot of money this year, but they did not win first place. The great news is that this year's fundraiser grossed about \$36,000 for the Carteret County Partnership for Children.

All funding, donation and sponsorship dollars from the event will stay in Carteret County to work hard for local children and families. The Carteret County Partnership for Children is a nonprofit 501(c)3 organization whose mission is to inspire, support and advocate for young children and their families in the areas of health, education and childcare. They provide programs and resources for children from birth to six years old. The early childhood programs offered by the Partnership for Children make dramatic differences in the life of a child. They provide information and assistance to both parents and children through programs like:

- Baby Steps: positive parenting approaches for babies and toddlers
- Better Beginnings: home-based therapy for at-risk children
- Education Scholarships: for child care providers
- Reach Out and Read: alliance with pediatricians to provide books and encourage reading
- Resources and mentoring for childcare providers
- Story Explorers: play groups for families with kids who do not attend traditional child care programs

In addition to these programs, there are other resources and events offered, and all families are welcome to participate. If you are interested in volunteering, the Partnership for Children is looking for new board members as well as volunteers for their events. In fact, the next Dancing With Our Stars event is scheduled for February 18, 2017, and volunteers are needed on the planning committee now!

Contact the Partnership for Children at 252-727-0440 or visit the website, <https://www.carteretkids.org> to volunteer or learn more about the events and programs.



Becca Marson

**NEXT BOA QUARTERLY MEETING**  
**May 22 at 3pm**  
**At the K Club**



# In Memory of Chris Couch

By Barbara Johnson

Brandywine resident Chris Couch, 61, of Morehead City, went to be with his Heavenly Father Monday February 8, 2016 at his home.

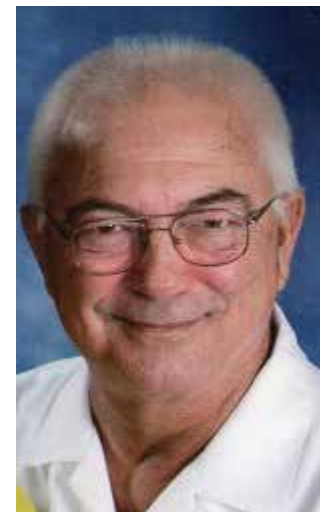
Chris was a plant manager at Blue Bell Wrangler and with his wife Vada was known to many as the owner and operator of Curves of Morehead City for over ten years. He was an active and devoted member of SNL (Saturday Night Life) church in Atlantic Beach.

An active volunteer in the community, Chris served as a board member of the Fellowship of Christian Athletes at West Carteret and worked with the Salvation Army, ringing the bell several times a week during the Christmas season. He was an active leader and teacher, mentoring many and changing lives as part of the Newport Prison Ministry. Hundreds of people knew him through his daily Facebook posts that brought scripture to life. As if all this was not enough, in his free time Chris greatly enjoyed hunting and fishing.

Chris' life was best expressed in the last post he placed on Facebook: "...how often do we miss an important message from God because we are looking for the loud voice, the burning bush, the blinding light, the tongues of fire, when God is trying to reach us with "a gentle whisper"? How often do we not hear from God simply because we don't take time to listen?"

Chris listened and he responded with body, mind and soul every day of his life. He was an example of Christian action to everyone he encountered. His reach was vast.

Chris was a devoted husband, father, grandfather, brother, uncle and friend. He is survived by his wife Vada Couch of Morehead City, son Lee Couch of Fredericksburg, VA, grandson Zachary Couch of Fredericksburg, VA, sister Pam Couch of Morehead City, brother Joe Drewyor of New Bern, niece Melissa O'Neal of Smithfield and nephew, Chad Pressley of Holly Springs.



Chris Couch

# In Memory of Erika Luise Paskman

By Barbara Johnson

Erika Luise Paskman

October 16, 1920 - February 22, 2016

One of Brandywine's oldest residents, Erika Luise Paskman, 95, of Morehead City,

passed away at her home on February 22, 2016. Erika loved to play golf and walk her dog during her years here. Her friendships in our community were strong and extensive and she is missed.

Erika is survived by her one daughter, Ivah Urbanski; two grandsons, Eric and Marc Urbanski of Chicago, IL; one brother, Karl Ehrensberger of Dortmund, Germany; one niece, Eva Van Den Bos and her husband Jim of Mc Lean, Va.



Erika Luise Paskman

# Morehead City Noon Rotary holds Second Annual Craft Beer and Wine Festival Fundraiser

The Morehead City Noon Rotary Club is excited to announce the second annual Morehead City Beer and Wine Festival, to be held Saturday April 9th from 7 - 10 p.m. at the Crystal Coast Civic Center in Morehead City.

The event will feature the finest NC Breweries showcasing a wide selection of craft beers and will also offer a selection of premium wines. Participating breweries lined up by RA Jeffrey's Distributing Co. include Green Man Brewing, Bold Rock Hard Ciders, Lone Rider Brewing Co., Natty Greene's Brewing Co., White Street Brewing Co. and more.

Guests will be treated to a variety of food, donated by local restaurants. In addition to area restaurants, there will also be a food items prepared by the Carteret Community Culinary Program.

For its second year, entertainment will be a focal point at the event, with a silent auction offering a variety of items and live music performed by NC band Jump Mountain.

Jump Mountain is a Raleigh based roots band with influences ranging from Old Crow Medicine Show, Folk Soul Revival, Jason Isbell, The Avett Brothers, The Black Lillies to Drive by Truckers, The Grateful Dead, and The Gourds.

Proceeds from the MHC Beer and Wine Festival will benefit an array of local charities including Make-A-Wish Foundation of Eastern NC, Hope Mission, Broad Street Clinic and the Boys and Girls Club of Coastal Carolina. A portion of the proceeds will also go to the MHC Noon Rotary's ongoing scholarship program that benefits local students.

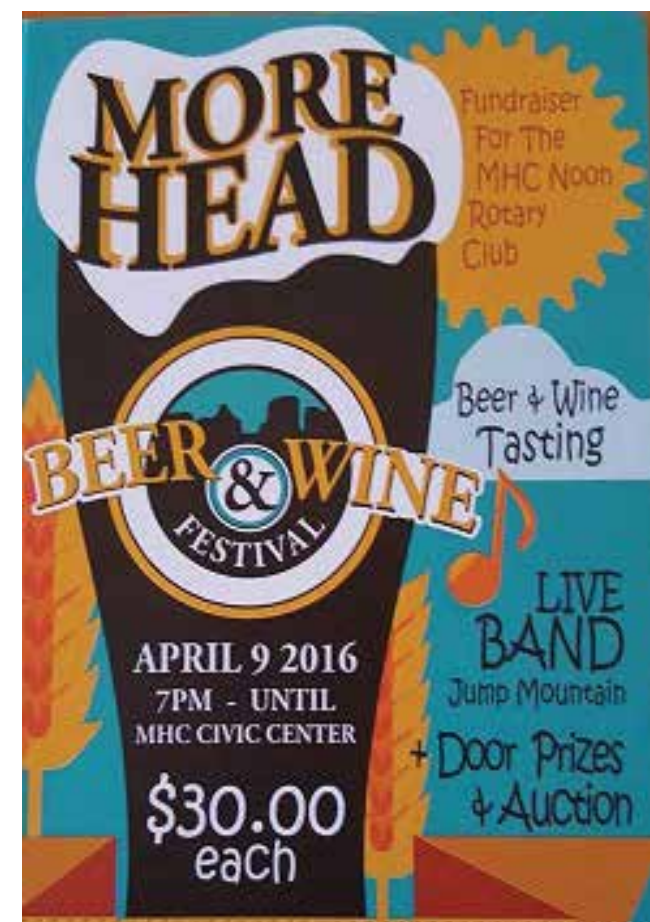
Thanks to successful fundraising and community support, in 2015 the MHC Noon Rotary was able to donate over \$40,000 to local charities and scholarships.

"We're thrilled to build on last year's success and bring premium craft beers and entertainment together for such a good cause," explains Randall Parker,

president elect of the MHC Noon Rotary group and event organizer.

"Being a Rotarian means serving your community, making friends, philanthropy and so much more. This event does all that and more during an evening of great music and excellent craft beers, food and wine."

Tickets are all inclusive and are \$30. Tickets may be purchased online or by contacting a Noon Rotarian. Here in Brandywine Bay that includes Dan McMahon, Bill Hayes, Barbara Johnson or Gene McLendon. Randall Parker recommends that you purchase your tickets in advance as numbers are limited. For more information or to buy your tickets, visit [www.moreheadbeerfest.com](http://www.moreheadbeerfest.com).



# Candidate: Jerry Levesque

Dottie and I returned to Morehead City in 2010 from South Carolina. Our original time on the Crystal Coast began in 1969 when I met Dottie and convinced my southern belle to marry the Yankee from Maine. At the time, I was working at Cherry Point as a technical representative for GE Aircraft Engines. Together, with our four children, we moved with GE from coast to coast in the US and to France (4 years), Turkey (3 years) and Russia (2 years) where I worked in leadership positions on aircraft engine joint ventures with our foreign partners. Our time in France was shared by three of our four children, so they were fortunate enough to learn diversity in cultures and languages. Since I was raised in a Franco-American household in Maine, I was able to polish up my “Canuck” French. We travelled extensively, so our bucket list is short at this time of our lives.

I retired from GE in 1999 following our return from Russia and the completion of my 34th year with GE Aircraft Engines. I also spent 4 years managing Timken Bearings’ Aerospace Division in Lebanon, NH, before returning to GE. Following my retirement, we moved to Fountain Hills, AZ (near Scottsdale) and spent 7 enjoyable years; but missed our families, so we moved back East. The decision to move back to our “roots” in Morehead City was fortuitous since we are now able to spend more time with our local and other nearby families. We both love the area and especially Brandywine Bay.

Brandywine is, to us, the premier neighborhood to reside in. It is near to so many local businesses, is beautiful with its golf course and many roads for strolling; with friendly neighbors who wave. Like all neighborhoods, it has its share of problems; but is gifted in having so many talented people who volunteer their time to keep our home a desirable place to live. We currently live on Fairway Drive East where we built a new home in 2014. We are enjoying our home and the great neighborhood.

Why be a candidate for the board, and what do I bring to “the table?” Throughout my working career, starting with the presidency of the Jaycees in Morehead City, member of the Lion’s Club in Newbury, MA, Chamber of Commerce and Rotary in Lebanon, NH and, finally, the Kiwanis in Fountain Hills, AZ; I have felt that I owed my community and neighborhood whatever skills and energy I possessed to make a positive impact. While residing in Reserve Green, I was a member of the ACC and president of the board. I am a high energy person with a penchant for accomplishing things, while working in concert with a team of talented people. My hope is that you will entrust me to join the BOA committee and board members to keep this community on the leading edge of quality and growth of property values.

# Candidate: Noreen Barrett

I have called Carteret County home for over 26 years. Looking for a little adventure in my life, I applied for an 18 month position with a wilderness educational program for at risk youth. That was 1989 and the position was in the USA, a far cry from my native Ireland! One of the wilderness camps was located on 9 Mile Road, right here in Carteret county and thus began my residency on the Crystal Coast. I followed that with a 17 year career in the community economic development field. I worked for East Carolina Community Development located in Beaufort. ECCDI is a non-profit organization whose primary focus is the development of affordable housing for the low-moderate income population. I also was involved in overseeing a small business lending program as an intermediary for the USDA rural development program. In 2014, I activated my long held real estate license and am now a realtor with Coldwell Banker Spectrum Properties located on the Atlantic Beach causeway. I have been a resident of Cedarwood Village since December 2010 and love Brandywine and all it offers. In the community, I have been very involved with St. Egbert Catholic School and was Home and School president for several years. My oldest daughter Ena is in her second year at the University of North Carolina, Charlotte, studying business and my youngest daughter, Aiveen is a freshman at West Carteret High School. My wife Gail is the lead attorney for the Onslow County Department of Social Services.

## BOA BOARD OF DIRECTORS

230 Brandywine Blvd.  
www.brandywineowners.org • (252)646-5072

|   |                                   |
|---|-----------------------------------|
| President- <b>J. Scott Bell</b>           | 342-7244 • jscottbell@hotmail.com |
| Vice President- <b>Janiece Wall</b>       | 247-4476 • jcourie908@gmail.com   |
| Director at Large- <b>Scott Carpenter</b> | 247-3152 • extramile6@hotmail.com |
| Secretary- <b>Ed Myers</b>                | 726-5276 • mke123@twc.com         |
| Treasurer- <b>Robbie Terry</b>            | 622-4861 • lterry@ec.rr.com       |

## COMMITTEE CHAIRPERSONS

|   |                                   |
|---|-----------------------------------|
| Architectural Control - <b>Charlie Sabathe</b>                  | 622-4402 • cmslss@aol.com         |
| Beautification - <b>George Haskins</b>                          | 622-7535 • ghaskins@ec.rr.com     |
| Breakage - <b>Mark Roche</b>                                    | 726-9232 • rochedog@gmail.com     |
| Camera - <b>Ted Beszterczei</b>                                 | 269-0179 • tbeszterczei@yahoo.com |
| Christmas Lighting - <b>Amy Haskins</b>                         | 622-7976 • ghaskins@ec.rr.com     |
| Database Manager - <b>John Miller</b>                           | 808-3499 • jmiller28557@gmail.com |
| Drainage - <b>Gordon Wall</b>                                   | 247-4476 • gwall908@gmail.com     |
| Golf Committee - <b>Chris Calling</b>                           | 247-2541                          |
| Neighborhood Representative - <b>Faye Bennett</b>               | 240-2153 • carbennett@aol.com     |
| Recreational Area - <b>Tom Snively</b>                          | 622-3278 • lighthousebond@aol.com |
| Security Gates, Entry Cards & Microclicks - <b>Doris Ullman</b> | 240-1436 • ullmandoris@yahoo.com  |
| Storage Area - <b>Jerry Garner</b>                              | 726-0842 • northst401@aol.com     |
| Webmaster - <b>Will Gainey</b>                                  | • wngainey@gmail.com              |
| Welcome - <b>Doris Ullman</b>                                   | 240-1436 • ullmandoris@yahoo.com  |

## BRANDYWINE SUBDIVISION PRESIDENTS

|                   |                                |
|-------------------|--------------------------------|
| CEDARWOOD VILLAGE | Wyatt Laughinghouse • 646-3677 |
| ENGLISH TURN      | Edward Myers • 726-5276        |
| HAMMOCK PLACE     | Carol Corbin • 222-4548        |
| RESERVE GREEN     | Kenneth Magel • 659-2280       |
| THE RESERVE       | Janet Stout • 726-0452         |
| VILLAGE GREEN     | Dianne Klein • 622-4679        |

## COMMUNITY EMERGENCY NUMBERS

|                           |              |
|---------------------------|--------------|
| Sheriff Deputy Request    | 728-8400     |
| Sheriff’s Business Office | 504-4800     |
| Ambulance, Fire, Sheriff  | 911          |
| Progress Energy           | 800-452-2777 |
| Street Light Outage       | 800-419-6356 |
| Carolina Water            | 800-348-2383 |
| Animal Control            | 728-8585     |
| NC Highway Patrol         | 800-411-6127 |
| Mosquito Control          | 504-2107     |





# BUSINESS SPOTLIGHT

## ADVANCED WATER SYSTEMS

By Barbara Johnson

Advanced Water Systems was started by Gene Smelik, Sr. in January of 1986. In the mid-70s, Gene purchased a Kinetico system for his farmhouse in the Cleveland, Ohio area that is still working and in use today -- roughly 40 years later! At the time, Gene also recognized the need for a quality water system for Carteret County citizens -- one that uses less salt, has very low maintenance, is completely automatic and non-electric. Hence: Kinetico!

From there, the Advanced Water Systems family has grown to a number of 64 total employees, including Gene's oldest son, Gene Jr. Advanced Water Systems' focus has been, and will continue to be, providing the absolute best product and the best possible service.

Their Newport office offers free water testing and consultations, is fully licensed and insured and is located just down the road from Brandywine across the highway from Garner Farms.

Kinetico dealerships are independently owned and operated by professionals who live and work in your community. They know your water best because it's the same water they use every day. They've chosen Kinetico for their customers because of Kinetico's commitment to ingeniously designed water treatment systems that work better than any other.

Your Kinetico water professional is factory-trained and authorized and will be able to recommend and expertly install a water treatment solution that's a perfect fit for your home and lifestyle. When you choose Kinetico, you can feel good in knowing you've chosen a water treatment system that will supply comfort and peace-of-mind for years to come.

So, call your Kinetico water professional today for a free water analysis and consultation. You'll be glad you did. Contact them at **ADVANCED WATER SYSTEMS INC, 5633 HIGHWAY 70, NEWPORT, NC 28570, (252) 223-4444**



BRANDYWINE COMMUNITY UPDATES  
DAILY AT [WWW.FACEBOOK.COM/  
SOUNDWAVESBRANDYWINE](http://WWW.FACEBOOK.COM/SOUNDWAVESBRANDYWINE)

## Candidate: Bob White

We arrived in Brandywine in October 2008, by way of a government transfer with in the Defense Logistic Agency, and assigned to support FRC EAST for numerous aircraft parts, and material. It was a direct assignment from the Defense Supply Center, Columbus, Ohio: and after a temporary assignment from the Puget Sound Naval Shipyard, Bremerton, Washington. I had volunteered for several temporary assignments with excellent results, (including one in Germany...2005), and the one to Seattle. Each experience promoted me to another level, and with the last logistic experience; assigned me to assist with logistics for MCAS, Cherry Point. After our arrival in late 2008, we narrowed our housing search to Brandywine community and soon realized what a great community we could live in, and put down roots. We first rented on Carefree Lane, Hammock Place area, (we were trying to sell our house in Columbus, at the lowest point of the housing recession), but eventually, we were able to buy at 105B Reserve Lane.

Today, my employment status is retired as of January 1st, from the Federal Government and looking to apply some of my experience and skills to a volunteer career. My military career goes back to 1961 in Columbus, Ohio when I enlisted in the Naval Reserve awaiting orders to Officer Candidate School upon graduation from college. With military experience, I have served in numerous leadership, instructional, and Department Head capacities the last 52 years.

My current civic activities include: (1) as an active Coast Guard Auxiliary at a Ft. Macon Flotilla. Qualified Classroom Instructional Trainer, Food Service Chef for a shore or shipboard assignment, and Unit Diversity Officer. (2) Veterans Affairs: Current volunteer driver for patient transportation to VA offices in Durham or Greenville. Also, lifetime member of VFW, and American Legion. (3) Beaufort Historical Association, member, and tour guide for annual open house of the 1820 Manson House. (4) All Saints Church, McCabe Rd, joined 2009 when Rev. John Grayson was the Senior Pastor. Assist with ushering, part time office staff, and occasional collection audit.

Married to Sharon Marie Hofacre White, 16 years, with a blended family of six adult children, and seven grandchildren. Sharon is a volunteer counselor at the Pregnancy Care Center, just outside the gate. Our children and grandchildren come to visit us in the summer for the nearby beach and play golf at the Brandywine Bay. We are members and committed to the club, and had a tremendous grand retirement party there on the 8th of January.

My hope and pledge would be to serve the board and residents thoughtfully, with dedication, and to carefully maintain and improve all aspects of the Brandywine community.

**DO YOU VOLUNTEER FOR A NON-PROFIT IN THE AREA?  
DO THEY NEED ADDITIONAL VOLUNTEERS OR EXPOSURE?  
WRITE AN ARTICLE FOR SOUND WAVES AND FORWARD TO  
US AT [EDITOR.SOUNDWAVES@GMAIL.COM](mailto:EDITOR.SOUNDWAVES@GMAIL.COM)**





# Arbor Day is Friday, April 29

By Monica Sellars

Quick, take a guess...how many streets in Brandywine have tree-related names? By my count, it's 19!

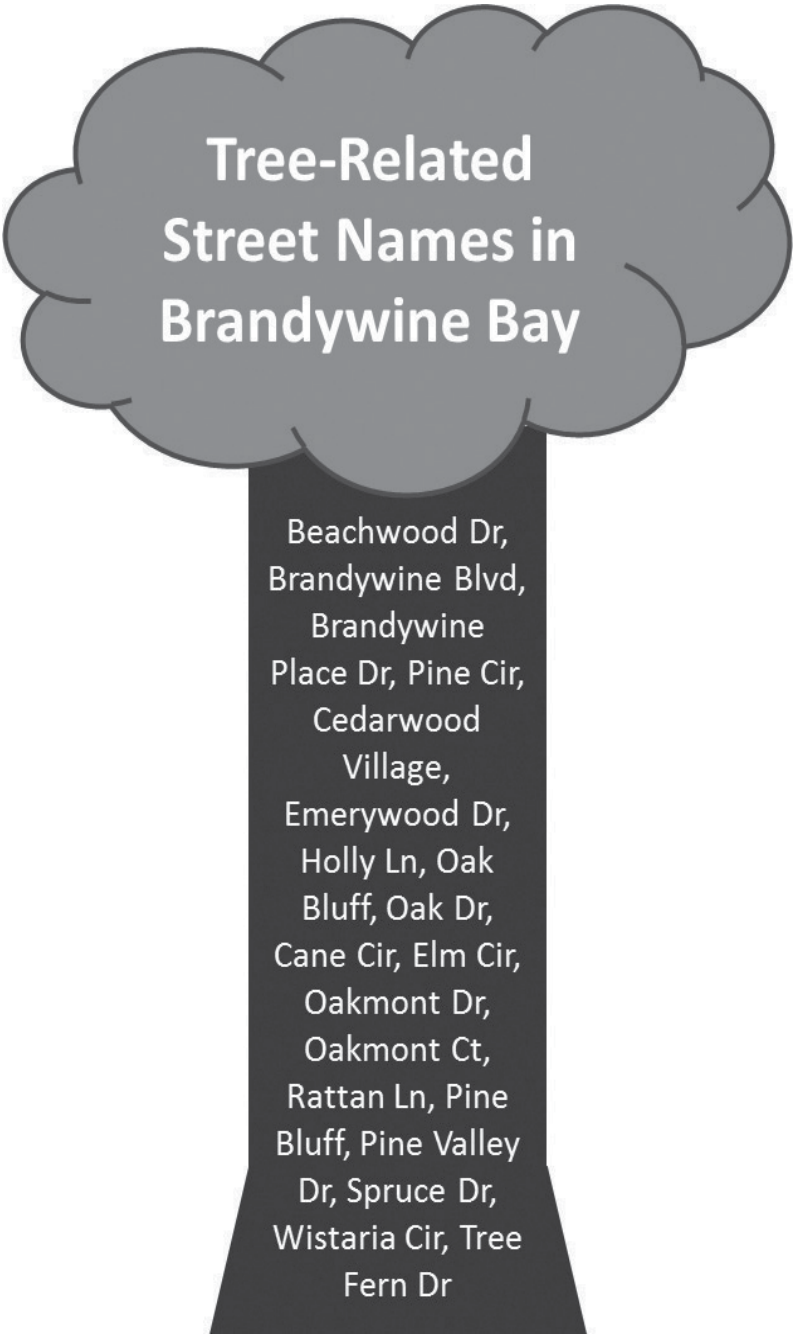
Trees are important for many reasons – beauty, shade, home for squirrels and birds, and more. Consider celebrating Arbor Day this year by planting a tree! There are trees that have “Brandywine” in their name – like the Brandywine red maple tree and the Brandywine Crabapple tree. However, choosing a tree by its name is a risky method. To find out which trees are actually best-suited to plant for our area, and which to avoid, go online to view the Carteret County Tree Awareness Group’s informative web page: <http://www.carteretcrossroads.org/cctag/facts.htm>

After you have selected the type of tree to plant, refer to [www.arborday.org/trees/](http://www.arborday.org/trees/) tips for information about selecting a healthy tree, planting the tree, the importance of mulch, watering tips, and more. Here are some highlights from the advice provided by the Arbor Day Foundation:

1. Finding a tree: Spend time planning which type of tree to purchase and where to plant it so that it will thrive. Consider the size of the tree at maturity, sun exposure, and soil conditions.
2. Selecting a healthy tree: Inspect the roots of the trees for sale at the nursery to determine which tree has good root growth.
3. Planting a tree: Different planting steps are taken depending on whether you purchased a bare root tree, balled-and-burlapped tree, or containerized tree. No matter what, though, be prepared to dig a hole.
4. Mulching: Add mulch around your new tree to provide a buffer from heat and cold, retain water, and prevent weeds, soil compaction and lawn mower damage.

5. Watering: Water your new tree after you plant it. Help your tree in the summer during its first few years by keeping the soil moist around your new tree. Usually 30 seconds with a steady stream of water from a garden hose with a diffuser nozzle is sufficient.

And don’t forget to take good care of the trees you already have in your yard. Proper pruning encourages growth. If you notice pest or disease problems on a tree, address them right away so the problem does not spread. Finally, consider talking to your trees and giving them a hug now and then. This can be good for you, and the trees may appreciate it too!



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# Pet Corner



By Todd & Allison Worrell, DVM's, Pet Docks Animal Hospital

In many instances, your veterinarian may prescribe medication for you to administer to your pet. This may be by mouth, topically, or by injection. Just as you would talk to your doctor about a medicine prescribed for you or your children, you should talk to your veterinarian about your

pet's medications. Here are some questions you may want to ask your veterinarian when medication is prescribed.

1. Why has my pet been prescribed this medication and how long do I need to give it? Cover the basics - what is the medication expected to do for and how long your pet will need to take it.
2. How do I give the medication to my pet? Should it be given with food? Taking some medications with food can minimize side effects or maximize efficacy. Others should be given on an empty stomach.
3. How often should the medication be given and how much should I give each time? If it is a liquid, should I shake it first? Giving the right dose at the right time of the day will help your pet get better more quickly.
4. How do I store the medication? Some medications should be stored in a cool, dry place. Others may require refrigeration.
5. What should I do if my pet vomits or spits out the medication? Your veterinarian may want to hear from you if your pet vomits. You may be told to stop giving the drug, decrease the amount given, or to switch to another medication.
6. If I forget to give the medication, should I give it as soon as I remember or wait until the next scheduled dose? What if I accidentally give too much? Giving too much of certain medications can cause serious side effects. Find out if giving too much is a cause for concern and what to do if this happens.
7. Should I finish giving all of the medication, even if my pet seems to be back to normal? Some medications, such as antibiotics, should be given for a certain length of time, even if your pet is feeling better. Others can be given to effect, and then discontinued.
8. Could this medication interact with other medications my pet is taking? Always tell your veterinarian what other medications your pet is taking, including prescriptions, over-the-counter medicines, and herbs or dietary supplements. It is always a good idea to write these down and take the list with you to the office and note how long your pet has been taking these.
9. What reactions should I watch for, and what should I do if I see any side effects? Your veterinarian can tell you if a reaction is normal or if it signals a serious problem. It is always best to call your vet immediately if certain side effects occur.
10. When should I bring my pet back for a recheck? Will you be calling me to check on my pet's progress, or should I call you? Your vet may want to examine your pet or perform laboratory tests to make sure the medication is working properly, determine if it needs to be continued for a longer period of time, or to confirm that the medication can be stopped.

Asking these questions helps you have the correct expectations about your pet's condition, and will inform you of the best course of action to take, given varying circumstances.

## BOA Board Meeting 3/14/2016

Meeting called to order and minutes of previous meeting approved

### Old Business:

- Onslow paving has completed the marking of the areas for the next phase of road repair. Weather permitting, work will begin tomorrow and should be completed quickly. There will also be sewer repair work being done by Carolina Water between the 70 entrance and Olympic Dr.

- Janiece and Ed will be working on the production and mailing of the bios and ballots for the upcoming board election.

- Mark Roche has agreed to assist Doris Ullman with the gate card audit which we hope to complete by the end of April.

### Treasurers Report:

- Financial reports available, nothing else to report.

### Committee Reports:

-Drainage: Stroud Engineering was contracted to formulate a plan to correct the serious drainage problem at the Fairway/Lord Granville intersection. Based on their recommendations which include pipe replacement and regrading of the drainage ditches, multiple quotes are being sought for what will be an expensive project. The additional "drainage pressure" from nearby developments was also discussed.

-Boat Yard: nothing to report

-Security/Cameras: all cameras are reportedly operational

-Recreation Area: one of the boarder timbers needs repair and one of the chin up bars is loose.

-Gates: problems with the transceiver at the 70 gate are being addressed by the maintenance company.

-Beautification: several dead trees were removed from Emerywood Dr. and a large tree removed from the Cedarwood entrance area. Four new stop signs have been installed and the road lines repainted at the Village Green 24 entrance. Sign post painting still continues.

-ACC : nothing reported

-Golf Course: nothing reported

- Mosquito: spraying season is imminent and reportedly the county will have some new equipment. The need to spray the recreation area and treat the nearby standing water was discussed.

### New Business:

-Golf course survey stakes:

After discussion of the surveyed properties, the golf dedication agreement, and possible intentions of the golf course owners, it was decided to formulate a letter outlining the stance and perspective of the BOA. The letter will be sent to the golf course owners following the input and approval of our attorney.

Meeting Adjourned

J Scott Bell

President



**Visit our Sound Waves Facebook page and LIKE the page to share information and get great updates about our community between publication dates.**  
<https://www.facebook.com/soundwavesbrandywine>



# Very Old Stomping Grounds

By JJ Johnson

Although Bob and I have called eight diverse locales “home” during our 62 years of marriage, none is more memorable than Locale #1, the married students’ housing at Syracuse University. “Little houses on the hillside; little houses made of ticky-tacky; little houses, little houses, and they all look just the same,” as described in an old Womenfolk song. These tar-paper shacks were erected during WW2, to house U.S. Air Force military, there to learn Russian at the University.

I can see it now: the middle unit of three, one of 30 or so buildings, referred to as “Skytop,” an appropriate name, since these old shacks covered the peak of the highest hill in the area. We entered our unit through a tiny screened porch; and directly ahead in the living room was a kerosene heating stove, which would do its best to keep us warm over that cold Syracuse winter. In the tiny kitchen was a kerosene cooking stove, with its kerosene-soaked wicks that were responsible for the distinctive scent throughout.

Syracuse winters on Skytop were harsh, both inside and outside, with blustering winds capable of lifting our living room rug off the floor in little ripples. And, after showering in our galvanized metal shower stall, we had to pour salt in the drain to keep it from freezing. Outside in the elements, car engines were covered with blankets and car batteries brought inside at night to ensure their function the next morning.

We subsisted on our ingenuity and wits, and with the \$3,100 salary I received for teaching English and Drama, while Bob completed his fifth year of Architecture. Bob built his drawing board from an old door and a lamp from an old tree trunk. One of our chairs was the end result of a furniture-making course he had taken. A couch, an armchair and a bed we rented from the University, a few dollars per month added onto our \$45 rent. We commandeered an ancient, cast-off refrigerator, sliding it down the steep bank behind our unit and into our kitchen, where we soaked its coils in oil, plugged it in and prayed.

The one luxury item we purchased was a large black metal TV set from Grant’s Five and Ten. We felt that we had “arrived.” I can remember watching “The Adventures of Spin and Marty,” stretched out on the couch after a day of teaching, waiting for Bob to get home from classes. At night, after supper, we would watch Dinah Shore. TV fare, during the early 50’s, was sparse and not very intriguing.

We ate our meals at a gate-leg table we had bought from a neighbor for a dollar, watching the male black mollies in our fish tank incessantly pursuing their females, bent on copulation during every waking moment. When we finally could bear it no longer, we flushed the whole lot of them down the toilet!

We lived on cereal, peanut butter and jelly, and Chef Boyardee, with spaghetti and meatballs as our “special,” saved for the times that Bob’s various fraternity brothers would come for a “home-cooked” meal. We loved having them – they brought the beer.

A lifetime has passed since our beginnings. We have raised children, negotiated through our careers, traveled through much of the world, and have selected Brandywine for our retirement years; but we look back at our time in our tar-paper shack with smiles, chuckles – and pride.



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# Helping Someone You Love with Hearing Loss

By Jackie Jaloszynski, Doctor of Audiology

Does someone you love always have the television on too loud? Do they complain about not being able to understand the dialogue on TV? Does this person speak louder than normal? Has this person started withdrawing from conversations – or monopolizing them (when one is speaking they don't have to listen)?

Are you feeling frustrated because: you have to speak louder than is normal for you? You constantly have to repeat yourself? You are being told you mumble or speak under your breath? You have to act as the interpreter for conversations and listening to the TV ?

Here are some things you can do.

## Recognizing Hearing Loss is Stressful

Before you step in and start talking about how your loved one doesn't hear well, it is important to recognize how stressful living with hearing loss can be, not only for them, but for you as well. People with hearing loss tend to feel frustrated, isolated or worn out. Trying to hear when you have a hearing loss takes tremendous effort and requires a great deal of concentration.

It is not unusual for people who suffer from hearing loss to blame others for the trouble they have hearing or understanding; the grandchildren don't speak clearly, people talk too fast, there is too much background sound on TV for me to hear what the actors are saying, you mumble when you talk to me, you talk too softly, you always talk with your back to me or from another room.

Addressing a hearing impairment may make your loved one feel weak, disabled or old. For these reasons, it is important to approach the issue of hearing loss respectfully and with sensitivity.

## Tips for Having a Conversation about Hearing Loss:

It is best to have a one-to-one conversation in a quiet place where you can speak face-to-face. This will help make sure your loved one can hear and understand you easily.

Some tips for a discussion about hearing loss include:

- Tell them you read an article (this one) that recommends everyone get a baseline hearing evaluation as part of their yearly physical. (Most adults received their last hearing test when they were in grade school.) Ask your family doctor for a referral to an Audiologist.
- Remember that not getting screened for a health problem doesn't mean the problem doesn't exist. It means that you could be allowing a minor problem to turn into a much more complicated and difficult health problem. Research has shown that the longer someone waits to do something about their hearing loss, the poorer results they achieve.
- Remind them that recent research from John Hopkins now shows a link between hearing loss and cognitive decline and falling. We hear with our brain not with our ears.
- Next time you receive an invitation to a lunch and learn or an open house on hearing loss by an Audiologist, RSVP yes. This is a great way to gather information in an informal group setting.
- Remind your loved one how common hearing loss is (affecting 1 in 3 adults over the age of 65 and 1 in 6 people age 41-59)
- Discuss the benefits of being able to hear well again, like enjoying family dinners, going to the movies, going out with friends, hearing the sweet whispers in their ears!

## Be Patient

Some people may be willing to schedule a hearing test right away. But for most folks, this may be just the start of the dialog. Be patient and continue to raise awareness by gently noticing instances when they do not hear something or hear it incorrectly to raise awareness of how much it affects both of your lives.

For additional information or to receive copies of research articles on topics mention above please feel free to call us at 252-222-5256

# If you are going to Do It Yourself, Do It Right!

By Amy Hahn, Pine Knoll Shores Realty

Oh, I've made the mistake of getting some bright ideas from HGTV. I have attended the Do It Yourself Educational Sessions at our local Lowes Home Improvement Stores. When something in my home needs repaired or renovated, I'll admit I google it. Sometimes, I can do it myself. If you are going to Do It Yourself, please...Do It Right! Especially if you are trying to sell your property.

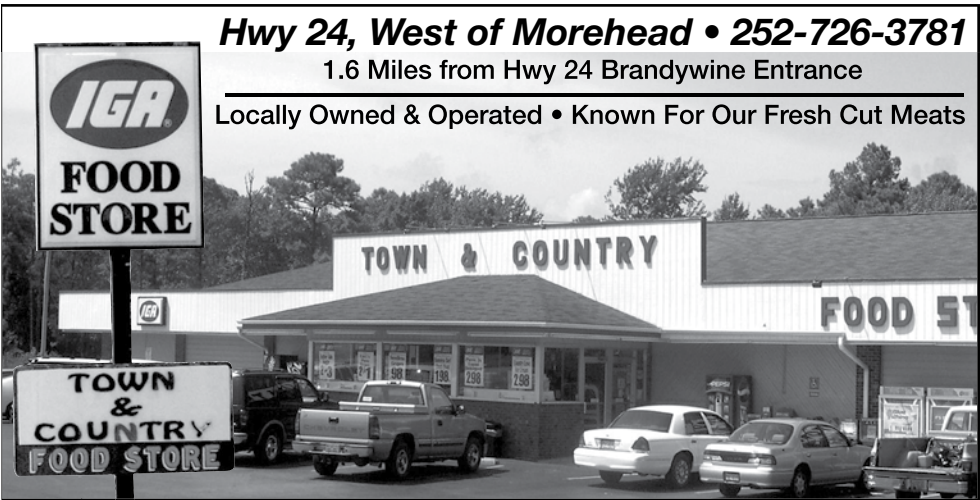
One of my biggest disasters was when the tub in the Principal Bath needed to be refinished. I did my research online, I visited the local Hardware Store and asked a hundred questions. Heck...I could do it myself, No Problem. Well, I was WRONG! I did it myself, but it looked terrible! The original plan was to save a couple hundred bucks. In the long run, it cost me a couple hundred bucks more than if I had called a professional to begin with.

A dear friend of mine, whom I love very much, recently decided to save a few hundred dollars by installing his own wood laminate flooring. From a distance, it looked great! If you looked closely, the flooring is buckling in several places, the trim work isn't quite right, and if a buyer were considering buying the property, you better believe they, and the home inspector would notice the flaws.

I always leave electrical work to the experts. I would never try to replace my own roof, and other than replacing a gasket in my toilet, I always call a licensed plumber for my plumbing needs.

So, while it may look easy enough on your favorite Home Improvement show or website, do your research and make sure that you can indeed Do It Yourself and Do it right... or call an expert!

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# What's Changing With Social Security?

By Greg Patterson, Financial Advisor, Atlantic Wealth Management

When Congress unexpectedly eliminated two Social Security claiming strategies as part of the Bipartisan Budget Act of 2015, retirement planning got a little more complicated for people who expected to use those strategies to boost their retirement income.

The provision of the budget bill called "Closure of Unintended Loopholes" primarily addresses two Social Security claiming strategies that have become increasingly popular over the last several years. These two strategies, known as "file and suspend" and "restricted application for a spousal benefit," have often been used to increase cumulative Social Security income for married couples. The budget bill has eliminated those strategies for most future retirees, but you may still have time to take advantage of them, depending on your age.

## File and suspend

Under the old rules, an individual who had reached full retirement age could file for retired worker benefits in order to allow a spouse or dependent child to file for a spousal or dependent benefit. The individual could then suspend the retired worker benefit in order to accrue delayed retirement credits and claim an increased worker benefit at a later date, up to age 70. For some couples and families, this strategy increased their total lifetime combined benefit.

Under the new rules, effective for suspension requests submitted on or after April 30, 2016 (or later if the Social Security Administration provides additional guidance), the worker can file and suspend and accrue delayed retirement credits, but no one can collect benefits on the worker's earnings record during the suspension period, effectively ending the file-and-suspend strategy for couples and families. The new rules also mean that a worker who files and suspends can no longer request a lump-sum payment in lieu of receiving delayed retirement credits for the period during which benefits were suspended. (This previously available option was helpful to someone who faced a change of circumstances, such as a serious illness.)

## Restricted application

Under the old rules, a married individual who had reached full retirement age could file a "restricted application" for spousal benefits after the other spouse had filed for retired worker benefits. This allowed the individual to collect spousal benefits while delaying filing for his or her own benefit, in order to accrue delayed retirement credits.

Under the new rules, an individual born in 1954 or later who files a benefit application will be deemed to have filed for both worker and spousal benefits, and will receive whichever benefit is higher. He or she will no longer be able to file only for spousal benefits.

## The bottom line

A limited window still exists to take advantage of these two claiming strategies. If you are currently at least age 66 or will be by April 30, 2016, you may be able to use the file-and-suspend strategy to allow your eligible spouse or dependent child to file for benefits, while also increasing your future benefit. To file a restricted application and claim only spousal benefits at age 66, you must have been at least age 62 by the end of December 2015. At the time you file, your spouse must have already claimed Social Security retirement benefits or filed and suspended benefits before the effective date of the new rules.

## Why did Congress act now?

Both the file-and-suspend and the restricted application strategies were made possible by the Senior Citizens Freedom to Work Act of 2000. Part of this Act's original intent was to enable individuals to change their minds in the event they determined that they wanted to work longer but were already receiving Social Security retirement benefits. However, this opened up some claiming strategies that while legal, went beyond the original intent of the legislation. Congress used the

budget bill to close these loopholes in order to save money and slightly reduce the long-range actuarial deficit faced by the Social Security trust funds.

## What if you're already using one of these strategies?

If you are already using the file-and-suspend or the restricted application strategy, you will not be affected by the new rules. You have already met the age requirements.

## How are benefits for surviving spouses affected?

Rules affecting surviving spouses have not changed. If you are eligible for both a survivor benefit and a retirement benefit based on your own earnings record, you can still opt to receive one benefit first, then switch to the other higher benefit later.

## What planning opportunities still exist?

Even if you can no longer take advantage of the file-and-suspend and restricted application strategies, you may still benefit from considering your Social Security filing options. The age when you begin receiving Social Security benefits can significantly affect your retirement income and income that is available to your survivors.

Basic options for claiming Social Security remain unchanged. Currently, the earliest age at which you can receive Social Security retirement benefits is 62, but if you choose to take benefits before your full retirement age (66 to 67, depending on the year you were born), your benefit will be permanently reduced by as much as 30%. On the other hand, if you delay receiving Social Security benefits past your full retirement age, you'll receive delayed retirement credits, which will increase your benefit by 8% for each year you delay, up to age 70.

Determining when to file for Social Security benefits is one of the biggest financial decisions you'll need to make as you approach retirement. There's no "one-size-fits-all" answer--it's an individual decision that must be based on many factors, including other sources of retirement income, whether you plan to continue working, how many years you expect to spend in retirement, and your income tax situation. It's especially complicated when you're married because you and your spouse will need to plan together, taking into account the Social Security benefits you each may be entitled to, including survivor benefits.

Although some claiming options are going away, plenty of planning opportunities remain, and you may benefit from taking the time to make an informed decision about when to file for Social Security.

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**For IARs:** Greg Patterson is a financial advisor located at Atlantic Wealth Management, 712 Bridges Street, Morehead City, NC 28557. He offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser. He can be reached at 252-515-7800 or at [greg@myatlanticwealth.com](mailto:greg@myatlanticwealth.com).

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# Blue Grass Stars Balsam Range in Concert

By Barbara Johnson

The Morehead City Rotary Club brings award winning Bluegrass band Balsam Range to the Crystal Coast for a local scholarship fundraiser on Friday April 8th at 8:00 pm (doors open 7:30 pm). Hosted by The Carteret Community Theatre at 1311 Arendell St, Morehead City, tickets are \$30 for advance reserved seating and \$35 at the door. Purchase advance sale tickets online now at [carteretcommunitytheatre.com](http://carteretcommunitytheatre.com).

International Bluegrass Music Awards Vocal Group of the Year for 2014 and 2015, Balsam Range boasts outstanding acoustic musicians and singers who hail from Haywood County in Western North Carolina. Their band name was named for the majestic range of mountains that surrounds part of their home county where the Smokies meet the Blue Ridge; the Balsam Range.

The band is high power talent through and through. Tim Surrett is pure entertainment as the band MC, seasoned lead and harmony while holding down the bass line and resonator guitar. He charms with spontaneity, wit and professionalism. A stellar fiddler, Buddy Melton is also one of the most gifted tenor voices in Bluegrass and Americana today. His range and tone give Balsam Range its identifying sound. With his envied guitar style, Caleb Smith has been called “one of the top young guns of guitar.” He sings with both power and control, delivering a high energy song or a tender ballad with equal vocal skill. Darren Nicholson is a gifted mandolin player and harmony singer with tremendous enthusiasm for American heritage music. Grammy Award winner, Marc Pruett brings more than 40 years of entertainment experience to the group. He brilliantly complements the ensemble with an intuitive, traditional three finger style that has made him one of music’s most admired banjo players.

Elements of jazz, country, gospel, swing and old-time music are all infused into the fresh sound of this unique southern bluegrass band. Its five distinct personalities create one remarkable musical experience that is the award-winning Balsam Range. To get a feel for their performances visit them at [balsamrange.com/videos/](http://balsamrange.com/videos/). For more information about the concert contact Dean McDonald at 252-342-2784.



## Brandywine Street Parking

The Architectural Control Committee (ACC) has received several inquiries regarding the rules for parking on the Shoulder of the Street. This is covered within the covenants and we suggest that you take the time to read the complete regulation on the BOA Website

To answer the specific question, this is covered in point 6 of the regulation:

6. No parking is permitted on the shoulder of the road, except on the shoulder adjacent to the owner’s driveway, and for short periods of time of less than four (4) hours.

If you have any questions please feel to contact the ACC.  
Charlie Sabathe'  
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## Vacation Crafts for Kids

### Paper Plate Bird Nest Craft

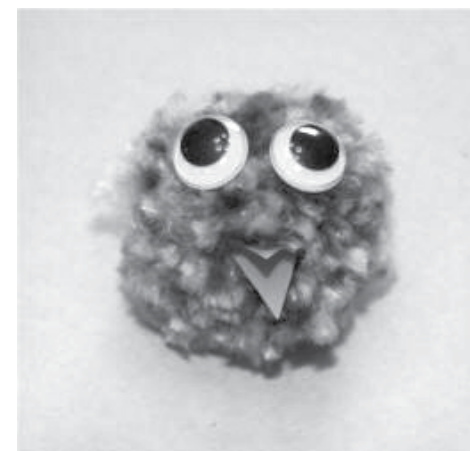
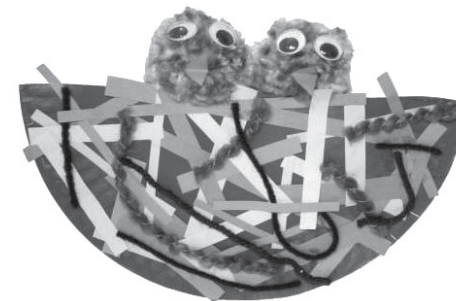
This is an adorable and really fun craft for kids to make. This craft gives kids the opportunity to express their creative side by decorating the birds nest and making cute little birds to go inside.

#### Materials:

- glue,
- scissors,
- paper plate,
- brown paint,
- stapler,
- construction paper (earthy colors like brown, beige, orange etc),
- wool or string (earthy colors for the nest and vibrant colors for the birds)
- Optional: wiggly eyes

#### Instructions:

- Paint the bottom of a paper plate brown and cut it in half.
- Cut strips of construction paper and wool (I used earthy colors like brown, yellow, beige and orange) and glue them onto the bottoms of both halves of the paper plate.
- Staple the two halves of the paper plate together to make a nest.
- Make a pompom bird (or several) using any color of wool you like
- Make sure you make your bird big enough that it won't fall into the nest.
- Optional: Glue wiggly eyes and a construction paper beak (cut a diamond out of orange construction paper and fold it in half) onto the pompom bird to give it a face).
- Optional: Stuff the inside of the nest with crumpled construction paper or tissue paper.



## Downtown Ribbon Cutting Celebration

You are invited! On Thursday, April 12 at 4:30pm, five Downtown Morehead City businesses are coming together for a huge Ribbon Cutting Ceremony on the Morehead City waterfront in the 400-500 blocks of Evans Street. Enjoy beer, wine and food. The hosts and sponsors are Allie Miller Photography, MoreHair City Salon, Morehead City Marlins, Sea Paws and Wine & Design.

Don't miss this opportunity to meet new friends and explore more of what makes Morehead City great as the waterfront celebrates the opening of these fine new businesses and the success of existing shops.



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# COMMUNITY FOCUS

By Barbara Johnson

## Broad Street Clinic

Broad Street Clinic will be having a yard sale on Saturday, April 16th from 7 to 11am at the Broad Street Clinic parking lot located at 534 N. 35th St. Suite K. All proceeds go toward the clinic's Patient Transportation Fund! Help patients get to their doctor's appointments!

The clinic also needs your stuff! Please donate household goods for their yard sale by dropping them by the clinic on April 14th and 15th!

"Wait a minute," you say, "what is Broad Street Clinic?"

The Broad Street Clinic was founded in 1993 by county physicians and other concerned citizens as a private non-profit, free health clinic serving the adult residents of Carteret County and surrounding areas. Its mission is to provide access to medical care for the uninsured low income population in our community. The Clinic was originally based in Beaufort, hence the name. The Clinic is now located on North 35th Street in Morehead City, near Carteret General Hospital and serves over 800 patients a month.

Although the Affordable Care Act (ACA) has enabled some low income individuals to obtain health insurance, it is also true that the need for the charity care given by The Broad Street Clinic continues. Many of their patients fall into a "coverage gap" – they are unable to afford insurance and do not qualify for a subsidy.

The Clinic is open 4 days a week, Monday through Thursday. Monday and Tuesday mornings are patient days when volunteer Doctors, Nurse Practitioners, and Nurses work up and see patients. It is not unusual for seventy patients to be seen on a first come, first served basis between 1:30 and frequently as late as 8 pm each Tuesday.

Thursday is Pharmacy day when volunteer Pharmacy manager, Dick Gray, arrives before 6 am to prepare 500 prescriptions for an average of 150 patients. Pharmacy hours are from 10:30 am to 12:30 pm and then 1:30 to 4 pm. The clinic carries no Class II narcotics; the strongest medication available is 800 mg of Ibuprofen.

A Gynecology Clinic is held once a month and about 15 existing patients are seen. Psychological services are available bi-weekly and the counselor sees about 10-12 patients each month. A Dental bus run by the North Carolina Baptist Men's Association and staffed by local volunteer dentists and hygienists comes to the Clinic on a quarterly basis and sees about 30 patients each visit.

Broad Street Clinic employs three part-time patient advocates who meet with the patients, collect their financial data, file it with the pharmaceutical companies, order and re-order their needed medications and take care of their non-medical needs to make certain these patients are compliant with program requirements. The clinic employs one part-time bookkeeper who also keeps the office stocked and well oiled. Executive Director, Edie Reed, does just about everything else and then some at the clinic.

Sound Waves spoke to Edie Reed and asked how the Brandywine community can ensure that Broad Street Clinic continues to serve our neighbors who are in need of medical help? "We are an office and a medical team," said Edie, "cash donations are wonderful at any time, drivers who can take patients to Chapel Hill for appointments are needed and we can always use donations of office supplies, paper and paper towels. Volunteers with medical training are always in demand, but the average person can do many things to help out like preparing mail-outs and answering phones. We thank everyone who has volunteered, written a check or dropped off a ream of paper."

For those who like to look ahead, Jeanne Jolly will perform in a concert to benefit

the clinic in September. Watch for details. According to Edie, the clinic exists "to give a hand up, not a handout." We can all be a part of serving our neighbors.



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# 18-hole LGA news

By: Susie Garland

February 25: The LGA Annual Meeting was held at the clubhouse with a large attendance from both the 9-hole and 18-hole leagues. President Bernie Moreno presided and introduced 2016 board members: Vice-President: Myra Roche; Secretary: Lenna Easter; Treasurer: Jean Hunsinger, along with tournament chairpersons for 18 holes: Angela Zieleck and Brenda Leinthall; 9 holes: Anne Gilbert. We welcomed new 18-hole member, Judy Payne. Also, welcome back Betty Jo Whalen (18 holes) and Lee Hayes (9 holes). We now have 35 LGA members (26-18-holers and nine 9-holers). As Bernie so elegantly stated in a message from the president: “We are looking forward to a great year of sharing because “sharing is caring” and that’s what makes our league so special.” Woo-Hoo!



March 3: Our first Ace of the Month for 2016 was held with 8 players competing for March Ace and low putts. Here are the results: In the low putts category, Loretta Beaulieu came in second with 32 putts. Loretta also was the “bridesmaid” for Ace, coming in second place with a net 73. Pudgy Groben had low putts: 31. Angela Zieleck came in third in the Ace competition with a net 74. Ra-ta-ta-ra-

ta-ta-ta for the winner: Myra Roche with a net 71. And “guess who” ALSO won the 50-50? Yup, it was Myra’s day as she pocketed \$6.00.

March 7: Carolina Colours hosted the Crystal Coast league today and I am proud to announce the following Brandywine players who came in on the winning side. In the second flight, Mickey Friend had third gross, with Myra Roche placing with second low net. In the third flight, Rosie Angel earned first low net. Kudos, girls. You done good!

March 10: The game was to circle/score best 9 holes (less par 3) on the scorecard using one-half handicap for net score. There were four players competing on a beautiful, bright, sunny, and warm day in the 70s. The rest of the gang attended a church card party. Here are the results: Second place was achieved by Susie with a net score of 42. The winner, with a net score of 35: Brenda Leinthall.

March 17: In lieu of our regular Thursday play date, the annual St. Patrick’s Day Couples Tournament was held. See separate article for news of this event.



## Award of Excellence

By Dixie Leibert

“Meditation” is a painting of a young lady sitting across from me while on a tour in Florida. I was attracted to this image when I saw this extraordinary light touch her neck and shoulders. I thought “what a lovely watercolor painting that would be.”

This was the Arts Council’s 26th year sponsoring Art from the Heart, a show open to all artists from the surrounding counties. At the opening reception of this two-week show, awards were presented to the artists whose work was selected by an outside judge. Twenty-four artists were selected for awards from over one hundred and fifty entered art works.

I’ve entered the show for many years and was honored to receive the Award of Excellence for my painting “Meditation” this year.

For those who would like to see more of my work, I have an Art Show at the Bogue Banks Library for the month of April. My Brandywine friends are invited to a reception honoring me and my art on Friday April 8th from 3 to 4pm.



*We want your talent. If you like to write and would like to be a Sound Waves reporter contact us at [editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com)*





# MGA Happenings

By Vince Moreno

Our MGA monthly tournament was held today. Our tournament director Chuck Muller did another great job. The game was Low Net hole by hole. Chuck had all of the cards marked to indicate how many strokes we get for each hole. For those who don't know too much about this, it's a lot of work to complete this job, Chuck deserves a lot more credit then we give him. But it was a nice day and we all played pretty well. The winners for First Place are: Chuck Muller, Charlie Sabathe, Curtis Litchfield, and Gordon Wall with a total of 114. Second Place taken by Pat Daly, Joe Rudder and Vince Moreno with a score of 123. And Third Place winners were Bob Warren, John Miller, Guy Rouse and Tom Grady. As far as I am concerned it was a great day of Golf and Lunch was great also at the "K" club.



First Place Winners  
Chuck Muller, Charlie Sabathe, Curtis Litchfield, and Gordon Wall



Second Place Winners  
Pat Daly, Joe Rudder and Vince Moreno



Third Place Winners  
Bob Warren, John Miller, Guy Rouse and Tom Grady



Closeset To The Pin



## Pet of the Month

By Monica Sellars

Have you wondered, “Who’s the tall man with the tiny dog?” – that’s Bob and Abie! Abie is a Yorkshire Terrier who was rescued from a puppy mill several years ago. She was living in unthinkable conditions, with no proper grooming or medical care. She had two litters of puppies, while she was just a puppy herself, before her rescue. Her rescuer, a former Brandywine resident, knew that Bob was looking for a pint-sized pooch, and Abie was just the pup for him. Abie likes snuggling on her favorite blankets and watching birds and squirrels in her backyard. She also enjoys play dates with her small canine neighbors next door. When you meet Abie, she will stand on her back legs and dance to impress you, and then turn upside down so you can rub her tummy. Her full name is Abigail Rose, and her nickname is “Two Miles.” If you ask Bob what he did this morning, he may say, “I walked Two Miles!”





# Antique Auto Rally

By Charles Barnes

Everyone is invited to the planned outing in April for the Morehead City Chapter of the Antique Automobile Club of America. Our gathering is planned for Saturday, April 16 at 11am. We anticipate approximately ten vehicles covering a time period from the 30's to the 80's. We will drive the outer loop from the Hwy 70 entrance to Lord Granville Drive to Brandywine Blvd with parking and display to be located at the site of the Brandywine Bay swimming pool.

After lunch at the K-Club, we will be available to any homeowners that would like to discuss our vehicles. We will also have information and applications available about the May 21st Morehead City Car Show, which is held in conjunction with the Morehead City Boat Show.



# OARS

By Barbara Johnson

Get your “gig” on with the Beaufort OARS. Sponsored by the Friends of the NC Maritime Museum, the OARS are a coed, community based, traditional rowing club that encourages enjoyment on the water, social activity and exercise. They are inviting all their Brandywine Friends to an Open House to learn more on Friday April 8th at 5:30 pm at the Watercraft Center, Front St. in Beaufort. You might even get an orientation row that night.

The group currently rows two 34 foot Crestwood Gigs that were built at the Maritime Museum. Rowing times are frequent and convenient for everyone. Choose Monday, Wednesday or Friday evenings at 5:15pm or Sunday at 8:45am. The group normally asks for interested participants to sign up in advance via email so they are certain to have 5 people minimum to launch and row a gig for the day. Their rows begin at their home in the Gallants Channel Annex, Beaufort.

Each “gig” is 13 feet long and can hold 5 to 13 people. There are 6 rowing stations and a coxswain in each gig. The normal row goes under the old drawbridge, down Taylor’s Creek to the Town Hall area and back home. There is no racing and there are breaks every 10 minutes or so. The coxswain calls the strokes and everyone learns a few simple commands as part of their orientation. The goal is for all rowers to stay “in sync” with the “stroke” or first rower. No experience is necessary as there are experienced rowers who can teach you everything you need to know. After a great time on the water, most of the crew heads out to eat and relax for a time of refreshment and fellowship.

Brandywine residents Bill and Debbie Hayes have enjoyed being members of the OARS since they arrived here. According to Bill, “It’s great being out on the water. We often see dolphin and the beautiful wild horses on Carrot Island. Rowing is relaxing but also good exercise. There is wonderful social aspect in getting to know active, fun people.”

The OARS often get involved with events in the Beaufort community. They participate in the Pirate Invasion, the Christmas Flotilla and help Santa arrive by water for the holidays.

Sound like fun? Attend the April 8th Open House, show up for a row or contact the Friends of the Maritime Museum for more information.



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# Travelers' Corner

## Maine

By Linda Gilbo

This month I'd like to take you to the place of my birth, the State of Maine. For those who have said or heard, "I've always wanted to visit Maine but never did" ...there is something there for everyone. With a state motto of "Vacationland," it's hard to pick the best spots, but here are a few of mine.

You really haven't seen Maine if you only go to Kittery for the shopping. Venture about 60 miles up the coast and take a trip around the Calendar Islands of Casco Bay. Yes, there are 365 of them! You can take the mail boat run from Portland and visit a few. While on the mail boat, you'll travel past historical Fort Georges in Portland Harbor and perhaps see the often photographed Portland Headlight. A bit farther up the coast in Freeport, you'll find more retail shopping to include the world-famous L.L. Bean store, the Desert of Maine with nearly 100 colors of sand, and in South Freeport, what remains of Casco Castle.

Damariscotta is undoubtedly one of the prettiest villages you'll find along the coast. Continuing up the coast, there are multiple lighthouses to visit, like Pemaquid Point Lighthouse and Owl's Head, to name only two. When you get to Bar Harbor, you can go to Mt. Desert Island and drive up Cadillac Mountain. If you go for the fireworks on Fourth of July, you'll not only witness the first rays of the rising sun to hit the U.S., but here the 60-90 second delay of sound from all the fireworks you can see on the mainland! As you continue to travel the coast, you will find yourself "downeast" as you find yourself closer to the Canadian border in Calais.

For serious hikers, try your hand at the northern end of the Appalachian Trail near mile-high Mount Katahdin. The view from the several peaks in this area is breathtaking. From atop Pamola Peak, it appears that someone shattered a very large mirror as you look out upon numerous small lakes and ponds. Those same lakes and ponds provide some "wicked good" fishin' for enthusiasts. Watch closely and you might even see a moose and/or a bear or two.

For those diehard ski buffs, you can enjoy Sunday River and Mount Attitash (night skiing) and further inland Sugarloaf USA. There is skiing, snowboarding, beautiful scenery - and golf in season!

Between winter and spring, we have a fifth season - mud. Stay on the main roads during this time of year or risk needing assistance to get your car out of the mud. When spring rolls around, all is well again as the frost heaves leave and the landscape prepares for perfect summers...not too hot, not too cold. Fall brings with it lots of "leaf peepers" who come to enjoy the wondrous fall colors. Winter can bring lots of snow and cold weather, but awesome beauty as well.

So plan your escape, come and spend a while and enjoy "Life in the slow lane. The way life should be."

Happy travels,  
Linda



Our Brandywine Bay walkers, runners, bikers, children and pets are a precious part of our community. Please slow down on our roads and keep them safe.



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# What is Zika?

By Mary Fournier, Carteret County Health Department

Zika virus disease (Zika) is a disease caused by Zika virus that is spread to people primarily through the bite of an infected Aedes species mosquito. The most common symptoms of Zika are fever, rash, joint pain, and conjunctivitis (red eyes). The illness is usually mild with symptoms lasting for several days to a week after being bitten by an infected mosquito. People usually don't get sick enough to go to the hospital, and they very rarely die of Zika. For this reason, many people might not realize they have been infected. Once a person has been infected, he or she is likely to be protected from future infections.

In May 2015, the Pan American Health Organization (PAHO) issued an alert regarding the first confirmed Zika virus infection in Brazil and on Feb 1, 2016, the World Health Organization (WHO) declared Zika virus a public health emergency of international concern (PHEIC). Local transmission has been reported in many other countries and territories. Zika virus likely will continue to spread to new areas as the Aedes species mosquito moves into new parts of the world.

If you are planning to travel to the Americas or anywhere outside the US, take time to visit the CDC Travelers' Health site for updated travel information: <http://wwwnc.cdc.gov/travel/page/zika-information>

### Who is Most at Risk?

Zika poses little threat to most people with the exception of pregnant women in their first trimester. As we have been seeing in Brazil, when infected early in pregnancy, babies may be born with unusually small heads and brains, also known as microcephaly, which is a rare and serious birth defect. A pregnant woman may acquire Zika virus from a mosquito bite, or, as we have recently learned, from an infected sexual partner. (Editor's Note: Other sources dispute this connection and attribute microcephaly to chemicals in the water in Brazil. A final determination is expected within weeks.)

According to the Center for Infectious Disease Research and Policy newsletter, Brazil's health ministry has confirmed 854 cases of microcephaly. In addition, studies from France and Italy are looking at links between Zika and meningitis and the possibility that the virus may be shed in saliva and urine. There are no conclusive findings as yet. There have also been a few recent cases where Zika may be linked with Guillain-Barre syndrome which is an autoimmune disease that can lead to paralysis.

### What is NC Public Health Doing to Screen People Who Have Travelled to Affected Countries?

Testing has been provided to persons returning home to NC after travel. As of March 16, six travel-related cases have been confirmed by NC DHHS. The first confirmed case was reported on February 19, 2016.

Currently all county health departments in North Carolina are screening pregnant women who have travelled to any of the affected countries within a certain time frame. They are referred to the Health Department by their OB/GYN. After verifying their travel history, Carteret County Health Department has submitted lab testing for a small number of pregnant women. All, thus far, have tested negative for the presence of Zika virus.

### Is it Likely that Aedes Mosquitoes Become More Prominent in the US?

According to a recent report in CIDRAP – Center for Infectious Disease Research and Policy, there is a possibility that as weather warms that Aedes mosquito populations may be more abundant in southern and eastern U. S. However, the report goes on to say that Zika is not as likely to spread as widely in the U. S. as it has in Latin America and Caribbean countries because most people live and work in air-conditioned and well-sealed homes and offices.

### Will Our Local Efforts to Control Mosquitoes Be Effective in Controlling Aedes Mosquitoes?

Mosquito control is provided by towns in Carteret County. Carteret County Public Works provides spraying in the county's unincorporated areas including Brandywine Bay.

Aedes aegypti is the mosquito responsible for the current outbreak in the Americas. Our area is home to Aedes albopictus mosquitoes, also known as Asian Tiger mosquitoes which are also capable of transmitting Zika. Residents can and should do

as much as possible to control the mosquito population around their home and take measures to protect against mosquitoes.

### What You Can Do

According to the American Mosquito Control Association, individuals can help control the mosquito population around their homes by following the three D's of protection:

- Drain – Most mosquito problems come from water-filled containers that the resident can eliminate. All mosquitoes need water to breed. Dispose of tires, clean roof gutters, clean pet water dishes, repair leaky faucets, change bird bath water weekly, turn over boats, empty water off pool, car and boat covers, plug tree holes, and drain all containers that collect water. Treat standing water in ditches and ponds with larvicides.
- Dress - Wear light colored, loose fitting clothing when outside. Many mosquito species are attracted to dark clothing and some can bite through tight-fitting clothes. When practical, wear long sleeves and pants.
- Defend – Choose an approved mosquito repellent. Three that have been approved and recommended are DEET, Picaridin and oil of lemon eucalyptus.

The recommendations for safe use of mosquito repellents are: read the directions, use sparingly, avoid eyes, nostrils and lips, avoid use on wounds or irritated skin, supervise use of repellents on children, and wash repellent off skin after coming indoors.

North Carolina Public Health has long advocated taking precautions against mosquito bites because of the possibilities of West Nile Virus and Eastern Equine Encephalitis. While it is uncertain that we will have an outbreak of Zika virus in North Carolina, its emergence presents us with another good reason to be vigilant and proactive. For more information: <http://epi.publichealth.nc.gov/cd/diseases/arbo.html>

# Sound Waves Needs More Writers

Have you imagined having a forum for your ideas and experiences with your own byline? Are you an expert in a field of interest? Do you have a heart for a particular topic? Sound Waves is looking for your talent for our pages.

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### About Jackie Jaloszynski, Au.D., Doctor of Audiology



Dr. Jackie (as she is known to her patients) has more than 35 years of experience evaluating hearing and fitting hearing aids. Her past experience includes working for 2 of the world's largest hearing aid manufacturers, and for the last 20 years providing personal state-of-the-art care in a private practice in the Triangle area.

Dr. Jackie has been a Governor-appointed member of the NC Hearing Aid Dealers & Fitters Board, has served on a NC Task Force charged with developing guidelines for consumers to use prior to purchasing hearing aids and has served for the last 7 years as the President of the NC Academy of Hearing Rehabilitation.

Dr. Jackie lives here on our Crystal Coast with your 2 office greeters and when not working they can be found walking the beaches, playing in the sound at low tide or doing yardwork which never seems to end.

## Couples St. Patrick's Day Tournament

By Susie Garland

Before I begin with the results, it was, after all, a tournament in honor of St. Patrick's Day, so a must to begin with a joke. Now, keep in mind that you can't do humor without stereotypes. I'm sorry. Humor isn't polite because being polite doesn't make people laugh. So here goes:

A construction site boss was interviewing men for a job, when along came Murphy. The boss thought, "I'm not hiring that lazy Mick..." so he decided to set a test for Murphy hoping he wouldn't be able to answer the questions, and he'd be able to refuse him the job without getting into an argument.

The first question was, **"Without using numbers, represent the number 9."** Murphy says, "Dats easy," and proceeds to draw three trees. The boss says, "What the hell is that?" Murphy says, "Tree 'n tree n' tree makes nine." Fair enough, says the boss.

Second question, **"Same rules, but represent 99."** Murphy stares into space for a while, then makes a smudge on each tree. "Der ya go sir" he says. The boss scratches his head and says, "How on earth do you get that to represent 99?" Murphy says, "Each tree's dirty now! So it's dirty tree, n' dirty tree n' dirty tree. Dats 99."

The boss is getting worried that he's going to have to hire him, so he says, "All right, question three. **"Same rules again, but represent the number 100."** Murphy stares into space again, then he shouts, "I got it!" He makes a little mark at the base of each tree and says, "There ya go sir. 100." The boss looks at Murphy's attempt and thinks, Ha! Got him this time. "Go on Murphy, you must be crazy if you think that represents a hundred."

Murphy leans forward and points to the marks at the tree bases, and says, "A

little dog comes along and craps by each tree, so now ya got dirty tree an' a turd, dirty tree an' a turd, and dirty tree an' a turd, which makes a hundred. When do I start my job?" Sure and Begorrah!

And so, the jokes were flying around at the St. Patrick's Day Couples Tournament held on March 17th, arranged by our Couples Chair, Steve Reinhardt. Thanks, Steve, for putting it all together, arranging the teams, the game, and all that it takes to run a tournament of this size in which 20 couples participated in a 4-man superball format, handicapped accordingly. Here are the results: In a card playoff, the team of Brenda and Richie Leinthal with Pat Dailey and Marilyn Ryder took second place with a score of 57. With a score of 56, the team of Rosie Angel and Chuck Muller with Susie Garland and Charlie Sabathe took the win. YEAH, US!

Fifty people enjoyed the array of delicious foods served from the buffet table, with meatballs and ribs for appetizers (a meal in itself), along with the traditional corned beef and cabbage, potatoes, carrots, and a variety of salads and desserts. Speaking of potatoes, Steve and Ginny Reinhardt, with guest/visitors the Taylor's, "earned" the er, um, booby prize. But hey, a free bag of potatoes is a free bag of potatoes. Bernie Moreno could have bought about 15 bags of potatoes with the \$65.00 she got when her name was drawn in the 50-50.



Moreno-Horton-PatL-Mickey



Reinhardt w visitors



Chuck, Susie, Rosie, Charlie

# April is Sexual Assault Awareness Month (SAAM)

## Local Program Recognizes Thirty Years of Service

As we recognize April as Sexual Assault Awareness month, the Carteret County Rape Crisis Program is especially excited about reaching its 30th year of operation. The Program began operating in 1986 as part of "Helpline", a twenty four hour crisis line. As the need for sexual assault assistance grew, Rape Crisis eventually became a county program. The agency now operates with a combination of County, State, Federal and Private funds. Services are free and available to anyone needing them. Rape Crisis offers a 24 hr. /7 day a week crisis response and provides professional therapy sessions, court preparation and accompaniment, community education and prevention programs, volunteer training, and bilingual advocacy and interpretation, as well as many other services.

The program will have a special recognition ceremony on April 6, 2016 at the Crystal Coast Civic Center from 9:30 to 11:30 a.m. All are Welcome!

Carteret County Rape Crisis also supports this year's National Sexual Assault Awareness campaign which focuses on ways that individuals, communities, and the private sector can help prevent sexual violence. Nearly one in five women and one in 71 men are victims of sexual assault (Black et al., 2011), but all of us are impacted by sexual violence. Everyone understands that sexual violence impacts victims and their families, but the effects of this violent crime on communities and society are less obvious.

There are many practical steps that are currently being taken in our homes, neighborhoods, schools, faith communities, and workplaces. But there are many more things we can do to promote safety, respect, and accountability. Prevention starts with challenging victim-blaming and believing survivors when they disclose. Individuals can model supportive relationships and behaviors, call out harmful attitudes, and challenge the societal acceptance of rape. Communities and businesses can take action to implement policies that promote safety, respect, and equality. As this year's slogan declares, prevention is possible! Join us in helping everyone see their role in preventing sexual violence. You can learn more at [www.nsvrc.org/saam](http://www.nsvrc.org/saam).

# BOA Yard Sign Policy

By Charlie Sabathe', Chairman ACC

With election time upon us, I would like to remind our community about the rules related to signs.

ONLY "For Sale" or "For Rent" signs are permitted on the property and shall not exceed 2 feet by 2 feet.

Signs are not permitted at entrances or along streets indicating "Open House, "Garage Sale, "Yard Sale," etc.

Your ACC is made up of "volunteers," who are your neighbors. We all have passions for causes or political parties. Please do not put us in the position of having to ask that you remove a sign.

## Graduating Seniors

If you are a graduating senior (college or high school) living in Brandywine or if you are the parent or guardian of a graduating senior living in Brandywine we would like to include our seniors in a June feature. Please include the following info in your submission: a recent photo, name, school graduating from, degree (if applicable), activities, volunteer service, future plans and names of parents/guardians. Email to [editor.soundwaves@gmail.com](mailto:editor.soundwaves@gmail.com).



## CHANGES TO 2015 BRANDYWINE DIRECTORY

February 18, 2015

### ADDITIONS:

|                             |                        |              |
|-----------------------------|------------------------|--------------|
| Barnes, Charles & Judy      | 703 Lord Granville Dr. | 240-9864     |
| Colborne, John & Lucinda    | 203 Slow Lane          | 816-289-4931 |
| Cristafalo, Pat             | 208B Reserve Green Dr. | 914-391-2439 |
| Lee, Joyce & Ken            | 208 Westchester Dr.    | 269-5147     |
| Mort, James & Patty         | 200A Reserve Green     | 845-758-6136 |
| Peterson, Stuart & Yuzette  | 202 Cedarwood Village  | 336-880-5266 |
| Redfern, Jonathan & Melissa | 201 Tree Fern Drive    | 503-1522     |

### DELETIONS:

|                 |                        |              |
|-----------------|------------------------|--------------|
| Gannon, Graft   | 202 Cledarwood Village | 304-522-2014 |
| Korzon, Susan   | 703 Lord Granville Dr. | 648-8396     |
| Morris, Mike    | 703 Lord Granville Dr. | 648-8396     |
| Morris Jessica  | 703 Lord Granville Dr. | 622-6035     |
| Peterson, Debra | 201 Tree Fern Dr.      | 241-1068     |

### CHANGES:

|                               |                        |          |
|-------------------------------|------------------------|----------|
| "Stinnett, Robert & Marybeth" | 206A Reserve Green Dr. | 503-1522 |
|-------------------------------|------------------------|----------|

| BRANDYWINE BAY ASSOCIATION<br>Board of Directors   |              |
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| At Large -Louis Weil<br><a href="mailto:louis@starteamrealestate.com">louis@starteamrealestate.com</a> | 726-6695     |
| Walton Joyner<br><a href="mailto:wjo620@aol.com">wjo620@aol.com</a>                                    | 919-787-0704 |
| Ross Camorlinga<br><a href="mailto:rosscam@centurylink.net">rosscam@centurylink.net</a>                | 726-2392     |
| Mark Wojciechowski<br><a href="mailto:cecwojo@gmail.com">cecwojo@gmail.com</a>                         | 726-8726     |
| Property Mgr. - Terry Barbour<br><a href="mailto:tkbarbour2@gmail.com">tkbarbour2@gmail.com</a>        | 728-0626     |

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| BAY CLUB CONDOS<br>Tom O'Keefe  | 726-4638     |
| BAY CLUB at BRANDYWINE BAY<br>Vacant  |              |
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| BOGUE VILLAGE<br>William Elmore<br><a href="mailto:wgelmore@hotmail.com">wgelmore@hotmail.com</a>             | 247-3589     |
| BRANDYWINE PLACE<br>Shorty Edwards  | 646-2361     |
| PINE BLUFF<br>Tripp Mudge<br><a href="mailto:trippmudge@yahoo.com">trippmudge@yahoo.com</a>                   | 726-1955     |
| THE VILLAS<br>Buddy Stringer<br><a href="mailto:stringer.buddy@gmail.com">stringer.buddy@gmail.com</a>        | 230-1421     |



# Fun Food: Purple Potatoes

By Monica Sellars

On a recent trip to Washington, DC, we visited the National Museum of the American Indian. It was an informative museum, but I'm not here to talk about that. The important thing for you to know is that the Mitsitam Native



Foods Cafe, located inside this museum, is outstanding! The food is served cafeteria style, so you can walk around to look at what each station is serving before making your decision. It's a tough choice, believe me! The stations represent cooking styles and ingredients from different regions in North and South America, and the menus change seasonally.

Needless to say, when we saw "The Mitsitam Cafe Cookbook" in the gift shop, we purchased it without hesitation. The first recipe to catch my eye was Peruvian Potato Causa, primarily because the accompanying photo of the dish was so beautiful. As far as I can tell, a "causa" is basically a layered mashed potato dish. The internet offers many different recipes for causa that use various ingredients, but always potatoes and always in layers. The fun thing about the Peruvian Potato Causa recipe in my new cookbook was that one of the layers was purple! The other layers were made of Yukon gold potatoes, a mixture of onions, bell peppers and olives, and slices of hard boiled eggs on top.

When I went to Harris Teeter, I got worried because I did not see any purple potatoes on the potato shelf. Luckily, we spotted them in the cooler against the wall, near the green beans and squash. They may be round or oblong, with very dark skin.

## April is National Autism Awareness Month

By Monica Sellars

The Autism Society celebrates National Autism Awareness Month each April. According to their website, [www.autism-society.org](http://www.autism-society.org), "National Autism Awareness Month represents an excellent opportunity to promote autism awareness, autism acceptance and to draw attention to the tens of thousands facing an autism diagnosis each year."

The Autism Society defines Autism spectrum disorder (ASD) as "a complex developmental disability; signs typically appear during early childhood and affect a person's ability to communicate, and interact with others."

Our local community is served by organizations such as the Autism Society of NC – Crystal Coast Chapter and the Crystal Coast Autism Center. To get involved, check out the websites of these organizations.



The Autism Society's puzzle ribbon is the universal sign of autism awareness.

When I got home with the ingredients, I started reading the instructions for the Peruvian Potato Causa. Whoa – it requires a lot of steps, uses a lot of pots, and has to cool overnight in the refrigerator. But, I rationalized that a dish this impressive will be worth the time and effort. So I began the cooking, and in the end we had a delicious, beautiful, and unique Peruvian Potato Causa to enjoy at home.

If you are interested in trying this recipe from "The Mitsitam Cafe Cookbook," please let me know and I'll be happy to share it with you. However, I have decided that it is not necessary to commit to such a complicated dish when purple potatoes can be enjoyed in any dish that uses potatoes. You can roast them, boil them, mash them or use them in potato salad or stew. They cook and taste just like other waxy potatoes! However, I did notice that the vibrant purple color really appeared after I added lemon juice to the mashed purple potato layer in my causa. For this reason, I recommend using purple potatoes in recipes where you can incorporate lemon juice to really make the purple pop. This Fork-Crushed Purple Potatoes recipe from the Smitten Kitchen blog does – it is an easy and tasty option for adding the fun of purple potatoes to your plate.

### Fork-Crushed Purple Potatoes

<http://smittenkitchen.com/blog/2008/04/fork-crushed-purple-potatoes/>

#### Ingredients:

- 1 pound Purple Majesty or other purple potatoes, washed
- 3-4 small shallots, minced
- 2 tablespoons fresh-squeezed lemon juice
- 3 tablespoons good extra-virgin olive oil (or more to taste)
- Sea salt to taste
- White (or black) ground pepper to taste
- 2 tablespoons parsley, chopped (for garnish)

#### Directions:

In a large pot, cook potatoes with skins on in heavily salted boiling water until tender, approximately 15 minutes. Remove potatoes from pot, and peel them while still warm. (Peeling is optional. If you decide to peel, you can remove the skin with your fingers.) Place potatoes in a large bowl and, using a fork, gently smash them, maintaining a fairly chunky consistency. Fold in minced shallots, lemon juice, olive oil, salt, and pepper. Finish with parsley.

## 9 Ways to Interact with People with Autism

By Sarah Stup @2009 Sarah Stup. All rights reserved in all media.

Although people with autism may behave or interact differently than others, Sarah Stup wants you to know that they are "real" people nonetheless. Accordingly, she offers these insights and suggestions to improve — and encourage — communication.

1. Autism helps protect us from seeing and hearing too much. Please don't hate our shield.
2. Try not to stare. Sometimes we need to do unusual things.
3. We hear you when you complain about us. Find other times to talk mean.
4. Rudeness is not our intent. No sad faces please.
5. Real friends don't judge our actions. Please find us inside bodies that work differently.
6. See us as real. We are not shells with no inhabitants.
7. With too much asking us to be normal, we feel like impostors.
8. Try to help us, not control us.
9. Raise hope to give us better futures. We need to aim high.

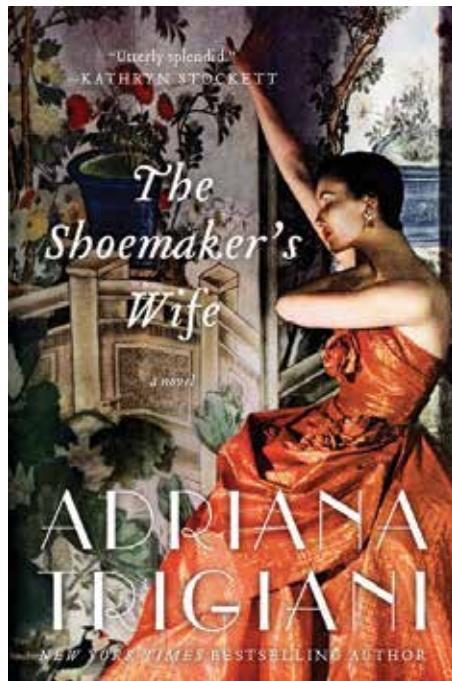
For additional information about these nine tips, visit <https://www.crisisprevention.com/Blog/September-2012/Tips-for-Interacting-With-People-With-Autism>.

# Brandywine Book Club Notes

By Melinda Brown

The Brandywine Book Club met recently to discuss our selection for the month, *The Orphan Train*, by Christina Baker Kline. The book evoked some strong feelings about the treatment of orphans during the late 1920s and early 1930s. Until reading this book, most of us were not aware of the practice of sending orphan children from large eastern cities to the Midwest where they were “given” to any family willing to take them. The hope was that they would eventually be adopted into loving families. However, that was rarely the case. Our book selection for next month is *The Shoemaker’s Wife* by Adriana Trigiani.

OUR MEETING TIME IS CHANGING!!! Our new time will be the SECOND TUESDAY OF EACH MONTH AT 1:30PM. Hence, our April meeting will be April 12 at 1:30 pm. Our discussions are always lively and we would enjoy having you join us. Please contact Melinda Brown at 247-1055 for information.



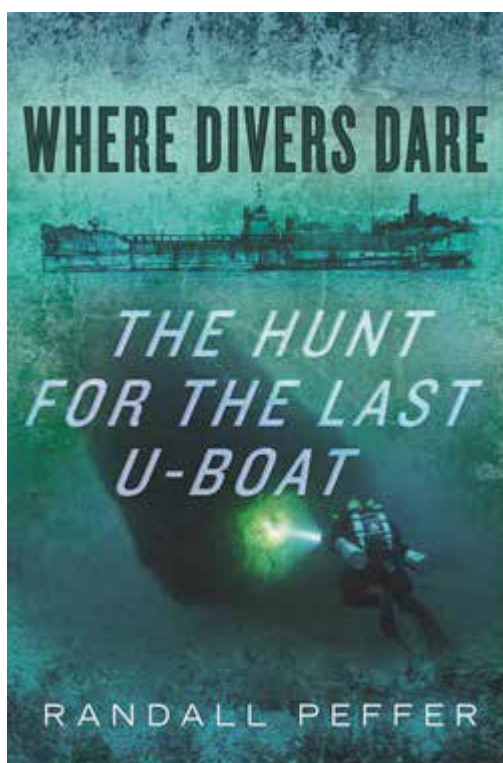
## New Book Has Local Ties

By Bart Sheard

My son Bradley who is an aeronautical engineer and avid diver has authored a couple of diving books and written numerous articles for dive magazines. He is one of a six man crew who have searched for and located the last sunken u-boat off the eastern seaboard. Bradley is one of the photographers in the group and his photo is on the cover of the book.

The group was contacted by the author Randall Peffer who wanted to write a docudrama about the long search. It is being published and will be released in April of this year.

There are a number of interesting events surround the discovery. The group was invited to Germany by relatives of the deceased captain and two surviving German sailors after the discovery was mentioned on the internet, etc. I’m interested in finding out the rest of the story. Be assured that I will be reading this book on its release this month.



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# Shootout Sunday/Team-it-up Tuesday

By Susie Garland

February 21: Temps were finally “on par” in the high 60s, which prompted a good crowd of 21 participants. Seven threesomes played the back 9. The winning team, with a score of 33: Ryan Maurer, Pudgy Groben, and Josh Stutts.

February 28: Warm weather again filled up the parking lot with 30 shooters who played the front 9. There were six foursomes with two threesomes taking three turns each (a second chance) at hitting that little white sphere that gave the team of Mickey Friend, Eugene Gurganus, and Richard Leinthal the win with a very respectable score of 32. Woo-Hoo! Woo-Hoo!

March 6: This was the last Shootout tournament on Sunday with “Team-It-Up Tuesday” starting on March 15th. Six threesomes (18 players) competed on the back 9. In a card playoff with Buzz Hayes, Anne Lynes, and Ryan Maurer with a 33 score, the team of Rosie Angel, Susie Garland, and Bob Warren took the win. YEAH, US!

March 15: It was back to Team-it-up Tuesday on a glorious bright and sunny day in the high 70s that prompted 27 players (nine threesomes) to participate on the front nine. Four birdies, and a score of 32, gave Ted Beszterczei, Susie Garland, and Troy Forguites the win. YEAH, US!

**Sound Waves needs writers. If you like to write and have interesting ideas to share or can follow up on article ideas that fit into our current format we’d love to hear from you. Contact Barbara at editor. soundwaves@gmail.com. We’d love to add you to our wonderful staff. The pay is priceless.**



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## New Bern Historic Homes & Gardens

There will be a lot to see on this year’s Spring Historic Homes and Gardens Tour. On April 8th and 9th from 10am to 4pm homeowners invite you into some of the most beautiful and interesting historic homes and gardens in New Bern. Get a behind the scenes look at homes that have much to tell of the history of this town, founded in 1710. This year patrons will tour homes in two historic neighborhoods: Downtown and Ghent. Nearly half of the homes have never appeared on the Tour in its 26 year history. The others have not been seen in at least 5 years. So whether you are a veteran or a newcomer, prepare to enjoy wonderful spring days in New Bern!

In addition to beautiful historic homes and gardens, this year two museums will open their doors to Tour patrons. The New Bern Firemen’s Museum will be open in its new home in the old firehouse on Broad Street. The New Bern Academy which features a Civil War exhibit, “Face to Face: Civil War Sketches and Stories” and an exhibit on New Bern architecture will also welcome Tour patrons. As is tradition, many downtown houses of worship will be open for tours. All of which is included in the Tour ticket.

Tryon Palace gardens, which should be in full bloom, will be open to the public. Tryon Palace’s Annual Heritage Plant Sale will also be held on the Palace grounds during the Tour. That weekend, Spring Homes Tour ticket holders will have the opportunity to purchase discounted admission passes to Tryon Palace/NC History Center.

Be sure to grab a homemade bagged lunch to go or enjoy it in a quaint porch setting at the Blades' Veranda Cafe. This year Karen Miller of the new Sweet Pea Cafe downtown will be our “Chef in Residence”, adding her special creation to our traditional offerings. Bagged lunches are \$8 and include a sandwich, a cookie and beverage. Coffee and cookies will also be available for those not yet ready for lunch.

Tour tickets are \$18 in advance, \$22 day of the tour and \$15 for active duty military and dependents with ID. All ticket prices include North Carolina sales tax. If ordering an active duty military or dependent ticket you must pick up your ticket at the Historical Society office, 511 Broad St. Tickets go on sale March 2 and are good for both tour days, 10:00 am to 4:00 pm.

Tickets are available by phone at 252-638-8558, online credit card at [www.NewBernHistorical.org](http://www.NewBernHistorical.org), or at the following outlets: New Bern Historical Society at 511 Broad St., New Bern Preservation Foundation at 510-B Pollock St., Bank of the Arts at 317 Middle St., Harris Teeter at 2019 S. Glenburnie Rd., Carolina Creations at 317 Pollock St., Mitchell Hardware at 215 Craven St., Ann Lynn’s at 4146 Dr. MLK Blvd, The Village Butcher Market & Café at 3515 Trent Rd., ASAP Photo at 3701 Charles Boulevard #100, Greenville; and Harris Teeter in Morehead City.

The Spring Historic Homes & Gardens Tour is a collaborative event presented by the New Bern Historical Society and the New Bern Preservation Foundation and is a major fundraising event for these non-profit organizations.



Walter Duffy House by Janet Francoeur



# "Beach Town in a Forest" exhibit comes to the History Museum of Carteret County

On March 15th, the History Museum of Carteret County opened a new exhibit to the general public. Titled "Beach Town in a Forest, The Story of Pine Knoll Shores" the Carteret County Historical Society board partnered with the Town of Pine Knoll Shores, and its history committee. The result of this joint effort is a blending of the past and the present into the newly expanded 400+ square foot Rodney Kemp Gallery. This will be the exhibit's home for the next year, and it promises to turn heads when being experienced" notes Steve Anderson, Executive Director at the museum. The History Museum of Carteret County, referred to as the "History Place" since 2001, chose the Pine Knoll Shores subject for several reasons.

First, Pine Knoll Shores' history committee did a significant amount of research and work for the town's 40th anniversary in 2013, much of which is included in this exhibit. "They then mounted their own exhibit in Pine Knoll Shores' town hall in 2013" notes Anderson, "which utilizes diagrams, maps, and images marking the evolution of a portion of Bogue Banks into the town we know today. The Historical Society's board wanted to harness that work and give it a three dimensional form, some color, and relevance to the rest of the county." A diorama and replica of a 155 mm shell that was fired from the guns along the beaches during World War II will be there. The "Queen of Bogue Banks" Alice Hoffman will also hold court (in mannequin form), and then, of course there is the Roosevelt Family's contributions – all laid out on informative banners. There will even be a "danger close" chair for kids who want to fidget next to an alligator, and other 'scary' things! A touch screen computer station will feature images of Pine Knoll Shores today and additional history on the town. For more on the town's history, all are encouraged to visit their history blog at <http://pineknollhistory.blogspot.com/p/introduction.html>

Though both the museum and society contain the county's name, the organization receives little regular public funding. "We do get a much appreciated annual grant from Morehead City" notes Anderson, "and another for tourism advertising from the county – none of which covers operating expenses. That is why starting March 15th, we began charging admission to all non-society members" he notes. "A charge of \$3 for adults and \$1 for children ages 5 – 17 will begin on Tuesday. Pine Knoll Shores residents will gain a one time entrance with a coupon obtained from the town hall. Society members will be admitted for free, so we will encourage folks to join in order to take advantage of the new format" he notes.

The History Museum of Carteret County is located at 1008 Arendell Street, Morehead City, NC 28557, and is open 10 am to 4 pm Tuesday through Friday, and first Saturdays of each month. Phone: 252-247-7533.

# Craft Fair Supports History Museum

On April 2nd, the longest running indoor craft fair and antiquarian book sale in Carteret County will be held by the county's Historical Society, which has been hosting this annual spring craft fair since 2008. The History Museum of Carteret County (formerly the History Place) is the venue for this show.

Private craftsmen/vendors from all over the region - who specialize in ceramics, clothing, jewelry, silk flowers, glass, and much more. Hand crafted items will be available for sale inside the air-conditioned museum's auditorium. Desserts, created by the museum's members, will also be available for sale. All proceeds benefit the Historical Society's operation of this site.

General admission is \$1 per person, with visitors receiving a \$1 off coupon for the book sale on entry. Doors open at 9 a.m. to the general public.



## Brandywine Garden Club

By Angela Zieleck

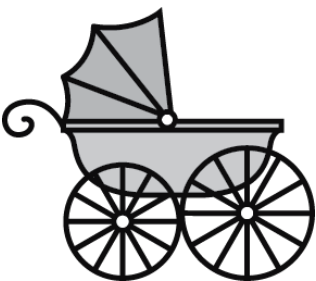
The Brandywine Garden Club met Feb 23rd to discuss herbs. We all made seed pots of dill, basil and cilantro to take home. Plant your seeds in a small cup with seed starter soil and in no time the seeds will sprout.

In March we shared our favorite garden tools and in April we will travel to Tryon Palace in New Bern to visit the beautiful spring garden. Contact Angela Zieleck if you would like to make this trip.

Happy Gardening!!



**New baby, upcoming event, fun hobby, great activity for others in Brandywine? We want to get the word out. Tell us at editor. [soundwaves@gmail.com](mailto:soundwaves@gmail.com)**





## April Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   |   |   |   | 7 |   | 3 |
|   |   | 2 |   |   |   |   | 1 | 4 |
| 3 | 5 |   |   | 4 |   |   |   |   |
| 1 |   |   | 2 |   |   |   |   | 8 |
|   |   | 5 |   |   | 7 |   |   |   |
|   | 2 | 4 |   |   | 6 |   |   |   |
|   | 9 |   |   | 3 |   | 6 |   |   |
|   |   |   |   | 5 |   |   | 8 | 2 |
| 5 |   |   | 1 |   |   | 9 |   |   |

## Choral Society Schedules Two Spring Concerts

By Marilyn Zmoda

The annual Spring concerts of the Crystal Coast Choral Society will be held on Saturday, April 16 and Sunday April 17. Under the direction of Finley Woolston, the Saturday concert will be held in the Sanctuary of the Cape Carteret Presbyterian Church, 100 Yaupon Drive (off Hwy 24) in Cape Carteret, at 7:30 PM.

The Sunday 3 PM concert will find the chorus performing on April 17 in a new location—the Sneads Ferry Presbyterian Church, 776 NC Hwy 210, in Sneads Ferry. These concerts are free but donations will be requested.

Music performed will be some of our director's favorite pieces. They will range from pop, sacred, jazz, contemporary, Beatles, Mozart and Berlin, just to name a few.

The Choral Society was formed in 1986 and for the past 30 years has given two to four concerts a year which have been free to the public. Due to increasing costs of music, hiring outside artists and musicians, etc., this will change in December 2016 with our performance of Handel's "Messiah". The chorus will be accompanied by a 14 piece professional orchestra, and four professional soloists. Tickets will be required for those performances.

These performances have received support from the North Carolina Arts Council, an agency of the Department of Cultural Resources and the National Endowment for the Arts and awarded through the Council for the Arts of Onslow County.

If you would like to receive e-mail about coming performances, you may contact Marilyn Zmoda at mbzmoda2@centurylink.net.

If you are a singer and would like to join in the fall to be able to sing "Messiah", please call or e-mail for information. Rehearsals will begin after Labor Day. There is no audition for membership in the chorus, but you must have a pleasing voice, be able to match a pitch, attend weekly rehearsals, and be willing to do some at-home practice. For more information, call or e-mail Marilyn 247-5929, or check our website: crystalcoastchoralsociety.org



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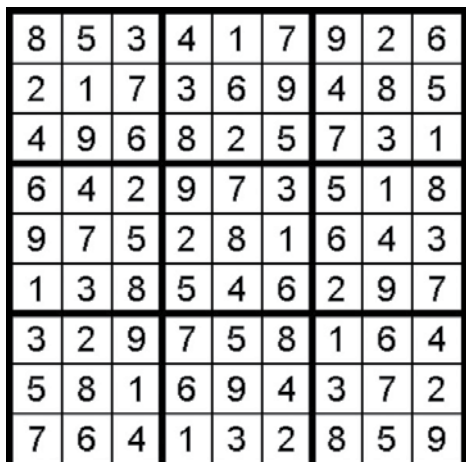
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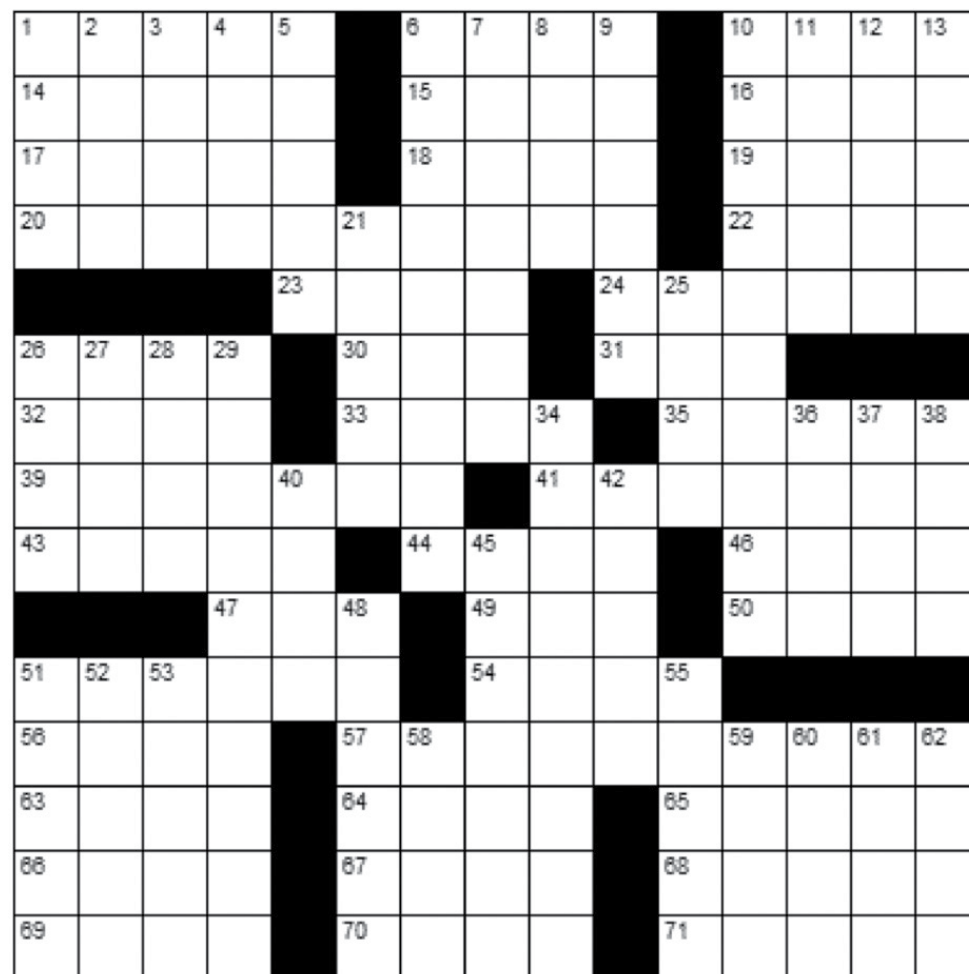


#### ACROSS

1. Stogie
6. Bit of gossip
10. Russian emperor
14. Without company
15. Connecting point
16. A single time
17. "Beau \_\_\_\_"
18. Blockhead
19. Horse feed
20. Thrill
22. Gait faster than a walk
23. Prod
24. Not these or those
26. Superhero accessory
30. Contribute
31. Confederate soldier
32. Nameless
33. Hazard
35. A kind of macaw
39. Pretentious talk
41. Instinctive
43. Fruity-smelling compound
44. G G G G
46. Small, medium or large
47. Tear
49. Animal doctor
50. Smog
51. Pass by
54. Largest continent
56. Close
57. Variety
63. Indian dress
64. Fashionable
65. Female demon
66. Flying saucers
67. Catch a fish
68. Growing old
69. Feudal worker
70. Cravings
71. Fathers

#### DOWN

1. An enclosure
2. Holly
3. "Gee!"



4. Against
5. Bobbins
6. Trespassing
7. In the direction of
8. Modify
9. Shooting star
10. Dental tool
11. Trap
12. He plays a role
13. Relaxes
21. 3-banded armadillo
25. Nipple
26. Eatery
27. Rectum
28. Publicize
29. Kirk's starship
34. A type of hosiery

36. Diva's solo
37. Tease
38. Away from the wind
40. Colored part of an eye
42. Active
45. Dodging
48. Very good
51. Follow as a result
52. Flips through a book
53. Moses' brother
55. Collection of maps
58. Sneaker or pump
59. Wise men
60. Arab chieftain
61. 1 less than 10
62. Labels



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# Meet the BBA President Anne Swindell

By Monica Sellars

The Brandywine Bay community has a variety of associations that are coordinated by neighborhood volunteers. Our neighbors are generous to donate their time and talents, and we appreciate their contributions! This column will introduce you to one of our community leaders each month.

This month's introduction is Anne Swindell, the President of the Brandywine Bay Association (BBA) and Chair for the Storm Water Committee. The BBA is the homeowners' association for the "sound side" of Brandywine.

**Where are you from, and what brought you to Morehead City?**

I grew up and went to school in Chapel Hill, NC, but spent the majority of my adult life in Greensboro. I purchased a second home in Oak Bluff in Brandywine in 1996 and moved here permanently in 2008. I had never spent time here prior to the initial purchase; however, it didn't take long for me to know that this was, indeed, a very special place.

**What are your hobbies, interests, and/or occupation?**

I am retired after owning my own company for 16 years. I owned a modeling/acting agency representing models/actors all over the country. It was always exciting to me to see one of my models in a national print ad or one of my actors in a national commercial or movie/TV show. Some of my folks started with me as a child and stayed with me the entire 16 years. I was able to meet so many wonderful people. I now find myself doing a lot of volunteer work, especially in our BBA community.

**Would you like to tell us about your family?**

I have seven grandchildren who are the greatest! I love watching them grow and go through stages of life that form them into the adults they will be. I also sit back and laugh when one of their parents complains about something one of them did, and all I can say is, "I told you about those paybacks!" The grandkids range in age from 8 to 16, so there is never a dull moment when they are around.

**What do you like about Brandywine Bay?**

When I first bought here as a second-home owner, the time could not go fast enough during the week so that I could get to the coast for the weekend. All I could think about was getting down to BBA and forgetting about the other part of the world while I was here. It did change some once I retired here, but I love it as much now as I did then. Do I miss living in a big city? There are advantages to the big city that we don't have here (having a Target would be good!!), but there are lots of advantages here that we don't have in the city. I don't miss the traffic! While shopping leaves us a little bewildered at times, we have some of the best restaurants around. As far as the residents of BBA, I would venture to say that we (and BOA) have some of the finest folks you could find anywhere.

**What is your role in the BBA?**

My current role is President of the BBA and Chair for the Storm Water Committee. I have also served as President of Oak Bluff HOA, Founder and Editor of the Oak Bluff newsletter, Architectural Chair, and Landscape Chair. I have been on one of the Boards, or one or more of the committees, for the greater majority of my time as a resident.

**What motivated you to become a neighborhood volunteer?**

After the busy schedule of working the crazy hours

and years as an agent, I found it really difficult to simply stop. Working on the Board gives me a chance to get involved with the needs of the community, with the solutions to the problems that are involved in HOA's, and with the people who live here. This is my home and I have a large investment in it. I want to do my part in making sure that investment continues to grow.



Anne Swindell

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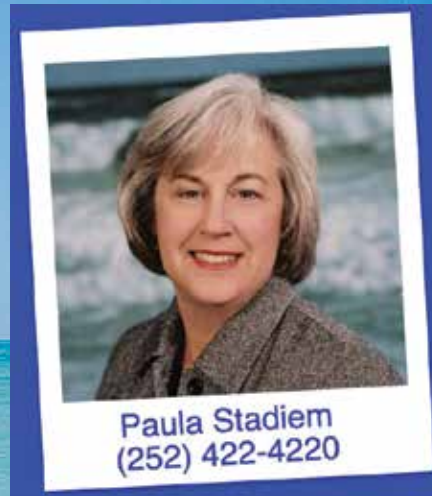
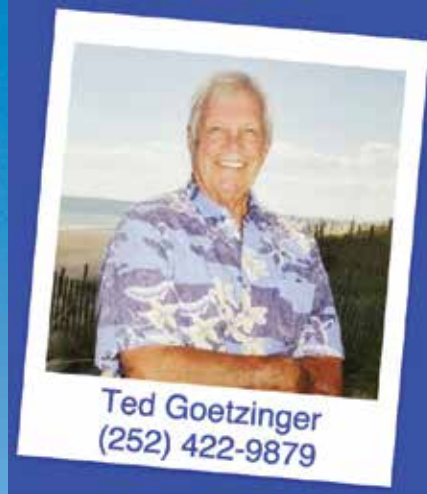
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