

Brandywine Cookbook Update

By KC Cudney

We are advancing slower than anticipated but still forging ahead! Some minor delays in the contract negotiations and timeline crunches.

The next month is critical in collecting pre-sale commitments and funds. See form included.

Our title of the cookbook: Brandywine... Of Course.

It will be a gorgeous 256-page 7.25" x 9.25" cookbook full of delicious recipes, color photos and history of Brandywine. We are working closely with Wimmer Cookbooks (the publisher) to design the hardcover concealed wire binding and the internal pages.

We need your recipes and your photos of those creations. Let us all see how much you love creating those one of a kind dishes for your family and friends! All recipes will be taste tested and we plan to hold taste testing events throughout the summer.

Still looking for more committee members; we need to have our committees formed to assist in fund raising events, collecting recipes, etc. Please email Brandywinecookbook@gmail.com. If you have already made contact, just know we are waiting for additional members to have a meeting and start assignments.



Izabella (9) and Indie (5) Lambert, are grandchildren of Jan & John Lambert, residents of Cedarwood Village. These two love helping in the kitchen!

Cookbook Pre-Sale Order Form

Brandywine...Of Course

The perfect gift!

Our cookbook is going to include more than 200 family favorite recipes from our Brandywine residents.

Proceeds of the sale will go toward A NEW PLAYGROUND for the children of our community. Purchasing a cookbook will help us help raise the funds to accomplish our goal for much needed safer equipment.

The retail price of the cookbook is \$25.

Ordering 6 or 12 Brandywine...Of Course

cookbooks by April 30th entitles you to a pre-sale discount of \$3.00 per book ordered; purchase 13 or more and receive a \$5.00 discount per book! This helps us start to meet our goal of raising \$50,000. Questions? Please email brandywinecookbook@gmail.com.

Make checks payable to Brandywine Cookbook. Send your check and order form to: KC Cudney, 301 Cedarwood Village, Morehead City, NC 28557

Brandywine...Of Course Pre-Sale Order Form

Name_____Phone_____		
Address_____		
City_____State_____Zip_____		
Book Price	#of books	Total Enclosed
\$_____	_____	\$_____

Sneak Peek: Inside this Edition of Sound Waves

Welcome to April, Brandywine! Turn the page for neighborhood and local info, like...

BOA DUES NEWS: A reminder about when and where your dues are due.

BOATING: Learn about the Fort Macon Sail and Power Squadron and the upcoming safety course for boaters.

CONCERTS: Crystal Coast Choral Society and Carolina East Singers will perform this month.

WINNERS: Brandywine kids win for their submissions in the Young Authors Publication contest, sponsored by Crystal Coast Reading Council.

SUBMIT A STORY: Thank you to our monthly contributors for sending your stories! Do you have an idea for a story? All neighbors are invited to send your articles, photos, and ideas to editor.soundwaves@gmail.com!

The next quarterly BOA meeting is May 14, 2018 at 7pm at the K-Club. All BOA (golf side) neighbors are encouraged to attend.

Meet Your Neighbor John and Jan Lambert

By Monica Sellars

Do you remember how you met your neighbor? Did you find you had common interests and hobbies? I met John Lambert at the February BOA meeting. While we were chatting, he mentioned that he has a variety of hobbies and he wonders if there are others in the neighborhood with similar interests. Read on to meet your neighbor, and find out what you have in common with the Lamberts!



John, Jan, and Ginger

John and Jan Lambert have lived in Morehead City since 2007. When they moved to the area, they purchased a condo located off Bridges Street. After several years, and more than a few headaches due to plumbing issues and water leaks from the condo above, they decided it was time to sell. As luck would have it, they discovered that their neighbor's brother was moving to the area to be close to family and was looking for a place to buy – their condo (with all water damage repaired) was perfect for him! Because of the quick timing of the sale, they did not have a chance to decide on where to purchase their next home, so they rented a home on Oakmont Drive in Brandywine. At the time, Jan thought the home was too big for just the two of them, but after they moved in, they were grateful to have the space as it enabled Jan's elderly mother, Jackie, to move in with them when she needed their assistance.

Over the next few years, John and Jan looked all over Morehead City for a new home to purchase. As they compared the other neighborhoods in the area, they grew to really appreciate Brandywine for its friendly people and attractive community. Finally, they decided to become homeowners in Cedarwood Village. They really like that Cedarwood is a friendly, close-knit community where neighbors watch out for one another. They also enjoy the pool!

John and Jan are celebrating their 47th wedding anniversary on April 3! Their family includes a son, who lives in the area with his family, and a daughter who lives in Kentucky. They adore their grandchildren and enjoy spending as much time with them as possible! Ginger is their sweet little long-haired dachshund. She is interested in greeting visitors, sitting on laps, and chasing squirrels.

As I mentioned, John and Jan enjoy a variety of hobbies. John spent his career working in the electronics and telecommunications industry, so he says his Amateur Radio Operator hobby is an extension of his interest in that field. He also enjoys photography and spent more than 10 years working as a wedding photographer. Now he assists his son, who also has a photography talent and owns Above It All Studios in Atlantic Beach, with beach photo shoots. John also taught himself to play the harmonica; his repertoire includes "Oh! Susanna," "You Are My Sunshine," and a long list of hymns. And finally, he enjoys home improvement projects and tinkering with mechanical things. "Tinkering," by the way, includes anything from replacing an engine in a Volkswagen van to restoring Coleman camping lanterns. What range!

Jan's current interests include sewing, cooking, and cake decorating. She made the beautiful pillows on their couch, and their home is lovely and invit-

ing. Their grandchildren are Jan's eager culinary students; Jan and Izabella recently made a special outing to purchase her first cookbook. She selected a Better Homes & Gardens cookbook, just like one Jan has in her collection. Jan is also an inspired writer; while John was overcoming a lengthy illness, she maintained a blog to share his progress and her thoughts with their family and friends. She's recently joined the Brandywine Cookbook committee, which is a perfect way to combine her interests in cooking and writing!

Many thanks to John and Jan for sharing a bit about themselves in Sound Waves! We are fortunate so have so many interesting and talented neighbors in Brandywine, including the Lamberts! Whenever you have the chance, it's always a good idea to reach out and Meet Your Neighbor!

Fort Macon Sail and Power Squadron

By Sue LaPalme

The Fort Macon Sail and Power Squadron is a unit of the United States Power Squadrons, America's Boating Club. The United States Power Squadrons are a civic non-profit organization of approximately 45,000 men and women organized into approximately 450 squadrons across the United States, some territories and Japan. Power Squadrons enjoy and promote safe boating for both sail and power boats. USPS is the largest non-profit boating organization in the United States. The primary objective of USPS is to provide community service, continuing boating education and enjoying social activities, both boating and non-boating, with other squadron members.

Fort Macon Sail and Power Squadron serves all of Carteret County, North Carolina, aka THE CRYSTAL COAST. If you are interested in learning more about the squadron or in joining the Fort Macon Sail and Power Squadron, you can contact us at fmSPSorg@gmail.com, 1-252-822-0022 or FMSPS, P.O. Box 1403, Morehead City, NC 28557.



Our local squadron will be offering America's Boating Course on Saturday, April 7 at the Nautical Club in Salter Path, in conjunction with the Winston Salem Power Squadron. America's Boating Course gives you the basics you need to get out on the water safely, and it meets most states boating education requirements, including North Carolina's.

For more information go to www.fmsp.org and click on the "Boater Education" tab.

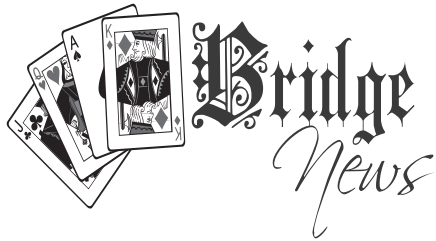
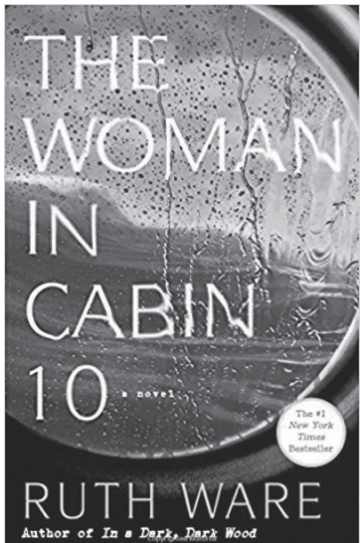
Hope to see you on the water!

Brandywine Book Club Notes

By Melinda Brown

The Book Club enjoyed meeting at our evening time as we discussed the book, *The Rooster Bar*, by John Grisham. The book chronicles the experiences of several students at a for-profit law school. They realize that the school is not the top rated school they were sold on and their chances of getting jobs are quite slim. The book follows their scheme to expose the truth. Although it was an interesting plot, many of our members felt this was not Grisham's best book.

Our book for discussion next month is a suspenseful mystery, *The Woman in Cabin 10*, by Ruth Ware. We meet the second Tuesday of each month at 7 pm. We would enjoy having you join us!!! Contact Melinda Brown at 247-1055 for more information.



By Pat McMahon

“It was the best of times, it was the worst of times”....I think Dickens must have been watching our Bridge group...

But Hey, Connie and JJ put on a great lunch and we all had a laugh or two with friends and that's what it's all about, right?

Our winners...drum roll please....Ta Da

- 1st Place....Carol Council
- 2nd Place...Jean Chappell
- 3rd Place....Diane Mantho

Laugh thought: Have you ever listened to someone for a while and wondered ...“who ties your shoelaces for you”?

Thank you to all our subs and hope to see everyone in April!

Bridge play is the 2nd Wednesday of the month...Come join us! We don't want to have all this fun alone...If interested in learning more about K Club Bridge contact: Co-Directors: Pat McMahon (726-7994) or Dolly DiMarco (240-3547).

**We're looking for the next
Pet of the Month!**
**Send your pet's photo and story to
editor.soundwaves@gmail.com!**



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ALL ABOARD!

By Noreen Barrett

Hello Neighbors!

Perhaps if we all close our eyes at the same time and think warm thoughts, spring will eventually get here!

We had a very productive board meeting in March. Charlie Sabathe joined us to discuss some specific aspects of the ACC and to discuss and clarify some of the “hot topic” covenant items such as fences and fuel tanks. Charlie does an incredible amount of work for the board and is an integral part of the “behind the scenes” action that is required for an association of our size. Thank you, Charlie. In regards to the ACC, if you are planning ANY modification to the exterior of your home or yard, please get in touch with Charlie for approval before starting any work. His email address is: cmslss@aol.com.

Please refer to the meeting minutes in this edition of the Sound Waves for a brief update on the Bridges Street Road Extension. We are working closely with our local Carolina Water folks on a few projects within the neighborhood. They have been helpful and open to discussions about damage around manhole covers and drainage issues. If you have a concern about potential flooding or other drainage issues, please contact myself or another board member.

There is also an update in the minutes regarding the proposed Wilshire Commons project. Thankfully, the town is notifying us if and when the project comes back to the Morehead City Planning Board.

Due to our conservative budget and thankfully, no major weather events this year, the board sees no need to increase our annual HOA dues. By press time, everyone should have received their HOA Dues statement as well as the form to update your personal information and gate card/clicker information. Return of this form with your payment is crucial. These details are for security reasons and unaccounted gate devices may be cancelled.

The next BOA quarterly meeting at the K Club, will be Monday, May 14th. Please note that on your calendar, and we very much look forward to seeing you there.

Best regards,

Noreen Barrett.

President.

Noreenbarrett89@gmail.com

252-422-3646

Chuckles: Jewish Food

Submitted by Adele Deluca

Latkes: A pancake-like structure not to be confused with anything the House of Pancakes would put out. In a latke, the oil is in the pancake. It is made with potatoes, onions, eggs and matzo meal. Latkes can be eaten with apple sauce but NEVER with maple syrup. There is a rumor that in the time of the Macabees they lit a latke by mistake and it burned for eight days. What is certain is you will have heart burn for the same amount of time. It's a GOOD thing.

Matzoh: The Egyptians' revenge for leaving slavery. It consists of a simple mix of flour and water – no eggs or flavor at all. When made well, it could actually taste like cardboard. Its redeeming value is that it does fill you up and stays with you for a long time. However, it is recommended that you eat a few prunes soon after.

Kasha Varnishkes: One of the little-known delicacies which is even more difficult to pronounce than to cook. It has nothing to do with Varnish, but is basically a mixture of buckwheat and bow-tie macaroni (noodles). Why a bow-tie? Many sages discussed this and agreed that some Jewish mother decided that, “You can't come to the table without a tie,” or “G-d forbid, an elbow on my table?”

Blintzes: Not to be confused with the German war machine. Can you imagine the N.J. Post 1939 headlines: “Germans drop tons of cheese and blueberry blintzes over Poland – shortage of sour cream expected.” Basically this is the Jewish answer to crepe Suzette.

Kishka: You know from Haggis? Well, this ain't it. In the old days they would take an intestine and stuff it. Today we used parchment paper or plastic. And what do you stuff it with? Carrots, celery, onions, flour, and spices. But the trick is not to cook it alone but to add it to the cholent (see below) and let it cook for 24 hours until there is no chance whatsoever that there is any nutritional value left.

Cholent: This combination of noxious gases had been the secret weapon of Jews for centuries. This unique combination of beans, barley, potatoes, and bones or meat is meant to stick to your ribs and anything else it comes into contact with. At a fancy Mexican restaurant (kosher of course) I once heard this comment from a youngster who had just had his first taste of Mexican friend beans: “What? Do they serve leftover cholent here too?!” My wife once tried something unusual for guests: She made cholent burgers for Sunday night supper. The guests never came back.

Bagels: How can we finish without the quintessential Jewish Food, the bagel? Like most foods, there are legends surrounding the bagel although I don't know any. There have been persistent rumors that the investors of the bagel were the Norwegians who couldn't get anyone to buy smoked lox. Think about it: Can you picture yourself eating lox on white bread? Rye? A cracker? Naaa. They looked for something hard and almost indigestible which could take the spread of cream cheese and which doesn't take up too much room on the plate. And why the hole? The truth is that many philosophers believe the hole is the essence and the dough is only there for emphasis.



BOA Dues News

It is Brandywine Owners Association dues season. Here's what you need to know:
Dues notices were mailed the last week of March. The annual dues remain the same, at \$350 for the year. Your dues and your gate card audit form are due on or before May 15, 2018. A \$20 late fee is due to the BOA for any dues submitted after the deadline.

Use the enclosed green return envelope, which is addressed to 230 Brandywine Blvd., Morehead City, NC 28557. Be aware that if you mail your dues from your mailbox or the Morehead City Post Office, it may take about 7 days for it to reach the mailbox at 230 Brandywine Blvd. Any dues that are postmarked May 15 or earlier will be accepted as "on-time."

You can also drop off your dues without postage in the mail box at the Hwy. 70 gate house. The final collection of envelopes that will be considered "on-time" from this location will be at noon on May 16. Please do not drop off your dues at the Golf and Shore Properties office.

In addition to sending your dues payment, review your contact information on the enclosed gate card/clicker audit form. Note any changes to the information that are needed. The purpose of the gate card audit form is to ensure that only current residents and authorized users have active gate cards. All gate cards not accounted for in the audit will be disabled.

Owners of rental properties and renters should work together to ensure the gate card audit form includes the renters' information. Renters, contact Andy Haines directly if you want to confirm your contact information. He can be reached at ahainesnd@gmail.com.

Please return the form with your dues payment, even if you do not have any changes marked on the form.



Sound Waves online:

brandywineowners.org/homeowners/sound-waves
Extra printed copies of the current paper are available at the K-Club and the Golf & Shore Properties office.



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Golf – Chris Calling	252-247-2541
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Recreational Area – N/A	
Security Gates (Entry Cards & Microclicks)	
– Linda Chidsey	252-622-9421 • mcmslin@gmail.com
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THE RESERVE	Janet Stout • 252-726-0452
VILLAGE GREEN	Dianne Klein • 252-622-4679

COMMUNITY EMERGENCY NUMBERS

Sheriff Deputy Request	252-726-1911
Sheriff's Business Office	252-728-8400
Progress Energy	800-452-2777
Street Light Outage	800-419-6356
Carolina Water	800-525-7990
Animal Control	252-728-8585
NC Highway Patrol	800-411-6127
Mosquito Control	252-504-2107



Changes to the 2018 Brandywine Directory

New to the neighborhood? Contact Lin Chidsey for your welcome packet and gate cards.

Moving away? Please return your gate cards to Lin Chidsey.

Linda Chidsey | 252-622-9421 | ncmslin@gmail.com

The printed 2018 Brandywine Bay Directory was distributed in January. Contact Lin Chidsey if you need another copy.

ADDITIONS:

Curtin, Fred	803 Lord Granville Dr.	860-754-7919
Garner, Jerry & Lanette	204 Slow Lane	919-545-6640
Roberts, Susan	1201 Cedarwood Village	843-217-1885
Ramos, Victor & Cathryn	803 Broadmoor Court	252-808-3492
Teasley, Sandra	506B Village Green Dr.	919-961-5497
van Barneveld, Tchitchu	536B Village Green Dr.	252-229-8957
Stakes, Gary	117 Fariway Dr. East	252-808-3492
Webster, Jerry & Ann	106 Fairway Dr. East	252-646-5586

CHANGES:

Andrews, Mary & Don	319 Eastchester Dr.	252-499-9282
Collins, Ted	203 Oak Dr.	252-725-1456

BOA Board Minutes:

Board Meeting, March 12, 2018

at Cedarwood Village Clubhouse

The meeting was called to order at 7:04 pm. Board members present were, Nancy Beszterczei, Noreen Barrett, Bob White, Rachel Love-Adrick and Andy Haines.

Noreen asked for a motion to accept the minutes as written from the February meeting. Andy made a motion to approve the minutes, Bob seconded. Minutes were unanimously approved.

Treasurer's Report: BOA dues letters will arrive in the mail prior to April 1, 2018.

Secretary's report: None

Guest Speaker: Charlie Sabathe (ACC Committee) met with the board to discuss the neighborhood covenants and the ACC Committee forms. The covenants and ACC forms are all available on the Brandywine website.

OLD BUSINESS:

- Bridges Street Extension:** Liz Workman with NC Department of Transportation has requested comments in favor or against the proposed Bridges Street Extension. Please be on the lookout for an email from your street rep with Liz's contact information.
- Drainage Update/Road Maintenance:** Two new culverts installed on the corner of Fairway & Lord Granville. The culverts were paid for by Carolina Water.
- Wilshire Commons:** Wilshire Commons is a proposed multi-family development on a vacant parcel located between the recreational area and Reserve Lane. Nothing has been submitted to the Morehead City Planning Board regarding the proposed development. At the November Planning Board meeting the board requested a Drainage Study from the developer. At that meeting the Planning Board requested that the HOA board reach out to the developer to state concerns. The board sent a letter to Ron Culphur and Mr. McClung and has not received a response.
- Carolina Water:** Please see article titled "Water Concerns" by Mark Johnson in the March 2018 edition of the Sound Waves.

NEW BUSINESS:

- Upcoming HOA Dues:** The HOA dues are staying the same as last year (\$350). You will receive notice for payment prior to April 1st. The dues are due on May 15, 2018.
- Gate Card and Database/Phone Directory:** The dues notification will include a gate card audit and a form to update your information for the phone directory. Please complete both of these forms and return them with your HOA dues.

COMMITTEE REPORTS:

Beautification: New North Carolina State flags at both gates.
Gate: Nothing to report.
Cameras: Nothing to report.
Boat Storage: The boat storage is fully rented out.

Recreational Area - Nothing to report.

Other - The repair work to the sign at the 24 gate is progressing. The stone-work is scheduled to be completed the first or second week of April, depending on the weather. The temperature must be above 40 degrees for the stone-work to be completed. The new sign is scheduled to be completed by April 1st. The work will include new LED lights to light the new sign and the flagpole.

JANUARY ACC APPROVALS

202 Lord Granville	New Home Construction	2/2/2018
203 Oak Drive	Remove Trees Close to Deck	2/3/2018
309 Lord Granville	Remove Dead/Uprooting Trees	2/5/2018
814 Lord Granville	Remove Trees Blocking Drainage	2/6/2018
814 Lord Granville	Remove Dead/Leaning Trees	2/6/2018
305 Lord Granville	Replace Leaning Fence	2/9/2018
305 Lord Granville	Remove Tree Against Fence	2/9/2018
303 Lord Granville	Repair and Paint Porch	2/10/2018
303 Lord Granville	Remove Cracked Dway/Replace w/Pavers	2/10/2018
301 Lord Granville	Clean Lot to Prepare for Building	2/13/2018
703 Lord Granville	Remove Dying Trees	2/16/2018
801 Lord Granville	Remove Dead Tree	2/19/2018
812 Lord Granville	Remove Tree Uprooting/2 Dead Trees	2/21/2018
401 Hillcrest Dr.	Remove Trees Close to House/Dying	2/21/2018
104 Tree Fern	Remove Leaning/Dead Trees	2/22/2018
104 Fairway Dr. E	Remove Rotting Tree	2/23/2018

The next quarterly meeting is May 14, 2018 at 7pm at the K-Club.
The meeting adjourned at 8:40 pm.
Respectfully submitted by Rachel Love-Adrick, March 20, 2018.



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PetDocks 10 Most Common Household Pet Toxins

By Dr. Todd Worrell

In 2017 alone, the ASPCA Animal Poison Control Center (APCC) received 199,000 cases concerning possible pet poisonings, a 10% increase from the previous year.

10. Garden Products: Fertilizers and other gardening-related products accounted for 2.6% of poison control calls the center received in 2017.

9. Plants: Several indoor and outdoor plants pose a threat to pets, which is why the center received 10,725 reports of possible pet toxicity from plants last year. When selecting plants, choose varieties that are non-toxic to pets, such as African daisies, rosemary, and snapdragons; avoid azaleas, daffodils, lilies, sago palms, and tulips.

8. Rodenticide: It's a no-brainer that rodenticides would be toxic to pets, but more and more companion animals are gaining access to these types of products. Exposure to rodenticides increased from the year prior, which the ASPCA APCC attributes to unpredictable weather patterns causing rodents to seek shelter and food inside homes, in turn, causing an uptick in rodenticide use.

7. Insecticides: Although insecticides are commonly used in homes to kill ants, spiders and the like, their misuse can be harmful for pets. Reports of possible pet poisonings related to insecticides decreased from 2016 to 2017, but still accounted for 6.7% of cases reported to the ASPCA APCC last year.

6. Household Items: The vast category of household items—including glue, cleaning products, laundry detergent, etc.—appears in the middle of the pack, comprising 8.6% of pet toxicity cases in 2017.

5. Chocolate: Chocolate is a known danger to dogs, yet the ASPCA APCC received 17,540 pet toxicity cases due to chocolate in 2017, amounting to about 48 cases per day. The high volume of possible poisonings related to chocolate is so high that the center felt it warranted its own category separate from all other food-related toxicities.

4. Veterinary Products: While veterinary products are intended for use by animals, the very flavoring that makes them desirable can also make them dangerously desirable. Animals ingesting amounts of medications exceeding their prescribed doses made up 8.9% of the ASPCA APCC's cases last year.

3. Human Food: Many of the foods that fill up your pantry can make cats and dogs severely ill. Still, accidents happen; pet owners either mistake-

only share scraps from a meal or a pet somehow finds its way into the snack drawer. The ASPCA APCC points to the popularity of xylitol - which is toxic to animals—in sugar-free items like gum and baked goods as the reason why this category consistently appears toward the top of their list.

2. Over-the-Counter Medications: For the second year in a row, over-the-counter (OTC) medications claimed the No. 2 spot on this ASPCA APCC list. It's imperative that clients know to consult with a veterinarian before giving their pets any OTC medication, including herbal supplements.

1. Prescription Medications: Just as with many of the items on this list, exposure to prescription medications is often accidental. Even so, it contributed to 34,888 of pet toxicity cases reported to the ASPCA APCC last year. The center says it most often receives calls about pain medications, antidepressants and heart medications.

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Contact: editor.soundwaves@gmail.com



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Caring For Your Aging Parents

By Greg Patterson, Financial Advisor, Atlantic Wealth Management

Caring for your aging parents is something you hope you can handle when the time comes, but it's the last thing you want to think about. Whether the time is now or somewhere down the road, there are steps that you can take to make your life (and theirs) a little easier. Some people live their entire lives with little or no assistance from family and friends, but today Americans are living longer than ever before. It's always better to be prepared.

Mom? Dad? We need to talk

The first step you need to take is talking to your parents. Find out what their needs and wishes are. In some cases, however, they may be unwilling or unable to talk about their future. This can happen for a number of reasons, including:

- Incapacity
- Fear of becoming dependent
- Resentment toward you for interfering
- Reluctance to burden you with their problems

If such is the case with your parents, you may need to do as much planning as you can without them. If their safety or health is in danger, however, you may need to step in as caregiver. The bottom line is that you need to have a plan. If you're nervous about talking to your parents, make a list of topics that you need to discuss. That way, you'll be less likely to forget anything. Here are some things that you may need to talk about:

- Long-term care insurance: Do they have it? If not, should they buy it?
- Living arrangements: Can they still live alone, or is it time to explore other options?
- Medical care decisions: What are their wishes, and who will carry them out?
- Financial planning: How can you protect their assets?
- Estate planning: Do they have all of the necessary documents (e.g., wills, trusts)?
- Expectations: What do you expect from your parents, and what do they expect from you?

Preparing a personal data record

Once you've opened the lines of communication, your next step is to prepare a personal data record. This document lists information that you might need in case your parents become incapacitated or pass away. Here's some information that should be included:

- Financial information: Bank accounts, investment accounts, real estate holdings
- Legal information: Wills, durable power of attorneys, health-care directives
- Funeral and burial plans: Prepayment information, final wishes
- Medical information: Health-care providers, medication, medical history
- Insurance information: Policy numbers, company names
- Advisor information: Names and phone numbers of any professional service providers
- Location of other important records: Keys to safe-deposit boxes, real estate deeds

Be sure to write down the location of documents and any relevant account numbers. It's a good idea to make copies of all of the documents you've gathered and keep them in a safe place. This is especially important if you live far away because you'll want the information readily available in the event of an emergency.

Where will your parents live?

If your parents are like many older folks, where they live will depend on how healthy they are. As your parents grow older, their health may deteriorate so much that they can no longer live on their own. At this point, you may need to find them in-home health care or health care within a retirement community or nursing home. Or, you may insist that they come to live with you. If money is an issue, moving in with you may be the best (or only) option, but you'll want to give this decision serious thought. This decision will impact your entire family, so talk about it as a family first. A lot of help is out there, including friends and extended family. Don't be afraid to ask.

Evaluating your parents' abilities

If you're concerned about your parents' mental or physical capabilities, ask their doctor(s) to recommend a facility for a geriatric assessment. These assessments can be done at hospitals or clinics. The evaluation determines your parents' capabilities for day-to-day activities (e.g., cooking, housework, personal hygiene, taking medications, making phone calls). The facility can then refer you and your parents to organizations that provide support.

If you can't be there to care for your parents, or if you just need some guidance to oversee your parents' care, a geriatric care manager (GCM) can also help. Typically, GCMs are nurses or social workers with experience in geriatric care. They can assess your parents' ability to live on their own, coordinate round-the-clock care if necessary, or recommend home health care and other agencies that can help your parents remain independent.

Get support and advice

Don't try to care for your parents alone. Many local and national caregiver support groups and community services are available to help you cope with caring for your aging parents. If you don't know where to find help, contact your state's department of eldercare services. Or, call (800) 677-1116 to reach the Eldercare Locator, an information and referral service sponsored by the federal government that can direct you to resources available nationally or in your area. Some of the services available in your community may include:

- Caregiver support groups and training
- Adult day care
- Respite care
- Guidelines on how to choose a nursing home
- Free or low-cost legal advice

Once you've gathered all of the necessary information, you may find some gaps. Perhaps your mother doesn't have a health-care directive, or her will is outdated. You may wish to consult an attorney or other financial professional whose advice both you and your parents can trust. To request our complimentary resource, "Caring for an Aging Parent Checklist" please call the Atlantic Wealth Management office at 252-515-7800.

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Greg Patterson is a financial advisor located at Atlantic Wealth Management, 712 Bridges Street, Morehead City, NC 28557. He can be reached at (252) 515-7800 or greg@myatlanticwealth.com. Mr. Patterson offers securities and advisory services as an Investment Adviser Representative of Commonwealth Financial Network®, Member FINRA/SIPC, a Registered Investment Adviser.

Crystal Coast Choral Society Concerts

By Marilyn Zmoda

Mark your calendars: The Crystal Coast Choral Society, under the direction of Finley Woolston, will present two Spring concerts in April.

On Saturday evening, April 14, 2018 at 7:30 PM, the 55 member mixed chorus will present “PSALMS, HYMNS, AND SPIRITUAL SONGS”, a selection of old and new sacred music in the sanctuary of All Saints Anglican Church, 292 McCabe Road in Newport (Off Hwy 24).

The program will be repeated the following day, Sunday, April 15, 2018, at 2 PM in the sanctuary of the Swansboro United Methodist Church, 665 W Corbett Ave (Hwy 24) in Swansboro.

Admission is \$10 for adults, \$5 for students, and free for children 10 and under. Tickets will be available at the door.

These programs receive support from the North Carolina Arts Council, a division of the Department of Natural & Cultural Resources and awarded by the Council for the Arts of Onslow County.

For further information please check our website: www.crystalcoastchoral-society.org



Carolina East Singers Concert

By Libba Shelton

The Carolina East Singers, under the choral direction of Susan Gillis Bailey, will perform their Spring Concert on Sunday, April 29. The concert will begin at 5:00 pm at First Presbyterian Church, Morehead City.

The 60+ voice choir will be performing Dan Forrest’s *Requiem for the Living; Holy, Holy, Holy; Moon River* and many other favorites. The choir will be accompanied by an orchestra.

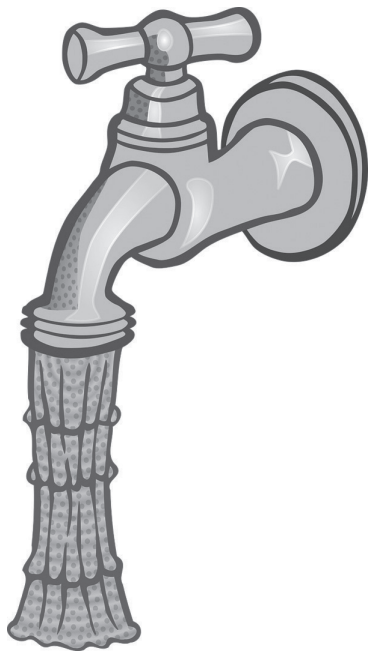
Tickets are \$10.00 in advance and \$15.00 at the door. They are available from any choir member or at these local businesses: In Morehead - First Presbyterian Church or Williams Hardware; In Atlantic Beach - The Pool & Patio Store, Atlantic Station Shopping Center; and in Beaufort - Beaufort Pet Provisions or First Citizens Bank.



Reminder: Take Action About Water Concerns

By Mark Johnson

Longtime residents of Brandywine surely remember it was not always this expensive to pay for services in Brandywine. For instance, a typical water and sewer bill in 2001, when we moved to Holly Lane, was approximately \$50. If last month is any indication of the new normal, a bill now is nearly triple that amount. It does not take an economist to agree that the cost for water and sewer services is clearly outpacing inflation. Why is Carolina Water Service, Inc. of North Carolina - Utilities, Inc. so expensive?



Last month’s Sound Waves explained how our water rates are determined and the customer protections from unfair practices that are provided by appointed officials, such as the North Carolina Utilities Commission (NCUC). Several neighbors have written letters and received notice that the issue is being reviewed or has been “added to the docket;” however, no specific information has been provided about the timeline or next steps.

If you think our rates have gone too high, the time to act is now – write or call our representatives. They are there to serve us. They need to hear from more concerned citizens; without your voice, the Commission will not act.

Ideas for your message to the NCUC:

- The new Tax Cuts and Jobs Act of 2017 will create a windfall of additional revenue for Carolina Water Service, Inc. of North Carolina - Utilities, Inc., due to changes in the corporate tax rates.
- According to the NC General Statutes § 62-130 (d), we as Brandywine residents and customers of Carolina Water Service, Inc. of North Carolina - Utilities, Inc. respectfully request the Commission to review the rate base charged to its customers, and further request Carolina Water Service, Inc. of North Carolina - Utilities, Inc. to refund moneys to its customers which were over-collected from its customers, as per NC General Statutes § 62-130 (e).

NORTH CAROLINA UTILITIES COMMISSION
Dobbs Building
430 North Salisbury Street 27603-5918
4325 Mail Service Center
Raleigh, North Carolina 27699-4300

Consumers may send comments about cases before the Commission to the Chief Clerk of the Commission at the mailing address above or by e-mail to statements@ncuc.net.

<http://www.ncuc.net/overview/contactus.htm>
Phone: 919-733-4249
Fax: 919-733-7300

Passover and the Story of Moses

By: Susie Garland



Jesus was a Jew, and Jews were required, under the Law of Moses, to celebrate the Passover every year to remember the Exodus from Egypt. The Last Supper, when Jesus ate with His disciples, was a Passover meal. Christian symbolism in the Passover occurs early in the Seder (the Pass-

over dinner). Three matzahs are put together (representing the Father, Son, and Holy Spirit). The middle matzah is broken, wrapped in a white cloth, and hidden, representing the death and burial of Jesus. Following the Seder meal, the “buried” matzah is “resurrected,” which was foretold in the prophecies of David. Jesus said: “I have eagerly desired to eat this Passover with you before I suffer. I will not eat it again until it finds fulfillment in the Kingdom of God.”

The festival of Passover is celebrated for eight days, this year beginning on the evening of March 30 and ending on the evening of April 7. The Jewish people celebrate Passover as a commemoration of their liberation by God from slavery in Egypt and their freedom as a nation under the leadership of Moses.

By God’s providence, Moses—the child of a Hebrew slave—was adopted by the daughter of the Pharaoh himself. Despite the fact that he grew up in the palace and was reared in the royal court as an Egyptian prince, Moses could not bear to see the suffering of the Jewish people and never forgot he was a Hebrew.



When Moses was 40 years old, he became very angry and killed an Egyptian taskmaster who had beaten a Hebrew slave to death. Moses then feared for his own life and fled from Egypt to the desert. One day when Moses was tending his flock, he saw a bush burning fiercely, but left unharmed. Moses understood that it was a call from God to lead his people. God instructed that Moses return to Egypt to free the Hebrews from slavery. Moses conveyed God’s wish to the Egyptian Pharaoh Ramses II and asked him to free the Hebrews from slavery and oppression. Moses warned Pharaoh of God’s wrath, but Pharaoh turned a deaf ear to him. God then unleashed a series of 10 terrible plagues on the Egyptians, each one more devastating than the last: Blood, frogs, lice, wild animals, sick animals, boils, hail, locusts, darkness—and the worst plague of all—death of the firstborn. The Israelites were instructed to mark the doorposts of their homes with the blood of a slaughtered lamb and, upon seeing this, the spirit of the Lord knew to pass over the first-born in these homes: hence, the name of the holiday. Pharaoh did not want to lose his slaves and would not let them go, so the first-born son in every Egyptian family, including Pharaoh’s son, died. Pharaoh was so distraught over losing his son that he finally said that the Hebrews could leave Egypt. But, he changed his mind again and sent his army to bring the Hebrews back. When the Israelites reached the Red Sea, the Egyptian army was fast approaching. God commanded Moses to raise his staff and stretch out his hand over the waters. When he did, God caused a strong wind to blow, creating a rift of dry land in the middle of the sea, which allowed the Israelites to cross to safety on the other side. When the Egyptian army tried

to follow the Israelites through the parted sea, God caused the wheels to fall off their chariots. Then God told Moses to once again stretch his hand over the sea to bring the waters back over the dry area. When he obeyed God, the waters came together again, drowning the entire Egyptian army, and the Israelites were able to make their escape. The legend continues with The Ten Commandments, but that is another story.

Crystal Coast Reading Council

By Monica Sellars

Congratulations to Brandywine Bay residents Brenner Linka and Coral O’Brien – winners in the cover art competition for the annual Young Authors Publication, sponsored by the Crystal Coast Reading Council. Both students, and their families, attended the Young Authors Celebration in Morehead City.

Emily Golightly is the president of the Crystal Coast Reading Council, and she shared the following information about the organization:

The Crystal Coast Reading Council has been around for about fifteen years, and it is open to all who wish to become members. Our primary focus is supporting literacy initiatives in Carteret County and the surrounding areas. We are a part of the North Carolina Reading Association and the International Literacy Association.

Some of the things we do include:

- Providing Birthday Bags for foster children (including books and other small trinkets) (Made possible by the Mary Ellen Skidmore Grant through the NC Reading Association)
- Sponsoring the Young Authors Writing Competition each year and creating a publication of all of our winners (publication made possible by a sponsorship from Beaufort Wine & Food)
- Monthly staff development for area teachers in the areas of literacy and technology
- Promoting and helping classes participate in the Global Read Aloud each year
- Working with international philanthropies to put books in the hands of students in underserved populations around the globe

I have served as president of the organization for the past two years, and we would LOVE to welcome new members! Anyone can be a member, and the membership fee is \$20. Half of this fee goes to membership in the NC Reading Association, and the other half we use to help fund our service-oriented activities.

Check these websites for more information:

<http://nccrystalcoastreadingcouncil.weebly.com/>

<https://theglobalreadaloud.com/>



Local students recognized at the Young Authors Celebration



By Susie Garland



March 17: Sure and Begorrah, it was a fun time on the course as 26 couples participated in the annual Saint Patrick's Day Couples Golf Tournament. The format: Four-person scramble. Thank you, Chris and Steve, for putting it all together. There was a lot of work entailed and many scorecards to tally up the results. Muchly appreciated.

And so, here are the results, appearing in order on the picture collage:

- In a card playoff, each having a 60 net score, the team of Nelda Kessler, Sheila Monczewski, Pete Eibl, and Chuck Urban took the win.
- Angela Zieleck, Eugene Gurganus, Anne Lynes, and Gordon Wall (missing in picture #2) took second place.
- Closest to the Pin on hole 12 for the ladies: Tracy Laatsch. Lyle Vogel had closest to the pin on hole 17 for the men.
- Other notable couples: Ed and Lenna Easter, the team of Charlie Sabbath, Susie Garland (that's me), George Viereck, and Ann O'Connor; Myra and Mark Roche; Susie, St. Paddy, Irish golf ball, Chris.
- In the 50-50 draw, Jay Boulanger stuffed a bunch of bucks into his wallet (over a hundred of them I believe).

Corned beef and cabbage (what else?) was another highlight for a delicious dinner served with potatoes, carrots, Irish soda bread, and salad. Fabulous! Compliments to the chefs.



LGA News

By Susie Garland

Feb 27: The opening meeting for the LGA 2018 season was held at the K-Club on this date, with President Susie Garland (that's me) presiding. Susie announced the new board members: Vice-President, Janice Ghelli; Secretary, Judy Payne; and Treasurer, Nelda Kessler; along with tournament chairladies, Brenda Leinthall and Angela Zieleck. New members, Nancy Bullett and Lori Wilson, were introduced and welcomed, along with 9-hole members Anne Gilbert and Betty Yankey. Janice relayed that since there were only two members from the 9-hole league who renewed their membership, they were invited to play with the 18-hole league, for a total of 29 LGA members. A great big thank you, Loretta Beaulieu, for preparing the LGA booklet, a feat that is no easy task in gathering all the pertinent data and information required for the membership roster and schedule of events for the upcoming season.

Chris Calling spoke to the group with an overview of upcoming events and provided coffee and donuts, for which many thanks. The minutes were read and approved, along with the treasurer's report. Committee Chairpersons were called upon to speak to the group and provided information of their assigned tasks: 18-hole tournaments: Brenda and Angela; Home & Home: Mickey Friend; Two Club and Hole-In-One Club: Ginny Reinhardt; Rules, DEWGA, and Solheim: Rosie Angel; Crystal Coast: Anne Lynes; Sunshine: Pat Barber.

In a moment of silence, we silently remembered those who are ill and for deceased members.



March 8: Brrr. On a cold and blistery day, but with the sun shining brightly, seven players competed for our first Ace of the Month tournament this year. Congratulations to our vice-president, Janice Ghelli, who captured March Ace with a net 63. In the 50-50 draw, Angela picked her name. Hmmm. (Only kidding.)



March 15: Brrr, once again. This time, we started an hour later, at 10am, and it still was cold. Eight brave players, all bundled up with scarves, mittens, and hats, competed in the game of Best 9 Holes together with Low Putts. The winner, with a net 22: treasurer, Nelda Kessler. (The board members are doing good so far). In the low putts category, Anne Lynes came in first with 32 putts.

MGA Happenings

By Vince Moreno

March 14, 2018: Our tournament director, Chuck Muller, got all 17 of us out on this cold March day to play three-man teams with the 2 best net scores out of the three-man team. The winners: First Place, with a score of 123, were Nick Viglianese, Charlie Sabathe and Dick Groben. Second place, with a score of 125, was won by Chuck Muller, Mark Roche and Barry Moore. And the third place winners were James Whitfield, Gordon Wall and Lyle Vogel. The closest to the pin winners were Vince Moreno and Nick Viglianese. The best part of the day was when we got into the "K" Club and had our much deserved lunch, which was great. All in all, it was a good day for the MGA.



First Place: Dick Groben, Charlie Sabathe, and Nick Viglianese



Second Place: Chuck Muller, Barry Moore and Mark Roche

continued on page 14



Traffic Caution - Stay Alert

New Home Construction =
More Truck Traffic

Golf Tips

By Steve Sewell, Director of Golf at Brandywine Bay Golf Club

Another month closer to comfortable golf weather and the opportunity to make this the spring that you experience true golf improvement. Toward that goal, I will again attempt to clear the air of half-truths and accurately explain the complete and simple thoughts intended by these statements.

First is; pronate and supinate. These are fancy terms applied to the rotation of our forearms as they swing back and forward during the swing. Despite the impression that the forearms move in such a way, it is not true. In photos it appears our forearms, hands and clubface do turn from open to closed, supinate and pronate, etc. But in reality, the arms and club are attached to our bodies and should only turn due to the rotation of that body. There is no independent rotation of the arms, hands or club other than the movement of our chest-center-core-trunk. Yes, all these terms mean the same to us as golfers. The simple turning of our shoulders and chest away from the target causes the arms to appear they are moving away and opening, but it is not two coordinated motions, rather one, connected effort. The same is true for the return of the shoulder turn and chest back to and through the golf ball. By moving in such a way, we maintain a “connected,” “one piece” golf swing.

Directly related to the open and closing thought is the often heard, “keep the club face square” phrase. Yes it does remain square, but square to what; the player or the intended target? Correct answer is: to the player. Our golf club should not be swung with the intention of keeping the face aimed at our target; it should maintain its relative position to the golfer throughout the swing. If a golfer successfully achieves this lack of extra motion, his or her swing will hit routinely straighter shots, gain distance and remove an added movement from the swing. It is simpler and more productive.

I so often tell golfers, “Qualified golf instructors do in fact have the answers!” The golf swing is not an enigma. We understand physics, geometry and how athletes achieve the results they do in all sports endeavors. None of this is new. Applied basics, and the minimal effort required to make them a natural part of your swing, do yield lower golf scores.

Certainly we have all experienced the pains and aches, illnesses and many restrictions our body puts in the way, but to some extent, these issues can be by passed and we can learn to succeed in golf as we do in everyday life with a little dedication and positive effort. Don't give in to the age or pain mindset; rather, challenge yourselves to a better game of golf, more fun and less aggravation. Take 10 minutes out of your day, speak to a knowledgeable golf professional and learn what he can do for your golf life.

When I competed on Tour, I often marveled at how sports paralleled life: the obstacles overcome, effort put forth, success and fortitude required to achieve that success. Prior to a scheduled practice round with Arnold Palmer, I was on the tarmac of an airport with two other players as Arnie's twin engine jet halted, he walked off and the two courtesy cars drove up which would carry us to the club. During the hellos, baggage and golf club loading, Arnie's hand got slammed in the closing trunk lid. We drove to the emergency room where they put quite a few stitches in his thumb. All of us could empathize with this man and the pain caused by an injured finger, especially the left thumb for a right handed golfer.



We proceeded to the course and I assumed, as I guessed the other two players did, Arnie would walk and watch us so to gain some knowledge of the course even though he would not be playing. How wrong was I! His caddie carried the bag along with the others to the range, we warmed up, Arnie too, and proceeded to play the entire 18 holes. As Touring Professionals, we play to make money. Practice rounds are no different. Often there is a lot of money on the table along with supreme amounts of pride and the confidence needed to survive on Tour. The match was on, Arnie shot an easy 4 under par 68. A 68 is not so surprising, but it was the “matter of fact” attitude!

I have been a very fortunate man. Throughout my golf career, I have had the good fortune to meet, befriend and play golf with an extraordinary number of star athletes, award winning entertainers, high level politicians, big time business magnates, and so on. What struck me as common among them all was their attitude. Despite the everyday challenges we all must face, they do so with a positive front. I'm a Norman Vincent Peale guy, and his writings serve to support what I believe was evident in all these successful people. They might have had less talent than others, but they succeeded despite the challenges because of attitude!

Let's all start this spring with a fresh and positive outlook that will help us meet the golf challenge and beat the system!

As always, questions and comments can be directed to me through the golf shop at Brandywine Bay Golf Club.

MGA Happenings... continued from page 13.



Third Place: Gordon Wall, James Whitfield and Lyle Vogel



Closest to the pin winners were Vince Moreno and Nick Viglianese

Carteret Community Theater

<https://www.carteretcommunitytheatre.com/upcoming-shows>

On Golden Pond

On Golden Pond, Ernest Thompson’s bittersweet story which elicits every emotion, focuses on aging couple, Ethel and Norman Thayer, who spend each summer at their home on Golden Pond. On this particular summer, they are visited by daughter Chelsea with her fiancé Billy Ray and his son Billy Ray Jr. We witness the often turbulent relationship the young woman shared with her father growing up, the humor of seniors trying to relate with the younger generation, and the difficulties faced by a couple in the twilight years of a long marriage. On Golden Pond will have you simultaneously laughing out loud and wiping away tears.



April 13&14, 20&21 at 7:30PM and April 15&22 at 2:00PM
 Tickets in advance: \$18 Adults, \$15 Seniors/Military with ID, \$10 Students through high school. At the door: \$20 Adults, \$17 Seniors/Military with ID, \$12 Students through high school. Includes NC Sales Tax and Service Fees.



The Legacy of Motown Revue
 Paying homage to the music that molded multiple generations, and gave Detroit a claim to fame other than cars, THE LEGACY takes you back to the days of The Drifters, The Coasters, The Jacksons, Earth Wind & Fire, The Temptations, and so many more legendary icons! Featuring talented performers that dance and sing, plus an amazing six-piece horn band, you will be transported back in time to one of

the most influential periods in American Musical History!! Soul music is not just our past...it’s The Legacy!
 Friday, April 27, 2018
 Reserved Seating: \$22.50-37.50. Includes NC Sales Tax and Service Fees

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Last Month's Solutions

6	2	3	8	5	1	4	9	7
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7	1	4	3	2	8	5	6	9
8	3	9	5	4	6	1	7	2
2	6	5	7	1	9	3	8	4
9	4	1	2	6	5	7	3	8
5	7	2	1	8	3	9	4	6
3	8	6	9	7	4	2	5	1

April Community Events

Here are just a few of the many special events planned in our area this month. Go to www.crystalcoastnc.org for details about these events and others!

Grenoldo Frazier Jazz Concert

April 6, 2018 | 6:30 pm-8:00 pm
920 Salter Path Road, Salter Path, NC 28512
(252) 240-2388

Grenoldo Frazier, the dynamic performer and multiple Audelco award-winning composer and director, will perform a concert of jazz music. The one-hour event will showcase Grenoldo's soulful jazz voice and piano. A reception of heavy hors d'oeuvres will be served in the downstairs art gallery following the concert. Tickets (\$25) are available in advance at the church office, at First Citizens Bank Atlantic Beach or at the door the night of the performance. At 5:30 preceding the concert, an art gallery opening will feature the work of Anne Cowie and her students.

America's Boating Course

April 7, 2018
The Nautical Club in Salter Path
America's Boating Course gives you the basics you need to get out on the water safely, and it meets most states boating education requirements, including North Carolina's. For more information go to www.fmsps.org and click on the "Boater Education" tab.

40th Annual Newport Pig Cooking Contest

April 7, 2018 - April 8, 2018
200 Howard Blvd, Newport, NC 28570, USA
(252) 223-3112

The USA's largest whole hog BBQ Pig Cookin' invites you to join us for two days of food, fun and springtime celebrations!

American Music Festival Series

April 7, 2018 | 8:00 pm-10:00 pm
First Presbyterian, 1604 Arendell Street, Morehead City, NC
(252) 728-6152
Calidore Quartet - Selected by BBC Radio 3 as "New Generation Artists", Calidore is emerging internationally as an exceptional young ensemble. Their passionate music making has garnered many fans and honors including a plum residency at the Chamber Music Society on Lincoln Center.

Shred-A-Thon

April 12, 2018 | 12:00-2:00 pm
Atlantic Wealth Management Office
712 Bridges Street, Morehead City
We invite you to join us outside our office in downtown Morehead City for Atlantic Wealth Management's Annual Spring Shred-A-Thon. Help protect yourself from identity theft by shredding pre-approved credit card offers, old bills, out-of-date account statements and other personal documents that include confidential information at this event. The shred truck will be on-site, and you can enjoy some refreshments while your documents are being shred. We kindly request a five box or bag maximum per individual. Staples, paper clips, and thin folders can be shredded along with your paper documents. (No three-ring binders please.) We hope to see you there!

International Film Series 2018

April 12, 2018 | 7:30 pm-9:30 pm
3505 Arendell Street, Morehead City, NC 28557
(252) 222-6056
Timbuktu - Mauritania/France (Bonus Showing - April 13 at 2 p.m.) Films: 5:20 p.m., 7:30 p.m. Admission is FREE - Donations support the series. Diners: 6 p.m. - Enjoy cuisine that reflects the culture of the evening's movie. \$30/person (dinner and one drink ticket). Cash bar available.

Family Fun Night @ Webb Memorial Public Library

April 20, 2018 | 6:00 pm-8:30 pm
812 Evans St, Morehead City, North Carolina 28557
(252) 726-3012
Join us for games, Legos, puzzles and more. We have over 50 games for ALL ages and Legos in every size, shape and color! \$5.00 per family for pizza. Bring your friends and hang out at the library this Friday night.

2nd Annual Crystal Coast Sports and Recreation Expo

April 21, 2018 | 9:00 am-4:00 pm
3505 Arendell Street, Morehead City, NC 28557
(252) 247-3883
Come learn more about the many wonderful opportunities that abound in Carteret County for those that are interested in sports for youth and adults, recreation and fitness for all ages, as well as health and wellness programs at the second annual Crystal Coast Sports and Recreation Expo. Here you will interact with a variety of vendors offering activities & education about their products and services as well as watch demonstrations of unique activities such as KnochBall, Dance Fitness and laser tag. There will be outdoor activities for kids, concession sales and much more. Don't miss out on the FUN!! The admission fee to public is \$2 (kids 3 & under Free). This price includes all the attractions and interactive booths inside and outside.

Pack 130 Mini-Golf Tournament

April 21, 2018 | 10:00 am-12:00 pm
915 West Fort Macon Road, Atlantic Beach, NC, USA
(252) 726-2121
Join us for a fun afternoon of mini-golf to raise fund for Cub Scout Pack 130. Come out and play with us! Participant forms can be found on the facebook page. If you would like to be a hole sponsor or contribute to the silent auction, please let us know. Thank you for supporting Cub Scout Pack 130.

7th Annual Bark for Art

April 21, 2018 | 4:00 pm-8:00 pm
1311 Arendell Street, Morehead City, NC
(252) 497-8919
Protectors of Homeless Pets of Carteret County Bark for Art will feature art works from several Artists and the art students from area schools that will be displayed for voting and sale. Place your final bids on Silent Auction items from 6:00pm - 7:30pm while enjoying a glass of wine and some light hors d'oeuvres. 100% of the proceeds go to Protectors of Homeless Pets of Carteret County to provide medicines and the spaying - neutering of the animals in need in Carteret County.

Down East Folk Arts Society Concert – Si Kahn & Joe Jencks

April 21, 2018 | 7:30 pm-9:00 pm
1300 Evans Street, Morehead City, NC
(252) 646-4657

CWSNC Employee Spotlight

By Deb Clark

Stacy A. Goff is a Lead Operator for Carolina Water Service of North Carolina (CWSNC) located in the Morehead City area. Stacy has been with CWSNC for nine years and previously worked in Louisiana for Utilities Inc., of Louisiana, a sister utility. You will see him serve our customers throughout many communities, including Brandywine Bay, Hestron Park, Carolina Pines, Regalwood, Fairfield Harbor, and White Oak Estates. We asked Stacy a few questions to learn more about how he serves our customers, how he sees his role with CWSNC, and how he spends his spare time.



What is your role with CWSNC?

Currently, as Lead Operator, I assist the area manager in training, evaluating plants for operational effectiveness, and safety. I ensure the use of proper techniques when sampling. I oversee NC 811 “call before you dig” for unassigned tickets. I assist other operators in running plants, troubleshooting problems they may identify, as well as operating my assigned plants. I respond to and resolve customer complaints as needed.

What do you like about your job?

One of the best things I like about my job is educating our customers about the various aspects of the water and wastewater industry. I also enjoy attending different meetings within the utility industry, such as our NC Utility Coordinating Committee meetings (NC 811) and, the North Carolina Waterworks Operators Association section meetings.

What do you want to see in the future for CWSNC?

I want customers, as well as regulators, to have the confidence that when they see a CWSNC employee, they are getting top-notch service from an employee with a vast knowledge of compliance regulations related to the industry. I want CWSNC to be a leader in using technology to keep the environment safe and make the life of an operator easier while better serving our customers.

What do you do in your spare time away from working for CWSNC?

Other than spending time with my wife and three very busy boys (ages 7,8,10), I enjoy hiking and camping. One of my proud moments is when my wife and I earned 1st-degree black belts in 2015.

Sound Waves Volunteer Needed

Looking for a new Editorial Team member to:

- **Write 3-4 articles per month**
- **Assist with review of the paper before it goes to press**

Contact: editor.soundwaves@gmail.com



People Person Needed for Sound Waves Editorial Committee

By Monica Sellars

Do you like living in Brandywine? Do you enjoy meeting new people? If so, you are the right person for the open volunteer position on the Sound Waves Editorial Committee!

“But I’m not a writer!” Oh, don’t be so modest! When you have something interesting to say, the writing takes care of itself. And Brandywine is filled with interesting people to meet! As a team member, you are not alone – we work together to brainstorm story ideas and review each other’s work before it goes to press.

It’s also ok if you are not a manager, publisher, photographer, or sales person. All it takes to help with Sound Waves is enthusiasm about our community and an interest in helping to connect our Brandywine neighbors. Please get in touch with me if you would like to volunteer: editor.soundwaves@gmail.com. Volunteering for Sound Waves is lots of fun, and it’s even better when it’s a team effort!



A great-big “Thank You” to BJ Ellyson for filling in as the Sound Waves proofreader while we are looking for a new Editorial Committee volunteer! BJ has an eagle eye for editing, and I sincerely appreciate her willingness to jump in and help (again—BJ is a former Sound Waves editor).



April Events ... continued from page 16.

Si Kahn's songs of family, community, work and freedom have been recorded by more than 100 artists and translated into half a dozen languages. With nearly two decades under his belt on the international circuit, Joe Jencks has become a favorite singer, performer and song writer of music fans throughout North America.

Pitch, Hit and Run Contest

April 25, 2018 | 5:30 pm-8:30 pm
2200 Mayberry Loop Road, Morehead City, NC, USA
(252) 726-5083 ext 3

Scotts Major League Baseball Pitch, Hit and Run provides youngsters across the country an opportunity to participate in an exciting baseball/softball skills competition. This is a free program for boys and girls, ages 7-14, that gives participants the change to showcase their pitching, hitting and running abilities.

Reelin' for Research Tournament 2018

April 27, 2018 - April 28, 2018
Morehead City, North Carolina
(919) 971-4600

Save the date! The Reelin' For Research Tournament will be held April 27th and 28th this year. Let's keep up the effort to "land a cure" for childhood cancer. Visit <http://reelinforresearch.org/> for information and registration details.

Film Screening of The Last Pig

April 27, 2018 | 7:00 pm-8:30 pm - Doors open at 6:00pm
3500 Arendell Street, Morehead City, NC 28557, USA
Carteret Community College; Joslyn Hall

THE LAST PIG is a lyrical meditation on what it means to be a sentient creature with the power to kill. Deeply immersive, the film follows a farmer in his final year of slaughtering pigs. Through sparse, intimate musings, the farmer reveals his growing conflict over a life spent "peddling in death." As the story unfolds, his struggle becomes our own. The Last Pig is a poetic snapshot of a seminal year in one man's life as he journeys beyond the slaughterhouse. Tickets \$10 - Available at Eventbrite.com. Limited Seating. Raffle items. Proceeds benefit Farm Sanctuary.

29th Annual Lookout Rotary Road Race

April 28, 2018 | 6:30 am-9:30 am
1001 Arendell Street, Morehead City, NC
(252) 241-037

Earth Day 2018

Climate Education week is April 16-22, ending with Earth Day on Sunday, April 22. This Year's Climate Education Week Theme: End Plastic Pollution

Why Plastics? From poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our waste streams and landfills, the exponential growth of plastics is now threatening the survival of our planet. In response, Earth Day Network (EDN) is positioning Earth Day 2018 to be a pivotal moment in fundamentally changing the human attitude and behavior concerning plastics and catalyzing a significant reduction in plastic pollution.



After decades of producing trillions of oil-based plastic items, the negative consequences are startling. Plastic pollution is now recognized as a hazard to public health and the human body. Chemicals leached from plastics used in food/beverage storage are harmful to human health and have been linked to problems such as chromosomal and reproductive system abnormalities, impaired brain and neurological functions, cancer, cardiovascular system damage, adult-onset diabetes, early puberty, obesity and resistance to chemotherapy.

When plastics are discarded, bacteria cannot digest or break them up. Most discarded plastic ends up in landfills and largely accumulates. Additionally, billions of tons of plastics are disposed of on open land, and in rivers, lagoons and the ocean. There is a subset of plastics that are causing a substantial share of the problem: single-use plastics, including bottles, caps, straws, plastic bags, utensils, cigarette butts and similar products. Single-use-plastics are particularly problematic because they are often small, light enough to float in the wind and water, and are produced in unimaginable amounts.

Plastics are also linked to climate change primarily because they are made from petroleum. If we are to move away from an economy based on fossil fuels, we need to reduce plastic production. As the oil industry and countries that produce oil are under pressure from the expansion of clean energy, they are looking for an outlet to sustain their business. Plastic production is a key target. For more information on plastic pollution and what we can do as individuals to make an impact, please visit Earth Day Network at <https://www.earthday.org/yourjourney2018/>



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An air show first: Cherry Point 2018 Air Show adds second jet demonstration team

PRESS RELEASE: UNITED STATES MARINE CORPS, Joint Public Affairs Office, Marine Corps Air Station Cherry Point

How do you top Eastern North Carolina's most successful, record-setting air show and open house, which drew more than 200,000 visitors in 2016? Easy, you simply add more world-class performances to your already fantastic line-up.

Marine Corps Air Station Cherry Point is doing just that with the approach of its 2018 Air Show and Open House on May 4-6 by adding the Canadian Forces Air Demonstration Squadron, aka the Snow Birds, to a line-up that is already highlighted by the U.S. Navy Blue Angels flight demonstration team. This will be the very first time the air show here has featured two of the world's top jet aerobatic teams during one air show line-up.

With the countdown to the 2018 MCAS Cherry Point air show ticking away, you should mark your calendar now as all of the pieces to make it Eastern North Carolina's loudest, biggest and fastest air show and open house are falling into place.

The 2018 show includes a Friday nighttime show and day-long shows on Saturday and Sunday. The schedule is chock full of aerial performances ranging from high-speed jet demonstrations to the smaller aerobatic dare-devils to vintage warbirds to awesome ground performers like the Shock-wave jet truck and much more. Just as importantly, visitors will see America's best military equipment in action in the air and on the ground, including a fantastic combat demonstration by the Marine Air/Ground Task Force. Of course, the exciting demonstrations by the Canadian Snow Bird Jet Team and the U.S. Navy Blue Angels will help make the 2018 Cherry Point Air Show the best ever in Eastern North Carolina.

The Cherry Point commanding officer invites you to come to our air show and open house to meet your Marines in action.

More information on the performance line-up is available at the Cherry Point Air Show website at www.cherrypointairshow.com.

Cherry Point Air Show Tips

The Cherry Point Air Show is coming up: May 4-6. Here are some tips to help you enjoy the show:

- Go to www.cherrypointairshow.com for information, directions, and event schedules.
- If you want to have a good view of the demonstrations, go early to get a seat close to the front.
- If you prefer a little more elbow room, purchase tickets in one of the reserved seating areas. Some offer shade and easily accessible restroom facilities. Check online for options and tickets.
- Dress in layers and wear comfortable shoes.
- Bring ear plugs, sunscreen, and sunglasses.
- Bring a chair if you are not sitting in a reserved seating area.
- If it will be sunny, you may want to bring a small umbrella for shade.

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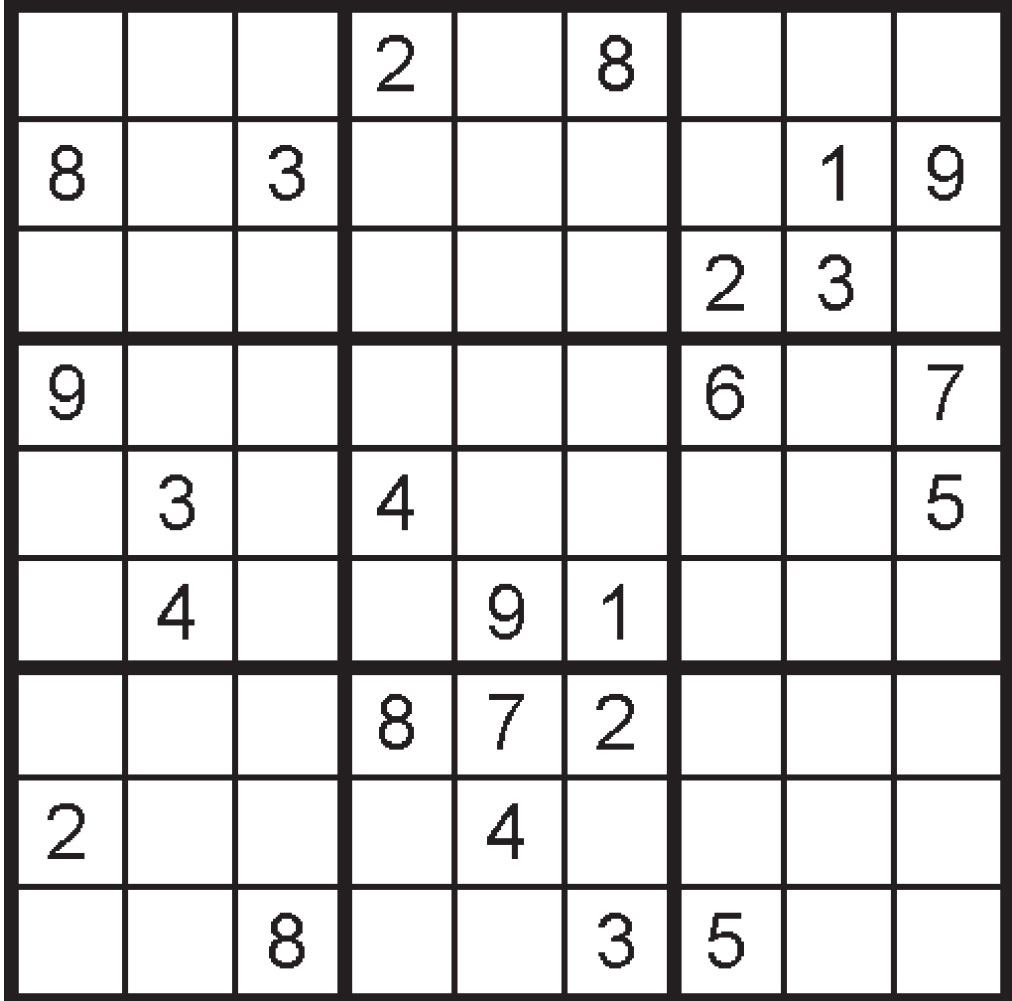
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ACROSS

1. Place
6. Badgers
10. Skin irritation
14. Hostel
15. Dwarf buffalo
16. A landlocked Afri-
can republic
17. Of a pelvic bone
18. Hindu Mr.
19. Trudge
20. Superman's city
22. Debauchee
23. Anagram of "Bid"
24. Spy
26. Charm
30. Heroic tales
32. Meted out
33. Rise to power
37. A song for 2
38. Fathers
39. Hawkeye State
40. Sixfold
42. Showered with love
43. Jagged
44. 2nd largest country
45. Charred
47. Dawn goddess
48. Netting

49. A lively whirling
dance
56. Wings
57. Colored part of an
eye
58. Expect
59. Indian music
60. 1 less than 10
61. Backward-looking
62. Gave the once-over
63. Spurs
64. Nightmare

DOWN

1. Slender
2. Lacquered metal-
ware
3. Modify
4. Food thickener
5. Deciphered
6. Wealthy man
7. A Freudian stage
8. Mongolian desert
9. Wieners
10. Opinion
11. Claw
12. Influence
13. Conceal
21. A sizeable hole
25. Petrol
26. Contributes
27. Pout
28. Gorse
29. Stationery
30. A sloping mass of
loose rocks
31. Breezed through
33. Afflicts
34. Greek letter
35. Was indebted
36. Nil
38. Blotting
41. A large vase
42. A despicable coward
44. Bamboozle
45. Fasten
46. Habitual practice
47. Relieves
48. Filly's mother
50. Operatic solo
51. Peel
52. Pitcher
53. Tardy
54. Former Italian cur-
rency
55. "Smallest" particle

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Creative Inspiration for Artwork

By Mat Madsen

You need to be creative to be able to call your own art as original and not infringe on other artists' copy rights. For creative inspiration, I have a file folder library of references that I keep on top of my art supply case. You can see it in the photo of my Art studio, in the March issue and my "Art Article series."



My painting, "Hawk at the Old Mill," was created with five references from these files. To see this painting, visit www.artbymat.com and select the Gallery page. Scroll down to the "Hawk at the Old Mill" painting, click on the painting for an enlarged photo displaying size, media and location of the painting.

The first reference was the hawk, and second was a birch tree which I chopped for the hawk to perch on. The third was a water mill house that was white with no color and limited detail. I then added color to highlight the old mill. For the stream, I relied on a fourth reference, and for the fifth I used my imagination, relying on composition, line of design, depth and color presentation.

References can be found everywhere. Photos you have taken, magazines, post cards, and the internet. If you don't have a library, then buy some pocket folders and start your own library. It only takes three changes or additions to a reference picture to make it original and yours.

For my May Art Article, I will highlight with a photo of one of my paintings, a second example of using multiple references to create an original. I will also talk about the "line of design," which draws you to a painting and pulls your art composition together, with a photo of one of my paintings as a reference.

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